The thyrde and last parte of the Secretes of the reuerende Maister Alexis of Piemont, by him collected out of diuers excellent Authors, with a necessary Table in the ende, contayning all the matters treated of in this present worke. *Englished by* Wylliam Warde.

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Secretes and soueraigne receptes well experimented and tryed by diuers Authours.

Against euery griefe or payne of the head, except the Pockes.

TAke red Roses, Camomil flowers, Pellitor, Calamint, Sothernwood, of eche two handefulles, seeth them in forty pound of water, and good wyne, vntill half be consumed. And with this being hote, let the Patient washe his legges euerye night and morning, frō the knees downewarde, and his armes from the elbowe downewarde. Also he must not haue his stomacke full.

A preseruatiue against the falling sickenesse or Epilepsia.

TAke the best Castoreum, that you can finde, and Assa Fetida, of eche halfe a Dragme, rootes of Piony well beatē into pouder a Dragme, Aromaticum Rosatum two Dragmes, of all these being well mixte and mingled together with Syrope of Mynte, make seauen Pilles, to be taken twyce or thrice a weeke, when you goe to bed. It hath beene often proued.

Against the falling sickenesse.

THe Patient being tormented with this disease, it is good to make him smel burnt fethers, or olde shoes, for that reuiueth and maketh them come to themselues.

Another soueraigne remedy for the same.

TAke a hundred Swallowes, an vnce of Castoreum, as muche Wyne as shall suffise, and of the best that can be founde. Distill all together, and giue the Patient to drink therof three Dragmes fasting. This water is also verie good for men ỳ be apoplectique if they be washed with it.

Against the Palsey.

TAke Myrrhe, Mastic, of eche two dragmes, Frankencense a Dragme and a halfe, Cloues, Synamome, Nutmegge, Lignum Aloes, Mace, of ech a Dragme. Beate all these in to verie fine pouder. And the pouder being sprinkled with Aqua vitæ and dryed agayne, you must yet once sprinkle it againe, and continuing so sprinkling and drying it fiue tymes. Then beat it small agayne. And to this pouder parfume a Forskin, laying two Dragmes therof vpon quick coles, to the intent that the parfume be receyued throughout al the skinne, and so layed vpon the member that is infected. Or else (which is better) let the skinne poudered with the sayde pouder, be layed hote vpon the paraliticke member, and so worne: And you shall see a maruellous effect.

Another vvay.

TAke a pounde of Aqua vitæ, the rote of Iua, the rote of Acorus, the rote of Iope, of eche two Dragmes, black Peter, Cloues, Nutmegge, of eche a Dragme, Mace half a Dragme: All this you must stampe well, and binde in a fine linnen clothe, and let it steepe in Aqua vitæ three whole dayes, then drene out the water, of this water take halfe an vnce: water of Iua and of Endiue of ech three Dragmes: giue it the Patient to drink in the breake of the day, and let him not eate in fiue houres after. The

Patient

Patient shall fele a greater effecte, if the same day that he drinketh the water, he also wash the sore member with it.

Against the Frensey.

The body being purged, it is good to shaue the heade, and to lay vpon the seame of the crowne of the heade quicke Pigeons (hauing first cleste them in the back, and drawen out the entrayles) leauing them so vpon his heade vntill they ware colde: or elle little whelpes of a Moneth olde their garbishe pluckt out: or if you will the lunges or lightes of a shepe or wether hote. But bicause one of the principall causes of the frensie is the torment of watching, you must labour to prouoke sleepe as much as you can, by remedies meete therefore: as with washing his legges from the knees downewarde, and his armes from the elbowe downewarde, with the decoction of violet flowers, of Nenuphar, of the ryne of Mandragore rootes, and annoynting his temples, the ioyntes of the arme euen to the hand, and of the legge vnto the foote with the oyle of Nenuphar and Poplar mixt together.

A tryed remedie against the great payne, ringing and deafnesse of the eares.

Take the oyle of Castoreum two vnces, oyle roset, and oyle of better Almondes of eche an vnce, of Aqua vitæ two vnces, mingle all together and seeth it vntill the Aqua vitæ be consumed. Then euerye night at æuen when he goeth into his bed, droppe foure drops into his eares, and stoppe them with Cotton, sauouring some what of Muske. It is a thing proued.

Another remedie vvell knovven and tryed.

Seeth in some pot a pound of Walnut oyle, and when it smoketh, make the smoke enter into the Patientes eares by a fonnell.

A remedy to ſtench the bleeding at the noſe.

TAke the iuyce of Plantaine, Roſe water, and the beſt Vineger you can, of ech foure vnces: yolks of Egges well beaten two vnces; of Acatia mixt with the ſaide thinges halfe an vnce: mingle altogether, and annoynte youre forehead with it, and your throte with ſome cloth.

Another for the ſame vvell proued, and of a maruellous ſtrength.

The Patient ſhall take the water of Panis Porcinus as much as ſhall néede, the which he ſhall take vp at the noſe, and incontinent he ſhall feele himſelf holpē.

Another ſoueraigne remedie.

TAke the bloud of a man (that is to ſay that bleedeth at the noſe) an vnce or two: and borne it vppon ſome plate of yron, then make it into a fine pouder, & blow it in to his noſtrelles, and he ſhall be well.

Another for the ſame.

TAke of the beſt Vineger you can get, Plantayne water, of eche two pounde, wete certayne linnen clouts in it, and laye them to the ſoules of his féete, and palmes of his hands, and againſt the lyuer: and the bloude ſhall forthwith ſtent.

For the tooth ache, a remedie proued.

Hiera Picra a medicine to purge ſleme and collor.

TAke halfe an vnce of Hierapicra: two Dragmes of Mythridate, and halfe an vnce of Aqua vitæ, and with all theſe mingled together, you ſhal often times a day annoynt the toth that aketh, and round the gumme that he ſtandeth in: for this is ſingular if the ache come of colde.

Another remedy vvhether the ache be by cold or heat.

Take

TAke strong whyte Wine halfe an vnce, of the rootes of Iusquiam, in Englishe whyte Henbane, an vnce: Let all be well sodden together, vntil the thirde part or half of the wyne be cõsumed, with this hote wyne wash all the gumme of that toth that aketh, and keepe it a good whyle in your mouth, on the side where the toth is.

Another for the same.

TAke Sage flowers, Rosemarie, Betony, Sticados Arabic, Mariozam, of eche a handefull and a halfe: of Nigella or Melanthium in Englishe Gith, of Perythrum in Englishe Pelytory, of eche two Dragmes. Let al this be sodden together in a sufficiẽt quantitie of white wyne vntill the halfe be consumed: then straine it and stampe these hearbes, and make thereof a playster and lay it vpon the Jaw of the aking toth, and keepe the wine that is strayned out, in your mouth as hote as you maye endure it.

Another remedie.

ALso, if the sayde toth be hollow, mixt halfe an vnce of Triacle together with Negella and Pyrethrum of ech half an vnce, and a Dragme of Aqua vitæ. And of this mixture fill vp the hole of the toth. But yet if all this (after you haue proued it) helpe you but a little or nothing, put to eche of these remedies two or three graynes of the iuice of Poppy, called in Latin Opium, and lay all as is sayde, vnto the griefe that troubleth you.

A remedy for the stinking of the mouth and nose.

TAke a pounde and a halfe of Rose water, a pounde of Violet water, halfe a pounde of Mariozam water, beat into ponder Nutmegges, Lignum Aloes, Synamon, Galingale, Zedoria, of eche two Dragmes, mixe all

all with theſe water, and ſtil it in a Limbecke. This done parfume the water with eyght graynes of fine Muſk. The head being purged with this water, that is to ſaye, taking it vp euery day at the noſe into the head: but yet faſting, & the noſe firſt well purged you ſhall ſée a marueilous effect.

Another for the ſame.

IT is a thing proued and tryed, and verye good to take faſting euery daye at the beginning of dinner, or elſe from day to day an Alephangine pille.

A verie good gargariſme or gargelling of the throte againſt the Quinſey.

TAke two pounde of Lycoras water, the iuice of Plantaynes, the ſucke of Mulberies, the ſucke of Myrtelberries, of eche two vnces: all this mixte together, ſeeth it well: then ſtrayne it and let it coole againe, and then let the Patient gargle and waſh his throte ſlightly withall.

For the ſame.

IT is a remedie proued and tryed, to blow with a réede in his throte fine pouder of Plantaine leaues dryed.

Another for the ſame.

IT helpeth much alſo to annoynt the ſore with the oyles of Camomille, of Violets, of ſweete Almondes, and of the greaſe of a Henne, as much of the one as of the other, mixing it altogether, and to annoynt therewith the ſore place, with the application of newe ſhorne or vnwalhed wooll.

An excellent plaiſter to ſoften or rype an impoſtume in the throte.

TAke of Swallowes neſtes a pounde, and make therof a playſter with as much Oyle of ſweete Almonds,

and

and of Camomille as suffiseth to make it, and lay it hote to the Patients throte.

Against the spitting of bloude comming of the Lunges or Lyghtes.

TAke the iuice or iuyce of Purselane and Plantaine, of eche an vnce: beate into pouder a Dragme of red Corall, and half a Dragme of the stone Hematites in English, bloodstone: and al being mixt together, giue it to the Patient at all tymes when he spitteth bloude.

For the same another remedye tryed and proued.

MAke into very small pouder gumme Arabic, Tragacantha, Harts horne burned, of a bloodstone burned, and redde Corall burned, of eche halfe a Dragme, and of Bole armenicke two scruples: mixe all with the yelke of a rawe Egge, and giue it the Patient when he spitteth bloude.

Another remedy founde very singular.

RAke well two Dragmes of Rubarbe, together with the seede of Purselane and Coriander prepared, of ech a Dragme, make all into verye small pouder, & mingle a Dragme of this pouder with as much iuyce of Purselane as shall suffise, and giue it to the Patient when he spitteth bloude.

Another remedie of maruellous great vertue.

TAke of the iuyce of Wilfoyle two vnces, of a bloodestone burned and well beaten into pouder, two Dragmes, and giue it to the Patient colde.

Another secrete for the same, certayne and experimented, and good at all houres.

TAke the shelles of some rawe Egges, take awaye the little skinne that is within, and dry them so that they may be made into pouder very fine. Then mixt two Dragmes of this pouder with three vnces of Plantayne water, and giue the Patient of it euer when he voydeth bloud, and you shall see that the Lunges will be sounde.

But if you wil that this medicine worke with more spede, & greater efficacie, mixt it with two Dragmes of the sayd pouder, w half an vnces of Sirope of dry Roses, halfe an vnce of Purselane, & as much of Syrop of Mirtell, which thing you shall giue the Patient fiue dayes together. And this thus taken, he may be well assured that from thence forward the bayne wyll neuer breake more.

For the same.

IT is a remedye most certayne and proued as well to heale this sickneſſe chanced to a mã, as for to preserue one from it before it come, to eate euery morning fasting a scruple of Rubarbe rost.

Another for the same.

EVery day at night when the Pacient would slepe, let him sup a sponefull of mundified Barley. For at the last, the effect is very great, as well to preserue him, as to heale him of it.

Against the vlceration of the Lungs or Lightes, and spettle full of matter and corruption.

TAke a pounde of the tayles of riuer Creuices, & foure pounde of Cowe or Ewes mylke: and seeth al together vntill halfe ꝑ mylke be consumed. And then stamp well the tayles of the Creuices or Crabbes, and dissolue them in good mylke, putting to them halfe a handefull of Barley flower, & asmuch of Amylum, of swæte Almonde milke, foure vnces, the yelke of a newe layed Egge, and fours vnces of Suger very white: mingle all together, and set it on the fyre to seeth, sturring it alwayes softlye, vntill it be well sodden. This done, let the sicke man eate of this composition at morning and euening as muche as he shall thinke good: and he shall finde himselfe very well.

Another for the same.

TAke, vj. Dragmes of whyte Poppy seede, of Endiue seede a Dragme and a halfe, with as muche Sorrell seede, kernels of Quinces made clene two Dragmes,

the

the seedes of Melons, Gourdes, Citrons, Cowcumbers, of eche an vnce and a halfe, of Gumme Arabick, Tragacantha, of Amylum, of eche a Dragme, of the Iuyce of Licoras two Dragmes, of the Lungs of a Foxe, a Dragme and a halfe, Pendes the waight of the whole, mixe and burne at slightly: Then make it into a fine pouder, whereof you shal take two Dragmes, mingling it with an vnce and a halfe of the Syrop of Iuiubes, and three vnces of the water of Snayles distilled. Then giue this drinke luke warme to the Patient in the breake of the day.

Another for the same.

MIngle halfe an vnce of very white Sugar with fiue vnces of the mylke of an Asse new mylked, and take a little of it at the breake of the morning, sleping a little vpon it, and at night when ye go to bedde, continuing so a Moneth at the spring, and twenty dayes together in Haruest.

A remedy for short vvinded men.

TAke a vnce and a halfe of Licoras made cleane, with as much Cetrac, the graines or cornes being taken away, Iuiubes, and Sebestken or Mira of eche tenne, the rote of Emula Campana purified or made cleane half an vnce, the rote of Foale rote or Horse horse, called of the Apoticaries Vngula Caballina, two Dragmes, let al seeth in a sufficient quantitie of water, vntill the halfe be consumed, then straine it, and dissolue with that which is strained three vnces of the best Manna, or else an vnce and a halfe of the flowers of Acesis, and giue it to the Patient at the first time when the paine taketh him, it is a thing tryed, so singuler that it will heale the sicke man, so that the Phisitian shall be no more troubled with him.

A drinke for the same disease, to be taken euery day thrice.

SEeth well and long two vnces of the Iuyce of Emula Campana, with as muche of the Iuyce of Isope, and a

pounde of the water of Foale fote or Horſe hoſe: and make therof a Syrope with as much Suger as ſhall be neceſſarye, of the which the Patient ſhall take in the Morning two vnces without water, and as much at none, and when he entereth into his bedde: and as long as the paroxiſme and fyre of his payne, it is good to put among it foure droppes of gumme Armeniack, with two vnces of Drimel ſimple, and giue the Patient drinke of it.

Oximell honny and vineger ſodden together.

Another tryed ſecret good for poore folke.

MIxe a pounde of wylde Mallowe or March Mallowe rootes dryed in the ſhadowe, with foure pounde of ſodden honny well ſcummed: ſtirre it vpon the fyre vntill it be lyke an Electuary, whereof let the Patient take often tymes, and he ſhall finde himſelfe eaſed.

For the ſame, and good alſo for the poore ſorte.

TAke of cleare Conduite water two pounde, of Lekes chopped verye ſmall three vnces, of freſhe butter two vnces, of the beſt Suger an vnce and a halfe, and the yelke of an Egge. All this being verye well beaten and ſtyrred by the fyre, ſhall be giuen to the Patient at dinner and ſupper.

A remedy againſt the Plureſie.

IT is a thing well tryed that at the firſt aſſaulte or coming of the payne of the ſide, it is verye good to be let bloud in the vayne called Baſilica, of the oppoſite arme: but if the bloud be let out at the fourth acceſſe or cōming, or ſone after, the Plureſie wyll by and by voyde awaye: notwithſtanding you muſte neuer let the Patient bloud, but his belly muſt firſt be purged and loſed, eyther with taking ſome Caſſa at the mouth, or elſe with ſome ſofte gliſter.

A decoction for the ſtomacke, very good againſt the Pluteſie.

BEing let bloud, as it appertayneth, take the ſucke or iuyce of Iſope, Capilorum Veneris, Figges, Dates, Sebeſten,

Sebestes, dryed Reasinges, mundified Barley, Licoras made cleane, of eche halfe a handfull: seeth all in water as muche as maye suffise, and put for to dissolue in it three vnces of grayned Manna. But if the Patient be a pore man, take an vnce and a halfe of Pupla cassiæ, which is the inner part of it called also Medulla, in stede of Manna, & giue this drinke xviii. houres after his letting bloud, and very early in the morning. It is a thing certayne that in prouing this the Patient shall be healed although he were not let bloud but a little before the fourth accesse, bicause the matters and substance that nourished the disease in the larger Conduites are purged awaye.

Another remedy most certayne against all Pluresies, as proued as diuine, for to preserue a man that he dye not of it.

MAke an oyntmente of two vnces of Dialthea mixte with half an vnce of sweete Almond oyle, wherwith being hote, anoynt the sore side, casting on it ỹ pouder of halfe an vnce of Commin stamped verye small and boulted. That done, heate a Cabbedge leafe vpon the hote coales, and spread with olde Butter but not salte, laying it hote vpon the griefe: the payne will ceasse marueilously, & wil resolue into matter of an impostume, so that at ỹ last you shal haue the honor of it, and the Patient health. Yet you must note, that this remedy must not be vsed but at the fourth accesse, or else after. This remedy may also serue in euery great griefe dispersed thorow out al the body beneath the heade.

An oyntment to rotte or rype the Pluresie.

TAke two vnces of Mucilage or Mucago of the séede of Cabedge, with as much Mucago of ỹ séede of March Malloives, Mucago of Figges an vnce, of Cowe mylke three vnces, of freshe Butter two vnces, oyle of sweete Almondes two vnces and a halfe: mixe all this together, stirring it alwayes vpon a smal fyre, & make therof a soft oyntment with as much ware as shal néede. This

done, spreade it vpon newe shorne and vnwashed Wull, and lay it vpon the grieke, renuing it in foure and twenty houres three or foure times.

A playster for the same.

STampe well in a morter foure vnces of the rootes of wilde Mallowes well sodden, put to it an vnce of Butter, an vnce and a halfe of honny, of Pigeons dunge two Dragmes: Mingle all together, and laye it hote right vpon the payne, and sone after the corruption will breake.

For the same.

IT is a remdy wel proued, although it be not much vsed, to giue the Patient in. xviij. houres foure tymes foure vnces of the water of Tartarum Terrestre hoate. For in so doing, the cure shall be so sayre, that you shall see the impostume broken and purged from all corrupt and rotten bloud. And moreouer he shall be preserued from spitting bloude, and from the consumption of the Lunges.

Against the hote cough, that is to say, vvhen the patient is so vexed vvith it, that he can not vvell sleepe.

TAke a Dragme of the Pilles of Cynoglossa, in English hounds tongue, with Syrope of Roses, and make thereof fiue Pilles, wherof the Patient shal take one euery day at the entring into his bed.

Against the same, if his voyce be hoarse vvith it.

TAke Diacodion, ℥ of the pouder of Tragacant colde, Penides, of eche two Dragmes, Bole Armenick a Dragme: Make all this into very fine pouder, and with the Sirop of Myrtle make Pilles lyke Peason, of the which when the Patient goeth into his bed he shall holde one vpon his tongue, and he shall be well.

A tryed electuary for the same.

TAke Diapenidion without Species, Loch sani & expeti, of eche an vnce, of Penides two vnces, and with

with as muche Syrop of Isope, as shall suffise for to incorporate al: make therof an Electuary: wherof the sicke man shall holde some in his mouth licking it.

Agayne for the cough.

TAke a pound of fresh butter without salt, three yelkes of new layed Egges, two vnces of the flower of Amylum, and an vnce of Suger melted in the water of Violets: Mingle all together, and styrre it alwayes vntill it be well seasoned and of a good tast. It is a good remedy which maye serue you as well in stead of meate, as of Medicine.

Pylles for the cough.

TAke two Dragmes of Agaricke prepared, and mirt it with a Dragme and a half of Frankencense made into pouder, and with the iuyce of Isope, so make therof tenne Pilles, of the which the Patient shal take one euery night when he goth to bed. It is a remedy very good, as well for yong children, as for olde folke.

An oyntment for the same.

TAke olde butter that is not salte, the Dyle of swéete Almondes, and of white Lyllies of eche an vnce, half an vnce of Mucelago of the séede of wylde Mallowes, with as much of Mucelago of the séede of Mallowes, and halfe a scruple of Saffron: mirt all together, and make thereof an oyntment with a little Waxe: wherewith being hote, you shall annoynt your breast.

Against the trembling and panting of the heart, this is very good, but especially for vvomen, vvhich are much subiect therynto.

TAke the Pilles of dryed Cytrons, Zedoariæ, Doronici, calami Aromatici, of eche a Dragme, of Grami paradisi, halfe a Dragme, of the rootes of Buglosse dryed two Dragmes, of fine Muske halfe a scruple, Epithimi halfe a Dragme: Let all be made into pouder as well as is possible, and the pouder after sifted: whereof being mingled with the water of Turmentill, the Patient shall take

take a Dragme and a halfe, at the breake of the daye, and in the euening when he will slæpe, a Dragme, and he shal sæ him selfe rid and quit of his paine within seauen dayes.

A remedy against the same, and very good to restore the strength, being vveakened vvith to great heat of Agues.

TAke two Dragmes of the best Synamon, halfe a Dragme of Mace, of Hyacinthes, Smaragds of Rubies of eche halfe a Dragme, of perced or vnperced pearles, of eche a scruple, of Golde and Siluer beaten into pouder, of eche a Dragme: Let al together be made into a very fine pouder, whereof styring it with Suger dissolued in Rose water, you shall make little Balles of two Dragmes a pæce. I haue sæne my selfe that manye haue bæne with this confection preserued from the plague in a very daungerous time.

Another remedie, vvherevvith I haue alvvayes found my selfe very vvell.

MAke a drink with two vnces of the suck of Bugloss purged on the fyre, and two Dragmes of very white Suger mixt together, and drinke it luke warme euerye night when you goe to bed, and before ten dayes be past you shall be cured.

An Epitheme against the same payne.

Epithema is a Medicine layde to the region of the heart or lyuer to coole it.

TAke Rose water, Borage water, the water of Melissophylum, in Englishe Baulme, Horrell water of eche sixe vnces, of Sandall whyte and red, and of the sæde of redde Roses, of eche a Dragme and a halfe, Lignū Aloes, of the flesche of the heart of a Bucke, and of Hartes horne burned, of eche a Dragme, of red Corall, of Bent whyte and redde, of eche halfe a Dragme, of the flowers of Bugloss, and of Borage, of eche a handefull. Let that be made into pouder that can be, and let all sæth together vntill the thyrde parte of the water be consumed. Then put to it three vnces of the best Malmesey, and two vnces

of

of the beſt white Vineger with a ſcruple of Saffron: mingle al this together and lay it hote vpon the ſicke mans heart, with a linnen cloth cleane dyed in grayne, early in the morning and at night before ſupper. For admit that then he fele his griefe or not: yet neuertheleſſe this is a thing experimented and very good.

An oyntment very good for poore folke, that are not able to bye the foreſayde medicine or nourishment.

TAke three vnces of yellow Nenuphar, two Dragmes of the pouder of the ſame flowers of Nenuphar, of redde Sandall, of redde Corall, and of Sorrell ſede, of eche a ſcruple, of Pearles, of Lignum Aloes, of the fleſh of the heart of a Buck, of eche half a ſcruple, three graines of Camphyre, of whyte ware waſhed in ỹ water of Nenuphar, Cytryn or yellowe, as muche, as ſhall nede. That which muſt be made in pouder, being ſo made, make therof a ſoft oyntment, wherewith you ſhall, anoynt the Patient morning and euening about the heart, before his meales, and he ſhall be well.

Another compoſition very good in the tyme of a Plague as vvell to preſerue as to heale.

TAke an vnce of ỹ beſt Triacle, half an vnce of ỹ iuyce of Lemons, a ſcruple of Saffron, of the two ſortes of Pearles, of redde Corall, and of Sorrell ſede, of eche halfe a Dragme: two Graynes of Camphyre: mingle all together verye well with two or three drops of odoriferous whyte wyne, and make thereof an oyntment: a certaine quantitie whereof you ſhall ſpread vpon a crymſon ſilke cloth, laying it hote vpon the Patients heart, renewing it morning and euening.

Another oyntment very good, and principally for children that are troubled vvith vvormes.

TAke halfe an vnce of Aloes Epaticum, a ſcruple of Saffron, two Dragmes of the iuyce of Cytrons, a

Dragme of pleasaunt whyte wyne: mire all well together, and spread it vpon some linnen cloth, and lay it vpon his heart.

A remedy against the vvormes in yong children.

TAke ỹ floure of bitter Lupines, Aloes Epaticũ of ech three Dragmes, of the iuyce of wormewode two Dragmes, al well mired together, let it be spread vpõ some cloth or clout, and lay it vpon the childes Nauell.

A remedie against the payne of the stomacke.

TAke two vnces of the cromme of ỹ bread of Brasme, sprinckle it with the wyne of Pomegranets betweene sweete and sowre, and Plantayne water of eche foure vnces: prelle that hard, and giue the wine tempered with the sayde water, vnto the Patient: If the paine come of the continuall and great burning of an Ague, take this drinke an houre before it come, and you shall finde it of a maruellous vertue. But if the payne be exceeding, it shal be good to giue vnto the Patient this Bolus following, at what houre so euer it be that the payne taketh him.

Take three Dragmes of the Electuarie of Succo Rosarum, two scruples of Philonium Romanum: Mire them and make thereof a Bolus, which shall greatly profite him.

Another remedy for the same, vvhen all other vvyll not profite him.

TAke Syrop of Roses, Syrop of wormewood, of eche an vnce and a half, a grayne of Opium, seeth them slightlye one waume, and stirring it together with three vnces of the broth of a Henne, you shall giue the Patient drinke.

A Vomentation or nourishment very singular for the same.

TAke redde Roses, the flowers of Camomille, of Wormewood, of Mynte, of eche a handefull: heate the sayde herbes vpon hote burning tyles sprinckled with whyte wyne, and laye them oftentymes vpon his stomacke.

ſtomacke.

Another.

IT is a thing tryed againſt the payne of the ſtomacke ſo that it come not of colde, and alſo to be preſerued from the ſame, to take daye by day before meales, two ſcruples of Pilles of waſhed Aloes.

Another againſt the ſame.

TAke halfe an vnce of waſhed Aloes, and three vnces of honny Roſet, ſeeth this in two pounde of water, vntill there remayne but halfe, then ſtraine it through a ſtrayner, and giue thereof vnto the Patient, euery day earely in the morning two vnces: this wyll heale and cure his griefe, or elſe will preſerue him from it if he be not already taken with it.

Another remedy.

IT is a thing wel proued, that the ſicke man take earely in the Morning a Dragme and a halfe of the beſt Mythridate: and ſtraight vpon it drinke a draught of Malmeſey, and by and by he ſhall be healed or eaſed.

Another very good.

TAke fiue vnces of Camomille water diſtilled, and of Nutmegges well beaten into pouder halfe an vnce, if you giue it hote vnto the Patient, when the payne hath him, he ſhall be eaſed.

Another remedy proued.

TAke floures of Camomille, Melilot, Mint, Pulegium, Calamint, Southernewode, Senegrene, ſeede of Lyne, of eche a handfull, red Roſes, Spica Squinanti, of eche two Dragmes, Danci, Carui, Anyſe, Dill, Fenel, of eche half a handfull, Gallingale, Zedoaria, of eche two dragmes, Cloues, Nutmegges, Lignum Aloes, Mace, red Corall of eche a Dragme: let al ſeeth in a ſufficient quantitie of water and odoriferous white wine vntil the thirde parte be conſumed: then with a ſponge ſteped in hote licoure, nouriſhe therewith his ſtomacke Morning and

euening before he eate, and this will bring his stomacke in good state.

A nourishment very good against the same.

TAke a pound of Dyle of spike made in Balneo Marie, warme it luke warme, and with new shorne and vnwashed Wooll steeped in it, nourish therewith the stomacke, and at the last binde it vpon it.

A little Bagge to cary about one against the same disease.

TAke wormewood, Mint, Pulegium, Balamint, of eche halfe a handfull, Nutmegge, Cloues, Mace, Lignum Aloes, of eche a Dragme: make all in a fine pouder, and put it in a little bagge, parfuming it wyth odoriferous whyte wine, and then lay it vpon your stomacke: if you continue to carye it about you, you shall feele your selfe maruellous well.

A drinke for the same.

I Haue founde my selfe alwayes very well, as well for being preserued from this payne of the stomacke, as delyuered of it, being troubled with it. To wit in taking fiue vnces of Honny Rosat strayned, a Dragme and a halfe of Nutmegges, and two vnces of the best water of a Wine, and seeth them altogether vntill the water of the Wine be consumed, and in taking fasting euerye morning three spones full of that which is strayned.

Another remedy to lay to the stomacke.

TAke Mastick, Cloues, Nutmegges, of eche a Dragme, halfe a Dragme of Mace, and as much of Synamon: make hereof a verye fine pouder. Then toste the vpper or neather crust of a loafe of Wheate, and dippe it in hote Malmesey strowing vpon it of the sayde pouder, and so laying it vpon your stomacke hote, the payne will goe away incontinent.

Another

Another remedy vvell tryed and proued, and good chiefely for yong Children vexed vvith the payne of the ſtomack: vvhich is knovvē if they vomite or belche.

TAke the crommes of Wanne breade fours vnces, roſt or toſt it, and beate it ſmall into pouder, & after incorporate the pouder with the iuyce of wormewood, & mint, of eche as much as ſhal ſuffiſe, and put to it more a Dragme of Nutmegges. Of all this being mixt together make an oyntment, and laying it vpon your ſtomacke, it wil eaſe and ceaſſe the paine, the belching & the vomiting.

A remedy againſt an Apoſtume in the ſtomacke.

IT is a thing well tryed, that if the Patient take euery morning at the breake of the day, fiue vnces of Camomill water diſtilled, he ſhal be cured and healed of the impoſtume already begon in him.

Againſt the ſame.

TAke foure vnces of Emula purified, two vnces of wormewood newly extract, and make it in forme of Loth, with as muche Suger as ſhall needs, and giue it to the Patient Morning and Euening before his meales.

A Playſter for the ſame

TAke two pounde of whyte hony, halfe an vnce of greene wormewood, an vnce and a halfe of the rootes of March Mallowes: ſeeth al together vntill it be verye well ſodden, put vnto it ſome flower of Senegreene, and of Lyne ſeede, of eche halfe a handefull. Then put to it ſome oyle of wormewood, as much as ſhal ſerue to make a playſter, the which you ſhall laye vpon your ſtomacke, renewing it euening and morning.

A nourishment or keeping of the ſtomacke in his natural heat, by vvashing or bathing it.

TAke two pound of Turpentyne, the ſucke or iuyce of wormewood, and of wylde Mallowes of eche foure vnces, of freſh Butter an vnce, of Saffrō a Dragme, of Oyle of wormewood two vnces: mire all, and ſeeth it one waume: and being hote, wette ſome lunnen cloth in it, and there withall waſhe and bath your ſtomacke morning and euening. And you ſhall ſée that by and by the matter will diſſolue.

A remedy agaynſt vomiting.

IF the vomiting come at a certayne daye or houre, it ſhal be good that the Patiēt, before or at the houre that he muſt vomite, doe eate ſome morſell of roſted bread, ſtieped in foure vnces of the wyne of ſowre Pomegranettes, drinking alſo afterwarde the wyne.

An oyntment very good againſt cholerick vomiting.

TAke oyle of Quinces, oyle of Roſes, of eche an vnce: halfe an vnce of wormewood, of red Corall, and of red Roſes of eche halfe a Dragme, of Nutmegges a Dragme: beate to pouder that which may be beaten, and with a little ware make thereof a ſofte oyntment, and anoynt the Patientes ſtomacke with it morning and euening before his meales.

Another remedie againſt Phlegmatick vomiting.

TAke the yelke of an Egge roſted, a Scruple of frankencenſe, with as muche Maſticke, make into pouder that which may be made into pouder, and put it with the Egge. And the Patient ſhall be well if he take of it euery morning faſting.

Aremedy againſt the Hycket or yexing.

MIngle a pounde of ſtrong & odoriferous whyte wine, with a Dragme of Galingale beaten into pouder, and make therof a drinke, whereof the Patient ſhall take hote, euening and morning two vnces, two houres before his meales.

Another.

It

IT is a thing founde very good, to giue the Patient euerye morning three houres before he eate, a racine of Greene Ginger, and by and by vpon that let him drinke two Draughtes of Malmesey: and he shall quickely be healed.

Remedyes against the payne of the Liuer, come through ventositie.

TAke the rootes of Galingale, Zedoaria, of eche two Dragmes, a Dragme of Spica, with as much Squinantum, Cloues, Nutmegges, of eche halfa Dragme: Let all be made into a small pouder: and make thereof an Electuarye with scommed Hony, as muche as shall nede: whereof you shall take some euening and morning before you eate.

Another of a very great effect.

MIre together two vnces of Diarhodon abated, Trium Sandolorum an vnce, of the best Rubarbe made in fine pouder a Dragme, and with Syrop of Succory, make an Electuary, whereof the Patient shall take euening and morning before all other meate, the quantitie of a Walnut.

A remedy found very good against the Liuer that is Appostumate or corrupted.

TAke foure vnces of Diarhodon abated, of the best Rubarbe well made into fine pouder, mingle al with the Syrop of Succory, and make thereof an Electuarye. Let the thing that the Patient shall take euery morning two houres before his meale, be of three dragmes.

For the same.

IT is a thing tryed, that if you doe put newe shorne and vnwashed woll to steepe in the Oyle of whyte Lilies, & the Oyle Nardus Celcica, lay it right where the paine is, and it shall keepe that the lyuer corrupt not.

Remedyes against the Dropsie.

TAke dry wormewood, dry Agrimonie, dry Soldanella, of eche two Dragmes, of Spica two scruples: al this being made into a fine pouder, laye to steepe in the water of the rootes of Elderne tree, as much as shal suffise, and giue of it to the Patient euery morning at the breake of the day two Dragmes.

Against the same.

TAke three vnces of the iuyce or lacke of Iris, Galingale, Zedoaria, of eche two Dragmes, of Synamon, of Cloues, of eche halfe a Dragme, of Soldanella, half an vnce. All this being made into a verye fine pouder, make therof an Electuary with as much scummed honny as shall suffise, of the which Electuary you shalt giue halfe an vnce vnto the Patient euery morning two houres before he eate.

A drinke of great vertue and strength against the vvindy dropsie.

MIngle together two vnces of the water of the rootes of Walwort or Danewort, with foure vnces of the water of Elderne tree, and in drinking this earely in the morning thirtie dayes together, you shall be verye well.

Another remedy very good to take after a purgation.

TAke a pounde of Goates dung, with as much of Ore dung, and dry it in an ouen, and so make it into a small pouder, incorporating it with iuyce of wormewood, and oyle of Rue, as much as shall suffise as it were to make therewith an oyntment. And spread some parte of it vpon a linnen cloth, laying it hote vpon the Patientes bel y when he goeth to bed.

The next morning following, take foure vnces of strong and odoriferous wine, and seeth it with a handfull of sage, and as much Rosemary, vntill the fourth part of the wine be consumed: with the which being hote, you shall wash his belly. All this done, take an vnce of Diagaranga, of

Rosatum

Rosatum Aromaticum, Trium Sandalorum, Diarthodon abated, of eche halfe an vnce: mixe all together with Rosat honny, and make therof an Electuary, and giuing him a mouth full of it incontinent after his belly is washed.

Remedies against the Dropsie, called Ascites, A drink very good to take once a vveeke.

TAke as much of ysucke or iuyce of Iris or Gladiolus, as halfe an Egge shell wyll holde, mingling it together, with foure vnces of Melicrate, with halfe a Dragme of the best Rubarbe well beaten in pouder. This drinke being giuen hote and earely in the morning vnto the Patient: it is a wonder to see with what vertue and strength it worketh.

A singuler good Electuary for the same, vvhich ought to be declared or disclosed but to your speciall friendes.

TAke Agrimony, Cuscuta, dryed Grapes, Licoras, Mirabolaus, Cytrons, of eche half an vnce, of the rootes of Parsly, of Fenell, of Capers and Agaricke, of eche an vnce. All this grosly stamped muste be sodden vntill the composition of halfe the water, and strayne it: and in strayning it put to it halfe a pounde of Honny, and foure vnces of Suger, and seeth it agayne vntill it be as thicke as Honny. This done, put to it half a Dragme of the best Rubarbe, two Dragmes of Gommy Turbith, a Dragme and a halfe of the leaues of Chamelœa, which hath leaues lyke to an Olyue, tempered in Vineger, two scruples of Diagridium corrected, of Spica halfe a Dragme, with as muche of Ginger: and make of all this an Electuary, of the which you shall giue the Patient twice a weeke. Note yet that the greatest quantitie maye not be aboue halfe an vnce. And as for you remember to giue him rather lesse than more, or as muche, hauing alwayes respect to the strength or weakenesse of the Patient.

An oyntment for the same.

Mixe

Mixe an vnce of Vnguentum Sandalinum, with halfe an vnce of the Oyle of Nardus Celtica, and as much of the Oyle of Camomille, wherewith forget not to comfort euery day his Liuer morning and euening, by anoynting the place right against it.

An other oyntment veyr good.

TAke a pound of Turpentine, of Frankencense, Mastick, Myrrhe, of eche two Dragmes, Nutmegges, Cloues, Galingale, Zedoaria, of eche a Dragme and a half: the iuyce of Wallwort or Danewort, the iuyce of wylde Cowcumbers of eche an vnce: and let that be made in pouder that can be: and all put in a Limbecke, let it distill for to haue the Oyle of it, wherewith you shal anoynt all his belly. It is a speciall good remedy, not onlye to allwage the swelling of the belly in this sickenesse, Ascites or dropsie: but also to take away all watery swelling, in what member of the bodye so euer it be: yea it is good also for the ache or payne of the ioyntes, and of other partes come by colde.

A remedy against the yellowe Iaundise.

APurgation first taken, take two vnces of grounde wormes dryed in the shadowe, and prepared in wyne, of the best Rubarbe a Dragme, of Dogges dung dryed halfe an vnce. Of all this together make a fine pouder, and giue vnto the Patient euery morning an vnce and a halfe fasting, and continuing so fiftene dayes he shall be well.

Remedyes against the Collike.

TAke two vnces of strong white wine, of Nutmegges, and Cloues, of eche halfe a Dragme, of Galingale a Dragme, stampe these grossely, and laye them one night in the sayde wyne, and in the morning giue it the Patient to drinke with a little whyte Suger. And let him continue thus drinking it twice a weeke fasting. It is a thing that I haue tryed to be very good to preserue a man

from

from the Collike.

A remedy neuer to haue the Collike more.

TAke two pounde of the rine or pillings of thick Rape rotes, and foure pound of whyte Honny, boyle it together vntill the halfe be consumed. Then mixe with it some pouder of Synamon, and Cloues, Nutmegge, Mace, blacke Pepper, of eche two Dragmes, and keepe it in some vessell. Of the which rynes or pillings take euerye morning fasting halfe an vnce.

Another remedy to take in the payne and tormente of the Collike.

MAke halfe an vnce of the Electuary of Dates, with a Dragme and a halfe of Philonij Romani, and make thereof litle gobbets, the which you shall giue to the Patient fasting, euer when the payne taketh him. And you muste note that in case of necessitie a man maye giue this Medicine, yea before the digestion of the fayde diseases.

A very good pouder that healeth quickly the fayd sickneſſe.

MAke a Dragme and a halfe of whyte Mulbery leaues dryed in the shadowe, with a Dragme of the rynes or pillings of a Radish rote dryed also in the shadow, & a Dragme and a halfe of the litle karnelles or stones of Medlars. All being made into pouder, giue vnto the Patient two Dragmes in good and odoriferous whyte wine.

A remedy vvhich I haue founde to be very good for al griefe or payne of the guttes or entrayles.

TAke Diagalinga, and Diabuloſſatum of eche two Dragmes Philonij Romani, foure Scruples, mixe altogether, and make therof litle gobbets or lumps: which you shall giue vnto the Patient at euerye tyme the payne tormenteth him, and specially when he is yet fasting.

A gliſter vvherevvith I haue cured many.

Take

TAke thirtene vnces of strong whyte wine, foure vnces of fresh butter, fire vnces of common oyle, Annice, Dill, Fennell, wylde Carwayes called of the Apoticaries Carui, Agreste, Daucy, Ameos, Carthami, of ech two dragmes: mixe them a seeth them al vntil the halfe of the wine be cōsumed. Then straine it, adding to that which is strained two vnces of Honny roset, an vnce & a half of red Suger, two Dragmes of common salt, and the yelke of an Egge, mixe al this together and make therof a glister.

Another against the same.

SEeth a pounde and a halfe of strong whyte wyne, with two vnces of hote scalding water, vntill the sayde water be consumed, and make onely a glister of thaluke warme wine: it is a thing tryed that after the other glisters this will helpe you much, if the Ague be not with it.

Another for the same.

TAke eyght vnces of the oyle of Rue, three vnces of the oyle of Castoreum, two vnces of Philomium Romanum, an vnce of Benedicta, of other things as before, sauing that you must put as little salte to it as is possible, to the end that the vertue of the Philomium may remaine in his. This glister is proued so good, that where as all other will not helpe, it will delyuer you: yea in a great neede or daunger.

An oyntment against the same.

TAke Oyle of Castoreum, oyle of whyte Lilies, oyle of Rue, oyle of Cheiri, of eche three vnces: the iuyce of wylde Mallowes, the iuyce of Artemisia, of eche foure vnces, of scalding water fire vnces, seeth al together, vntil the water be consumed: then put to it Melanthium, Mastick, Granum Paradisi, Galingale, of eche a Dragme and a halfe: of Peper, Cloues, Cutmegge, Lignum Aloes, of eche a Dragme. Make all this into a fine pouder, and seeth it againe with a small fyre, and make therof an oyntment with a little waxe, and so annoynt the place where

the

the griefe is laying vpon it cleane washed woll & warme. You shall see marvellous operation.

A very good receipt, vvhich Pope Clement the seauenth tooke in his last sickneſſe.

TAke Mastick, Frankencense of the male kinde, Mace, of eche halfe a pounde, Galingale, Zedoaria, of eche foure vnces, Cloues, Synamome, Xilobalsami, Carpobalsami, of eche two vnces: of Ginger, Cardamony, long Pepper, blacke Pepper, of eche halfe an vnce, Turbit, Agaricke, Rubarbe, of eche two Dragmes: the rootes of Endiue, rootes of Bugloſſe & Borage, of eche two handfull: Betony, Rue, the flowers of Stecados, Arabicke, Marioram, Sage, Rosemarie, of eche halfe a handefull: Let all be grossely stamped and beaten together, and put into a hundred pounde of strong whyte wyne, and let it rest and remayne there three dayes together. And at the three dayes ende presse it harde, and strayne the wyne out, and put it incontinent into a Limbecke, for to distill out of it Aqua vitæ. This done put into the water of the first distillation a pounde of mans bloude of the body of a very healthfull and fleshie man, put it agayne to distill. Do so in distilling it alwayes vntil nyne tymes. That done take an hundered leaues of Goldfoyle of the best and the finest that can be had, fiftye leaues of Siluerfoyle very fine, Iacinthes, Emeraudes, Rubies, Granades, of the two sorts of Pearles, red Corall, red Roses, of eche a Dragme and a halfe, of very fine Muske, halfe a Dragme: mingle all this together and make it all into a pouder, putting the sayde pouder into the last water distilled, & let it lye in it xviij. houres. That done, put all againe into the Limbecke and distill it with a small fyre: The which water being thus distilled the tenth tyme, you must put into some thick viol, and stoppe it well, or else all the water would vanish away, it is maruellous good against all colde diseases, eyther within or without the bodye, taking of it onely a Dragme, or foure droppes with a little whyte wyne. But

if

if the disease be hote without an Ague, as other some be by reason of some hote matter, giue the Patient of the sayde water mixt with water of Endiue, at euery tyme ẏ payne taketh him. Neuertheless if you will see with your eyes the maruellous Myracle that this water doth, giue fiue or sixe vnces of it vnto anye sicke man which hath lost all his strength and force, wyth a little wyne, sodainely you shall see all his strength come agayne to him. Also assure your selues that there is no remedye more soueraigne against the plague, and sodayne death, than to drinke of it euery morning before you goe out of your house fiue or sixe drops with strong wine, or with the water of Endiue: or else to washe your nostrels within and without, with the rest of all your face with the same, or with a little wyne mixt with it, putting nothing else to it. I haue found my selfe alwayes very wel at al times of ẏ plague, by meanes of the same. Yea, namely it is good also for those that haue the disease called Apoplexia, or falling sickenesse, if they washe their necke with all. This water is called Elixir vitæ Benedicti.

A remedy against the Laxe or Flyxe come of choler.

TAke sixe vnces of the sucke or iuyce of Quinces: the iuyce of Endiue, the iuyce of Sorrell, of eche three vnces, Sorrell seede, Plantayne seede, of eche two Dragmes: red Coral, red Rose seede, of eche a Dragme, Plantaine water foure vnces: seeth al together vntill the third part of the water & iuyce be consumed. Then straine it pressing it hard, making thereof a Sirop with as much fine Suger as shall suffise, wherof the Patient shall take two vnces morning & euening two houres before he eate any thing. This drinke is well tryed, and very good.

An oyntment very good for the same.

TAke oyle Roset made of Olyues not rype, oyle of Quinces, oyle of Myrtell of eche an vnce, redde Roses and redde Coral of eche a Dragme: Mastick,

Nutmegge,

Nutmegge, of eche halfe a Dragme, make that into pouder that may be made, making thereof an oyntment softe with a little ware, wherewith annoynt your stomack and the lower part of your belly.

Remedyes against the Laxe disenterycke.

TAke sixe Dragmes of Myrabolaus Citrinis burned, Plantayne sæde, Sorrell sæde, Endiue sæde, and all parched, of eche thrée Dragmes: of the foure Cordial floures, beside Violets, of ech a handful: sæth al in a sufficient quantitie of water, wherin first some stéele must be quenched, vntill the halfe be consumed: Then straine it, miring with that which is strayned two Dragmes and a halfe of the best Rubarbe parched, and of Pholonij Persici foure Scruples. This drincke is sounde verye good by experience.

Another drinke very good.

TAke two Dragmes of Frankencése of the male kynd with as much Mastick: a Dragme of Boale Armenick, red Corall, Hartes horne burned, of eche halfe a Dragme: of the stone called the bloodstone burned two scruples: Make al into a fine pouder and stéepe it in redde wyne that bindeth, and so giue the sicke man a Dragme and a halfe of it when he goth to bedde.

Another remedy.

TO eate in this bloudye flixe euerye morning fasting halfe a Dragme of Rubarbe parched, is a thing well tryed and very acceptable.

Another drynke very good, in case the Patient haue therwith any great dolour in his belly (as often times it happeneth (by reason of exulceration and knavving of the guttes.

TAke thrée vnces eyther of Goates mylke or sheepes milke, wherein must first be quenched some redde hote stéele, an vnce and a halfe of the iuyce of Plantayne, Aromaticum Rosatum a Dragme, mingle all together,

gether, and make a drinke for one tyme, whereof giue the Patient three dayes together, and the fire shall sone after ceasse.

Another remedy vvhen the payne is great.

TAke Myrtell berries two Dragmes: Sorrell sæde, Plantayne sæde, of eche two Dragmes: of frankencense male three graynes, of newe yellow ware two Dragmes: of Synamone two scruples: put all this into the belly of a Turtle doue pluckt, sowing her vp agayne: then rost her with a little fyre, and let the Patient eate of her three or fiue dayes together: or if you wil make a coulys of her: and it is certaine that he shall be healed.

Suffumigations or smokinges for the same.

The first.

LAy an vnce of Turpentine vpon a plate of yron made hote in the fyre, and let the Patient receyue morning and euening the smoke of his foundement thorow a close stole. And continuing so three or foure dayes, there is no doubt but he shall be cured.

The seconde.

STampe well two pounde of the dung of a yong Asse, and drye it in an Ouen, and see that it burne not. This done, take a part of it and put it morning and euening vpon hote coales vnder a close stole: to the ende that the Patient sitting vpon it may haue his foundement smoked therwith. It is a remedy of great vertue against the bloudy flyre of yong children, if first they be purged with a little Rubarbe.

Another remedy for the same.

SEeth a pound of Apiastrum, in Englishe Baulme, together with a handfull of Taxus Barbatus in red wine, and strong Vineger of eche sufficiently, vntil the thirde part be consumed. Then strayne out the wyne, and the Vineger, and binding these herbes fast in a bagge good and long, laye it hote euening and morning vpon his foundē-

foundement. And continuing so, you shall haue a good ende of it.

An oyntment very good for the bloudy flixe.

TAke Trochyskes or little Balles of Carabe, little balles of Terra Sigillata, of eche three Dragmes, Galliæ Muscatæ, Galliæ Alefangine, of eche a dragme & a halfe, red Corall, red Rose sedes, Mastick, Frankencense, of eche a Dragme Let all this be made in pouder, and put in very strong red Vineger .xviii. houres together, and afterwarde drye it by the fyre or in the Sunne. That done, make it all againe into pouder, putting oyle of Quinces, oyle Roset rawe, or sharpe, Oyle of Mastick of eche two vnces, with as muche whyte Ware as shall suffise. And with this annoynt the Patients belly.

Remedyes against the swelling and oppilation or stopping of the Splene

TAke two vnces and a half of the iuyce of wylde Mallowes, or marshe Mallowes purified, two vnces of the iuyce of Calamint, two Dragmes of Sene dryed, and make thereof an Electuary, mixing all this with as muche as shall suffise of scommed Honny, and giue of it vnto ỹ Patient a sponeful, three houres before his meales, It is a remedy maruellous good.

A vomentation or nourishing by vvashing for the same.

TAke of the rootes of wylde or Marsh Mallowes, and of Garden Mallowes, of eche two vnces, Senegræne sede, Linesede, floures of Camomil, Melilote, of eche a handfull: Calamint, Baulme, Cuscuta, Pulegium, Anyce, Carui, Fennell, of eche a handfull: seeth all this in a sufficient quantitie of strong whyte Vineger, and washe the place right against the Splene, euery daye bathing it, and the Patient shall be very well at his ease.

An oyntment against the same.

TAke Oyle of Rue, Oyle of Capers, Oyle of Camomille, of eche a pound: of the strongest & best white wyne you can get, half a pounde, of rootes of wilde or marshe Mallowes, rootes of other Mallowes, rootes of Ferne, of eche halfe an vnce: Braye well the rootes, and seeth them with all the rest, vntill there remayne no more wyne: after that take it, and presse out the Oyle, putting it to a pounde of the best and strongest whyte Vineger, with an vnce of Panis Porcinus well stamped and purified, seething it well agayne, vntill the Vineger be consumed, and then strayning it agayne, presse it hard that the Oyle may come out. Vnto these oyles thus strayned out, you must put Oppoponacis, Bdellij, Galbani, Armoniaci, of eche two Dragmes: dissolue thy gummes in strong Vineger, mixing them with the other thyngs, and seething it slightly once agayne ỳ the vertue of the gummes vanish not away: make therof a soft oyntment, with very good yellowe ware, wherewith anoynt the place right against the Splene euery day morning and euening.

Another fomentation or bathing for the same.

Pyrites, euery stone of the vvhich there maye fyre be stroken.

IT is a thing experimented that if you wash or bath only the Splene with very strong Vineger wherin there hath bene quenched the stone called Marchasita, which George Agricola calleth Pyrites, laying the cloth dipped in it, right vpon the place of the Splene. Doing thus you shall not seeke any other remedy, for this will abate al the swelling.

Remedyes against the payne, svvelling and ventositie of the Matrice.

SEeth togither rootes of Matricaria an vnce, Dauci, half an vnce, whyte Honny two vnces, scumming well the Honny vntill it be throughly sodden: and strayning and pressing it harde, mingle this Honny with two vnces of the broth that a Henne hath bene sodden in, and three vnces of the decoction of Anyce, and giue the woman drinke

drinke of it tenne dayes together: she shall be healed. Wherefore keepe it well in minde.

Another tryed of some vvomen.

TAke a Dragme of Nutmegges, a Dragme and a half of the rotes of Matricaria, a Scruple of Spica, seeth al this in fyue vnces of good whyte wyne, vntill the thirde part be consumed. Then straine it out, putting into that which shall be strayned two Dragmes of verye whyte suger, and so giue of it vnto the woman, at the breake of the daye, and at all tymes when the payne shall take hir.

Another remedy very good, and vvell knovven of vvomen.

TAke a sweete Apple, and make him hollowe within, make a pouder of Nutmegges, Mace, Synamon, of eche halfe a Dragme, Cloues halfe a scruple: put all this within the Apple with a little Suger, and rost it vnder hote ashes, and giue of it vnto the woman euer when the payne commeth vnto hir. But if the payne increase so much ỳ hir lyfe is in doubt, put to all this two graines of Opium, and sodainly the payne will depart.

Another.

TAke Calamint, Matricaria, floures of Camomille, of Sage, of Rosemary, of eche a handefull: Seeth all in Lye, or ashye water of a sufficient quantitie, vntil the thirde parte be consumed, with the which water washe the legges of the woman, from the knees to the feete.

A fomentation or nourishing.

TAke a handefull of Artemisia, with as muche of the floures of Camomille, Mynte, and Calamint, make hote a Lyle, and poure some good and odoriferous wyne vpon it, and after put also the herbes vpon it for to lay them so hote vpon the Matrice, at euery tyme that the payne commeth. Neuertheless, take heede that you wash or bath hir not, because that all moysture is euill for hir,

A very good oyntment.

MIxe a pounde of the Oyle of Cheiri with foure vnces of the oyle of Sureau, heate it and anoynt the vpper part of the Matrice with it, dipping some linnen cloth in the Oyle, and laying it hote vpon the Matrice. This also layed vpō a womans belly after this sort, when she is in labour, will ease and mitigate hir payne.

A Playster or cere cloth to lay vpon the Matrice if the griefe be olde or inueterate.

TAke an vnce of dryed Matricaria, with as muche of the floures of Cheiri dryed, halfe an vnce of Gallia muscata, or else Alefangine, if the woman be pore, of Galbanum, Bdellium, Serapini, of eche two Dragmes: Olibani, Mastick, of eche a Dragme and a halfe: Dissoule these gummes in Oyle of Cheiri, making into pouder the rest that may be made: and make thereof a playster with a little pytche, ware and oyle of Sefanni, spreading it vpon some leather, and laying it vpon the place of the Matrice, and renew it euery eyght dayes.

Remedyes to make a vvomans tyme to come that is let or hindered by some cause.

TAke two vnces of the iuyce of Sauyne, and purifie it, mixing with it two Dragmes of Synamone well made into pouder: foure graynes of Saffron, two vnces of the water Radishe rootes distilled with a little suger, for two times: this prouoketh maruellously ỳ floures of a woman. Wherefore beware ye giue it not vnto a woman great with childe. For al ỳ prouoketh hir floures, maketh hir also to labour before hir tyme.

Another remedy very good also to cause a vvoman to bring forth the childe before the tyme, if the vvoman be in daunger of it.

MIxe two graynes of Saffron, and two Dragmes of suger in foure vnces of Pympernell water, making thereof a drinke, and giue it to the woman at twice,

at

at the breake of the day, and when she goeth to bedde.

A vvashing very good for the same.

TAke Calamint, Pulegium, Sage, Artemisia, Rosemarie of eche a handfull, rootes of Iris or Gladiolus, the rootes of Malwoorte or Danewoorte, rootes of Sureau, of eche a handfull: seeth all in good whyte wyne ynough, vntill three partes be consumed, wherewith wash the woman in the morning, and when she goeth to bedde, from the haunches downewarde. Furthermore, the morning after she is washed, you shall giue her to drinke a Dragme of olde Triacle, three graynes of Saffron, and two vnces of the water of Artemisia, mirte together. This is so certayne, that if she vse it fiue times onely, she shall haue her floures.

Against to much abundaunce of floures.

MAke a very fine pouder of halfe an vnce of ỹ inwarde skinne that couereth the kernels of wilde Filberds, giuing a Dragme thereof vnto the woman, incontinent the to muche comming shall ceasse.

An oyntment against the same

TAke the iuyce of Plantayne, the iuyce of Solatrum, the iuyce of Rubarbe, of eche halfe an vnce, red Coral, Frankencense of the Male kynde, Mastick, of ech a Dragme and a halfe: Coriander prepared, seedes of redde Roses, of eche two Scruples, seedes of whyte Iusquiamum, the ryne of the rootes of Mandragora, of eche halfe a Dragme: strong red Vinegre halfe an vnce, make in fine pouder al that may be made, and mingle al together, with the which being luke warme, annoynt the soules of the Womans feete euery night when she goeth to bed, and you shall see a good and fortunate effect.

Against the prefocation or strangling of the Matrice.

SEeth in strong Wyne the Rootes of Gladiolus, the rootes of Calamint, the rootes of Ciclamen, in English Rare Violet, of eche a handefull, vntill halfe the

wyne be consumed: then straine them, and wyth that which is strayned out washe the Womans knées Morning and euening: for it is very good.

Against the same of what cause soeuer it come.

Mire a Dragme of Assa Fætida, and halfe a Dragme of Daucus, with Honny Roset, and make thereof fiue Pylles, and taking one of them euery morning, they are very good, as well to preserue a woman from it as to heale her of it.

Another against the same.

Take two scruples of the best Agaricke, two dragmes of Turpentine, sædes of Daucus, and Assa Fætida, of eche halfe a scruple mingle them and make little Balles, of the which you shall giue the Woman euery daye. For it is a thing verye good to heale her, or else to kéepe her from it.

Against the same.

Take water distilled of the rootes of Daucus, of wylde Poppy fiue vnces, Honny Roset an vnce and a halfe: mixe altogether, and giue the woman drink of it. For whether the payne be already or is lyke to come, she shall be cured or preserued from it.

Against the same.

Take two Dragmes of Castoreum, a Dragme of the same womans haire, mixt with a little Rosen of a Pyne tree, and make therof great Pilles as bigge as Filberdes, with one of the which Pilles perfume her nostrels, at the tyme of the prefocation or strangling of the Matrice, and incontinent she shall be eased.

Remedyes to be vsed when the Matrice commeth out of her naturall place, or falleth.

You shall mixe oyle of Mastick with oyle of Roset, grene or raine of eche two vnces, then Cupularum glaudium, the floure of wylde Pomegranade tree, the tyne of Pomegranades, Myrtelberries, of eche a scruple,

of

of Frankencense, Mastiche, Acatia, Hypocistidos, halfe a Dragme: mixe them and make thereof a fine pouder. And then casting it vpon the necke of the Matrice and dip your fingers in the oyle, and so put the Matrice vpwarde with them.

A Playster very good.

TAke Sorrell seede, the seede of Plantayne, and of Coriander prepared, of eche two Dragmes: redde Corall, seedes of redde Roses of eche a Dragme, Hypocistidos, Acacia, Frankencense of eche a Dragme and a halfe: Galles, the Pilles of Pomegranades, floures of Pomgranads, of eche two Dragmes: beat all into a fine pouder, gathering together the pouder, with the oyle of bertuyce Roset, and make thereof a Playster with ware and pitche asmuch as shall suffise, and spreade it vpon a piece of leather, and parte thereof you shall laye vpon the womans belly, right against the place of the matryce along vnto both her haunches. And this shall help hir.

Remedyes for the Matryce corrupted or Apostumated. A Playster for dissolue it.

TAke the floures of Camomille, Melilot, Matricaria, the Leaues of Mallowes, the rootes of Violettes, Branckvrsyne, of eche a handefull: the rootes of wylde or Marshe Mallowes cut herye small three vnces: seeth all in a sufficient quantitie of water vntill the halfe be consumed: then put to it a handefull of floure of Linesede, with as much of floure of Synegreene, of Butter, Hennes grease, of eche as muche as will grease ouer the playster, the which you shal lay vpon the Apostumate or corrupt place. Notwithstanding remember that to euery griefe of the Matrice (as we haue our selfe well tryed and proued) all moyst fomentation or bathing is hurtfull, and therefore beware in any case you doe it not.

Another Playster for the same.

TAke the iuyce of greene Camomille, and the iuyce of Matricaria, of eche two vnces: mixe them together with a pounde of the Playster of Melilot, and lay it vpon the corrupt place: It is certayne that doing so often tymes, it will ware rype and rotte.

A Playster.

TAke fiue vnces of Dyaquilon, without Gumme: two Dragmes of Saffron, an vnce and a half of the iuyce of Matricaria: make thereof Ceratum or Playster with Ware, and a little Rosen of a Pyne tree, and lay it vpon the place of the corruption: it is a singuler thing.

Remedyes against the vlcers or corrupt matter of the Matrice.

TAke two vnces of the oyntment of common Tutia, dissolue it well in eyght vnces of Ewes mylke, and squirt into the Matrice, This is very good.

A drinke for the same.

TAke fiue vnces of newe and freshe mylke, mingle it with an vnce of Honny Roset, and giue it to the woman ten dayes together, three houres before she eate any thing. And this is also very good.

Remedyes against the vvhyte flixe of vvomen.

TAke Gumme Arabicke, Dragacante, Amylum of eche two Dragmes, of Mastick, a Dragme: make all into a fine ponder, and with a little good Suger dissolue it in the iuyce of Quinces: Make thereof balles of two dragmes a peece: of the which giue one to the woman, euerye morning three houres before she breake her fast, whereupon incontinent let her drinke a draught of red stipticke wyne, doing the lyke at night before supper. And this shall helpe her, so that in short space she shall be healed.

Another against the same.

TAke the yelke of two egges raiwe and newe layed, Frankencense of the male kynde, boale Armenicke

Terra

Terra sigillata of eche halfe a Dragme, make into pouder, that which may be made, mingling al together, and giue to the sick woman: a mouthful of it euery morning, fiue houres at the least before she eate any thing. This remedy is so excellent that I haue cured many with it.

A drinke.

TAke foure vnces of red Stiptick and binding Wyne, wherein you must often times quench first some hote Steele, gumme Arabick, Dragacant, of eche halfe a Dragme, mingle it together & make a drink of it. Wherof you shall giue the woman fiftene dayes together, easely in the morning, and there is no doubt but she shall be healed.

A pouder against the same.

MIre halfe an vnce of Date stones well beaten into pouder, with a Dragme of Dragons blood in redde wyne, and giue the woman one Dragme of it at the breake of the day, and another when she goth to bed, and she shall be healed.

Remedies against pissing hote.

A Syrop.

TAke Syrop of Violets, and of Nenuphar, of eche an vnce, mingling with it Plantayne water, Purselaine, of common colde seedes, of eche an vnce. This Sirop digesteth the collericke matter, and taketh awaye the biting humors that cause the heate in pissing.

A drieke against the same, to take three houres before dinner and at noone.

MIre foure vnces of the water of Hallowes with two vnces of Syrop violet. Drinke this continually seauen dayes: and the eyght daye mire with it an vnce of Lenytife Dialebestes, with a Dragme and a half of Diapruns Luratyue, and make thereof a drinke with the water of the decoction pectorall, the which you shall giue to the Patient.

Against

Against Gonothæa, which is when a mans seede goth from him vnwittingly.

TAke foure vnces of Ewes milk, and mixe it with two Dragmes of Hares haire burned and wel made into pouder: giue the Patient drinke of it twice a daye morning and euening two houres before he eate.

An oyntment against the same.

TAke two vnce of Olibani, Acaci, and Hypocistidos, of eche two Dragmes, of Galles a Dragme, Labdany, halfe a Dragme: oyle of Mastick, oyle of Spike, oyle of Myrtle, of eche halfe an vnce: Make that into a fine pouder that can be made pouder, and make therof a softe oyntment with a sufficient quantitie of ware, putting to it at the ende halfe a scruple of Camphyre, with this oyntment annoynt his raynes and the chine of the backe, his flankes, and the place about the priuie members, euening and morning.

Another remedy maruelous good.

TAke halfe an vnce of Tutia, prepared, Sarcocolla, washed Aloes, Hepaticum, Suger candie, of ech three Dragmes: mingle it and make it into a fine pouder, whereof dissolue one Dragme in womans mylke, and therewith squirt the mans yarde a good waye in, fiue or sixe tymes a day, and he shall incontinent be healed. But if there be any vlceration he shall also soone be ridde of it.

Remedyes for them that pisse bloude.

TAke water of Plantayne, of Nightshade in Latin Salanum, Sorrell, Endiue, Wormewood, of ech foure vnces, whyte Sandal and red, Beane whyte and red, of red Roses, of eche a Dragme and a halfe, Spondium two Dragmes, of Spica tenne graynes: of the best Vineger three vnces: make that into fine pouder which maye be made, and make therof Epithema for the lyuer.

An oyntment for the same.

Take

TAke the iuyce of Plantaine, of Nightshade, of Sorrel, of eche an vnce, oyle Roset, oyle of Pynel, of eth halfe an vnce, Hypocistidos, red Coral of eche a Dragme: make that into pouder that is to be made, and make of it an oyntment very soft with a litle ware and annoynting the raines of the Patient, from the haunch vnto the place about the priuie members, and to the rote of his yarde. And he shall be well eased.

A Playster for the same.

TAke Plantayne seede, Sorrell seede, Purcelin seede, of eche two Dragmes, gumme Arabicke, Dragacant, of eche a Dragme and a halfe, Hypocistidos, Acaccia, Bole Armenicke, silke burned, of eche a dragme, Terra sigillata, Yates haire burned, of eche a Dragme: make al together in a fine small pouder, and make thereof a playster with oyle Roset greene or raw, war & Pitch, as much as shal suffise: the which you shal lay vpon ỹ raynes of the Patient: It is proued and tryed to be verye good.

Remedies against the Grauell.

IT is a thing certayne, ỹ if the Patient swallow downe three dragmes of newe Cassa euery daye before dinner, he shall neuer haue the Grauell.

Another.

TAke the stone that is founde in the heads of Crabbes halfe an vnce: burne it, and make it in pouder verye fine, mixing the pouder with the water of Saxifrage, and so giue it to the Patient.

Another remedy vvell tryed, vvherby I haue often-tymes founde my selfe eased.

TAke Oyle of Scorpions made of Oyle of bitter Almondes, Turpentine, fresh Butter, of eche halfe a pounde, of Saffron a scruple: beate all this in some vessell on the fyre, and with a linnen cloth bath and wash often tymes a day from the hight of the haunches, vnto the rote or beginning of the priuie members.

Against

Against the same.

DIssolue thrée Dragmes of he Goates blood prepared in sufficient quantitie of Broome floures water distilled, and giue it to the Patient.

Another very good.

MIre an vnce of the iuyce of greene Lemmons with thrée vnces of Malmesey, and giue it the Patient to drink al at one tyme, when he feeleth his griefe.

Receiptes to hasten the chylde byrth, and to mitigate the payne of the trauayle and labour.

TAke Geniper Berries, & Bay Berries of eche seuē: great Synamome halfe a Dragme, whole Synamon a Dragme, Put altogether in a turtle Doues belly that is fat and fleshye, and put her on a Spit and roste her, and baste her with Hennes greace, the which you shal giue to the woman euery daye for her supper. It is a thing as notable as any other can be. Yet in the meane tyme you muste note, that none of these receipts muste be giuen to a woman great with Chylde, vnlesse she haue passed the Mone of the nynth Moneth that she was with chylde.

Another.

TAke fresh butter washed in Violet water thrée vnces, Mucilago of Cabbage two vnces, Mucilago of wilde or Marshe Mallowes, Mucilago of Figges of eche halfe an vnce, and mixe it together. And if the Woman be nigh her tyme, let her put euery day into the entry of her Matrice a cloute wete and dipt in this licoure, and she shall bring forth her chylde without great trauaile and difficultie.

Another.

TAke fyre pounde of good whyte Wyne, Calaminte, Sage, Rosemary, of eche halfe a handful: seeth al together vntil the fourth part of the wine be consumed: with the which the Woman drawing nighe to her tyme shall washe her legges, once a daye eyther morning or euening.

euening.

Another.

TAke an vnce of the pilling of Radishe rootes with as muche Mercurie, three graynes of Saffron, a dragme of grosse Synamone well beaten into pouder, two Dragmes of the iuyce of Sauyne. Mingle and stampe well altogether, binding it in some fine linnen cloth vpon ỹ necke of the Matrice. If the woman labour in great daũger, she shall sodaynely be deliuered.

Another Remedy very good, but yet such one that may not be giuen but in great necessitie, or vvhen the childe is deade vvith in hir belly.

MIre together two vnces of the iuyce of Sauyne, a Dragme of Borax Mynerall wel made in pouder, & an vnce of odoriferous whyte wyne, and giue it the Woman to drinke, and the effect will sone follow.

Remedyes vvhen a man pisseth against his vvill.

IT is a thing very good and tryed, to giue euerye morning to the Patient a Cytryn Myrabolan well conserued.

Another for the same.

TAke Plantayne water, Rose water, Sorrell water, Nyghtshade water, of eche halfe a pounde, Wormewode water foure vnces, kindes of Cerottria Sandalia an vnce, Spodij two Dragmes, red Coral, red Rose seedes, Plantayne seedes, of eche two Dragmes, of Spike tenne graynes, of verye good Vineger three vnces: mixe altogether, and with a whyte linnen cloth dipped therein and well clensed, washe and bath the Lyuer with it and the raynes of the backe. That done take oyle Roset, Oyle of Myrtle, Oyle of Quinces, of eche an vnce. Make into pouder that may be made, and make therof an oyntment very soft with a litle wax, anoynting incõtinent the Patients raynes of the backe and his belly.

Remedies

Remedies against the stone in the Bladder.

TAke Liton Tripon, three dragmes, tenne bitter Almondes with as muche of the kernelles of Peches: braye all this well together, and make thereof little balles with Suger, the which you shall giue to the Patient euerye moneth tenne dayes together, at the breake of the day, slæping a little vpon it, and you shall see a good ende and issue of it.

A remedy and preseruatiue against the same.

TAke foure vnces of Turpentine, and burne it vpon some plate of Iron red hote, vntil it maye be made into pouder: of the which pouder, take two dragmes, water of Sarifrage foure vnces, mingling all together, make thereof a drinke, which you shall giue the Patient twice a weeke, at the breake of the day continuing so two Monethes together. If he haue not yet the stone, he shall without doubt be preserued from it: but if he haue it, he shall also be healed of it.

Another for the same.

TAke sire Dragmes of Turpentine, ten tymes washed in water, and make thereof little balles called Boli, with the iuyce of Sarifrage, and a little Suger, and giue it to the Patient as is aforesayde.

Remedies for to heale the Emerhodes or Pyles.

A very excellent oyntment.

THe bodye being purged take Oyle Violet washed in water of Violettes, and freshe butter washed, of eche an vnce: make thereof a soft oyntment with the yelk of an Egge, halfe an vnce of Oyle of Linsade, and as muche ware as shall suffise: annoint the Emorrhodes or Pyles with it twice or thrice a daye. There is no such remedy as this is, when Women lye in childebed because of the retention of their floures they are often tymes, yea almost dayly molested with these Emerhodes or Pyles very sore.

A

A Playster against the same.

TAke of the cromme of branne bread a pound, of ewes mylke or Cowe milke, or else Goates milke, two pounds, Seeth altogether vntill two or three partes be consumed: then put to it two vnces of the greace take of the chyne of a Goate, an vnce of the pouder of grounde wormes mingling al together, and so laye it hote vpon his foundement.

An excellent and very good hote bath or baine for the same.

YOu shall take the Leaues of Mallowes rootes and all, the rootes of wylde or Marsh Mallowes, of holy Hock, Violets, Cabbage, the floures of Taxus Barbatus, Camomille, Melilot, Synegræne, Lynclæde, of eche a handefull and a halfe: seeth all in a sufficient quantitie of water of the Riuer, or some other fresh water, vntill halfe be consumed: then poure it hote into some tubbe, causing the Patient to syt in it twice a daye, in the morning and at night, the space of an houre.

Another remedy of very great vertue.

TAke two vnces of the iuyce of Leekes, an vnce of the iuyce of Persly, butter made of cow milke, Walnut Oyle, Oyle of the decoction of Cataputia, of eche an vnce and a halfe, oyle of Radish rootes an vnce, of the suet that is about the kydneys of a Goate an vnce and a halfe: let all be well stirred and brayed in a morter. This being hote, if you lay it with fat wel vpon & about the Emerhods twice a day, vsing so thirtie dayes long, I haue proued the remedy to be of great efficacie and vertue, that without doubt I dare assure the Patient of health.

Remedyes against the swelling of the cod des.

TAke oyle of whyte Lylies, Oyle of Roses complete, of eche two vnces, of the greace that is washed of from newe shorne woll, an vnce and a halfe, wette some fatty Woll in it, and laye it hote vpon his Coddes: and

then

then will the swelling goe away with the payne.

Another against harde swvelling.

TAke Resins dryed and Carnelles pluckt out three vnces, Barley floure two vnces, as muche of the floure of whyte Cyche peason, halfe an vnce of the floure of Synegréne, as much of the floure of Lyneséde, an vnce and a halfe of Honny: mingle al wel together, stamping it in a morter, and lay it hote vpon his Coddes.

A good Playster for the same.

TAke Gumme Arabicke, Dragacante, of eche two Dragmes, Galbanum, Armoniack, of eche a dragme and a halfe, Beane floure & the floure of white Cyche Peason, of eche an vnce: Dissolue the gummes in Oyle of swéete Almondes, and a little Vineger, then mire all well together, and make thereof a Playster with Pitch, and war, as muche as shall suffise.

An oyntment against the same.

TAke Oyle of whyte Lylies, and Oyle of Camomille, of eche an vnce, of Comyn two Dragmes, Labdany, Galbany, of eche an vnce: Dissolue the Gummes in strong Vineger, and make in pouder that which is to be made: And make of this a softe oyntment, with a little Waxe, wherein wette some newe shorne and vnwashed Woll and lay it vpon his Coddes.

A Playster.

SEeth a pounde of whyte Cyche peason in good whyte Wyne, vntill they be throughly sodden: then stampe them well in a morter, putting to them two vnces of Camomille floure, a Dragme of Saffron, two vnces of oyle of whyte Lylies: mire altogether, and laye it hote vpon his Coddes, leauing the Playster vpon them nighe and daye.

Remedyes against the Sciatica.

TAke the Blossoms or floures of Camomille, Melliote, Synegréne, Dill, Lyneséde, of eche two handfuls:

Worme-

Wormewood, Mint, Pentryall, Calamint, Southernewode, the floures of Sticados Arabick, Bytony, Maioram, the herbe Paralysis, Sage, Rosemarie, Germander, of eche a handfull and a halfe, séeth all this in two hundred pounde of cleare cundyte water, vntill the thirde part be consumed: then strayne it, and séeth it agayne well, putting to it half a pound of quick Brimstone, foure vnces of Saltpeter prepared, & thrée vnces of salt Gemma: séeth them agayne and strayne them: and then kepe that which is strayned for your vse. The sicke man shal euery morning bath him selfe the space of eyght dayes together, tarying in it an houre well couered, the head only bare. The houre past, comming out of the bath, and al his body well dryed and wyped, let him goe into his warme bed, and anone after let him take a dragme of great Triacle, mixte with an vnce and a halfe of Suger Roset, and slépe therepon two houres, and in the meane tyme being well couered let him sweate, and those that kéepe him, let them wype him and dry him well, and by and by after they shall annoynt the place where the payne holdeth him, that is, all the legge from the haunch or huckle bone, with the oyntment Marciaton, Vnguentum Agrippæ, Vnguentum of Aragon, of eche an vnce mixed together. Continuing then all in this order, and as I haue sayde eyght dayes, I dare assure, the pacient health.

Remedies against inflamations of bloude, vvhich grovveth into an impostume in some part of the body or members, called Phelgmone.

A Playster to rype and rotte the impostume.

TAke a pounde of Cowe milke that was neuer skéeted: a pounde and a halfe of Bread well crommed small: thrée vnces of the iuyce of Cabbages, halfe a Dragme of Saffron, thrée vnces of the Oyle of whyte Lylies, mixe al together, and lay it hote vpon the sore place.

Another for the same.

TAke three vnces of Diaquilum, without gummes, the iuyce of Cabbage an vnce and a halfe, of Saffron a Dragme: make hereof a good and fat oyntment and thicke with yellow ware as muche as shall nede: ỹ which being spread vpon Leather, the Patient shal weare a day or two continually, and he shall finde himselfe well.

Another to rotte or rype incontinent.

CHawe well fasting halfe a pound of Wheat, and temper it well wyth a great deale of spettell: take also two vnces of Oyle Roset complete, and a Dragme of Saffron, mingling all together, and lay it vpon the sore place, renuing it often tymes. The signes of the rypenesse of it are these, when it is soft, mouing vp and downe lyke a waue of water, when it greeueth the Patient no more, when the feuer ceaseth and continueth no more: the impostume being thus brought to a rypenesse, prepare your selfe to launce or pierce it. But if the Patient be afrayde of the yron or fyre, breake it with this that foloweth: take two vnces of Diaquilum simple, an vnce of leauen, halfe an vnce of oyle of swéete Almondes: mixe all, and spread it vpon a piece of Leather, or clout, putting in the middes of it a Dragme of Pigeons dung made in pouder, and so lay it vpon the place where the breaking of the sore shal be most commodious. You may also take half an vnce of leauen, a Dragme of common salt, two dragmes of the best Vineger, foure scruples of the pouder of Cantarides, mix all together, and bray it well in a morter, vntill it be turned into a past or doawe as it were: of the whych you shal put to it halfe a Dragme, or according to the quantitie of the matter that must come out, couering ỹ agayne with the Ceratum or playster afore sayde

The impostume being broken and well made cleane, if you feare that there will come much bloud agayne, take incontinent the yelkes of two Egges, two Dragmes of Salt, a Dragme of Bole Armenicke, and stirre or dippe

certaine

certayne pieces of toaw in it, and lay them vpon the place where it is broken, & let them lye. xxiij. houres together.

Againſt a Ryngvvorme or Tetter, that runneth all ouer a mans face, or againſt the diſeaſe that is called Eryſipilas or Lychen, of ſome Mentagra, the French men call it Feu volage, as it vvere a running fyre.

The remedy is good to mingle at the beginning the iuyce of Plantayne, Marygoldes, Solatrum, Barba Iouis, in Engliſh Synegræne, of eche ſixe vnces, with thræe vnces of Roſe water, and wetting certayne cloutes in it, lay them vpon the ſore or Ringworme. Yet you muſt take hæde that ye take away the cloutes, as ſone as they beginne to ware hote, to the ende that the heate retourning from the linnen cloutes to the ſore, doe not increaſe the payne, or elſe that the linnen clothes being dryed with the heate doe not cleaue to the ſkinne and plucke it with them. For if it ſhoulde be ſo, there woulde be daunger in it bicauſe of the vlcers or ſcabbes that would come of it.

Another remedy very good to heale the ſame, vvhen it doth but beginne or increaſe.

Take Lyterge of Siluer, ſix vnces, the iuyce of Plantayne thræe vnces, Oyle Roſet two vnces, of the beſt Vineger an vnce, mixe and braye all this well in a morter of Lead, vntil it be lyke an oyntment of the colour of Lead, of the which being ſpread vpon ſome linnen cloth you ſhall lay ſome vpon the ſore, renuing it euening and morning, and loking to it diligently vntill you be ſure of the ſtate of it and of the increaſe: When it beginneth to declyne (which thing you ſhall knowe bicauſe it will chaunge from a whyte coloure vnto a red) take hæde you lay no colde thing vnto it: for it maye be that you maye make ſome dead fleſhe red and darke come or growe in it, and ſo there ſhoulde be great daunger, that by reaſon of

the cold things, the Ringworme or Tetter should tourne into an Hestiomem. But my counsell is to take ẏ floures of Camomille, Melilot, Synegrǽne, of eche a handefull, and to sǽth the same in sufficient water vntill there remayne but the halfe. Then to strayne it, and to washe euery day the place with a sponge wette in it: and afterwarde to washe it with some hote whyte wyne. For ẏ is it that kǽpeth the member from mortifying in such a disease. If the thing be growen to an vlcer, eyther by the folly of the Phisitian, or else by the euill gouernement of the Patient, or by the euill matter which coulde not be amended by medecines, take lytarge of siluer thrǽ vnces, the oyntment of Populeon, Ceruse washed, Infrigidantis Galeni, of eche halfe a vnce, oyle of Roset complete an vnce. Mixe al together and bray it well in a Morter, vntill it be as it were an oyntment, which you shall vse vntill the disease be consolydate and sounde.

Against flegmatick svvelling.

IF this infirmitie be in the legge, take twenty pounde of water made with Ashes, floures of Camomille, rootes of Walwort or Daneworte, of eche a handfull, common Salte halfe a pounde, of the best whyte Vineger foure vnces, mixe and sǽth al together vntill the halfe be consumed, then strayne it, and wash the legge with it.

Remedies for the scabbes.

An oyntment very good for to annoynt yong children, vvho bicause of their tendernesse, can not endure a purgation.

TAke foure vnces of oyle Roset, a Dragme and a halfe of common Salt, an vnce of freshe Butter washed, and so bray and stirre all well together, vntill it be come vnto a soft oyntment.

Another oyntment verye good for little children, and olde folke, to vse before and after a purgation.

Take

TAke Turpentine washed in Rose water foure vnces, of the iuyce of Lemons an vnce and a halfe, of freshe Butter an vnce, the yelke of one Egge, of common Salt two Dragmes, of Dyle Rosct two vnces, mire and sturre together all a great whyle in a morter, vntill it become an oyntment. Wyth the which by a fyre when he goeth to bedde annoynt the scabby parte of the bodye: or else all the body, but as thyn as may be.

Another remedy.

TAke the water of Lapatium Acutum distilled, two pound, the iuyce of Plantayne foure vnces, Rose water three vnces, the iuyce of Lemmans two vnces, Lytarge fyre vnces, Ceruse halfe an vnce, quicke Brymstone three Dragmes, make a verye small pouder of that which may be made pouder, and mingle it with the sayde waters, letting all stande.xxiiij.houres long. That done, put all in a Lymbecke, and distill it with a small fyre. This water serueth not onely for to heale the common scabbe: but also to make the crustes of olde vlcers and scabbes and of the Pockes to fall of, and to take cleane away the Cicatrice or scabbe therof.

A Bayne or Bathe for the same.

TAke the Leaues of Lapaticum Acutum, the Leaues of Fumitory, the Leaues of Mallowes wyth the rootes, Leaues of Borage of eche three handefull, of Bran bounde in some cloth two handefull, of Rye three handfull: seeth al this in sufficient water vntill the thirde part be consumed, then straine all, and whyle the Patient is annoynting let him bath all his bodye in the same Bayne in the breake of the day, and without tarying any long tyme, let him goe into his warme bedde, and there let him sleepe and sweate.

Against the Scurfe or Leprie, called in Latin Psora.

AFter a purgation, I commend much the annoynting at night when he goeth to bed, all the partes of the

bodye infected with this disease, with Oyle of Tartre or of Lées of wyne, and three vnces of verye strong whyte Wyne.

A Remedy against Puffes, Bladders, Blysters, or Wheales, and against the small Pockes.

TAke an vnce of Peche karnels burned and made into a pouder, the iuyce of Plantayne and of Synegréne, of eche half a vnce, Ceruse or Lead washed a Dragme and a halfe: make of this a soft oyntment as much as shal serue you.

Another remedy vvell tryed.

TAke two Dragmes of Camphyre, an vnce of Ceruse washed, halfe a pounde of red Ciches, a pound of the inner parte of Melons without the pilles, ten Swallowes Egges, two Dragmes of Pearles, three Dragmes of the sédes of Xilon or Gossipium, the trée that beareth Cotton, two Dragmes of Salte, foure vnces of the iuyce of Lemmons, halfe an vnce of whyte wyne Lées: make that into pouder that ought to be, and put all together in ten pounde of water of Lapatium Acutum distilled, leauing it so two dayes and two nightes. This done, distill all together in a Limbecke, with the which water so distilled, the Patient shall washe his face three or foure tymes a day. It hath bene proued very good.

Against the strong cough of yong children.

SEeth in wyne some Isope and some Serpellum, or Sauory, or else steepe some Jemper Berries in wyne, and giue the childe to drinke of which you will.

Against the stinking svveate.

TO those that so sweate, make a cloth steeped in wyne wherein Myrtle Leaues or the herbe it selfe, or else his fruit hath bene sodden.

Against the payne of the eyes.

TAke Mallowes, Violets that growe in Lent, topps of blacke Berry trées, dryed Roses, Veruine, Willowe

or

or Oster that groweth on the hilles, wash your eyes with these at night, and make a playster of the herbes with the yelke of an Egge, and lay it vpon your eyes.

For a vvhyte spotte in the eyes.

BUrne Cockle shels of the sea, and Olibanum, asmuch of the one as of the other: make them into a pouder with cuttle bones burned, and laye that vpon your eyes twice or thrice a weeke.

Against the difficultie of bringing forth childe, and the retention of the skynne that the childe is vvrapped in, called in Latine Secundina or Secundæ.

TAke the rootes of Parslye, and Leaues of Leekes, wring the iuyce out, and mingle it with a little oyle, and giue it the Woman to drinke, putting a little Wineger into her Matrice, and she shall incontinently be delyuered with Gods helpe.

A remedy vvhen the foundement commeth out.

FIrst washe or Bathe verye well the foundement (be it eyther of a man or of a woman) with the decoction of Wyne and Wormewood sodden together, and annoynt it rounde about with some restraynyne oyntment. After this strawe vpon it Ashes made of Willowe and of his rootes, and of the fine bones of some fish salted, and put in the foundement agayne with some linnen cloth: and doing thus twice or thrice a daye, he shall finde him selfe verye well.

Against the payne of the Guttes.

SEeth in water some Nightshade with ashes, and laye it vpon the place where the payne is. For this also is good rawe Sisamum, sodden with his seedes, and layed vpon the painefull place.

Against the difficultie in making vvater, sauing for that vvhich commeth of the stone.

For men:

Seeth water Cresses, and make thereof Cataplasma a Playster, and laye it vpon the place about the priuie members, causing the man to sit in the decoction of it.

For Women.

Make them an vnder smoking thorowe a close stole with wylde Mint, with Neppe or Catte Mynte, and with Pulliole or Pulegium. We make sometyme as well for the man as for the woman, an ellewe or Bayne wherin hath bene sodden some Ieniper, Neppe Pulicaria, in English flea wort, wilde Mint, Bay leaues, Pulegium, Wormewood and Tansey, giuing to the Patient being in this bayne, Benedictam simplicem. But if the stone be the cause, then seeth in water Saxifrage with the rootes of Sanguinaria, or decoction, vntil halfe of the water be consumed, the which giue vnto the Patient: but if he desire Wyne, giue it him with some of this water in it, continuing so foure or fiue dayes, and twice or thrice a daye. If he pisse not for al this it is a signe ỳ the stone is thorowly growen and hardened. But then if it sticke in the bladder, take Mallowes, Crista Marina, in englishe Sampere, little wylde Cabbages, Saxifrage, Pellitory of the walle, water Cresses, Ameos, and the seedes of Nettles, seeth all this in lycoure, whereof let the thirde part be wyne, the other part Oyle, and the fourth parte salte sea water, bathing and washing well with this decoction the partes about his priuie members, & laying vpon them the herbes.

Benedicta simplex, is an electuarie, verye medicinable for the goute.

Against Crabbelyce.

Against the Crabbelyce that breede about the priuye members and vnder the arme pittes, annoynt those places with ashes layed in Oyle: but against those that sticke in the eye browes, take an vnce of Aloes, Cerusse, Olibanum, of eche fiue vnces: make al into pouder, and make of it an oyntment with larde cut small as much as shall suffise.

Against a Cankar.

Note

NOte that the Leaues of wylde Iuie sodden in Wyne, and layed to it are very good for it.

Against the little vvormes and itching of the hands or body.

AGainst the itche and wormes in what soeuer parte of the body that it be, but chiefly in the face and forehead, you muste steepe wheate in Wine with the pouder of Olibanum, and lay it vpon the place as it were a playster.

Against the svvelling of the Coddes.

TAke Mallowes, Wormewode, Veruen, Bismalua, or Marche Mallowes, Tansie, and two Cabbedges, seeth all this in olde strong Wyne, and bathing and washing them twice or thrice a daye. As for the herbes, stampe them and seeth them in Honny, laying them vpon the Coddes with Wyne.

For to make the vvormes come out of the handes and feete.

TAke a hote Tyle, and some vessell full of water, then put some seedes of Iusquiamum vpon the redde hotte Tyle, holding your handes or feete ouer the smoke of it, you shall see the wormes fall into the water lyke little haires. Another waye: Burne Ote strawe into ashes, and put into water as hote as you may endure it, holding your handes and feete in it, and enduring the heate vntill it ware colde: then straine and presse it so hard vntil there remayne no more water, seperating it fayre and softely. You shall finde the wormes as it were little threades, which the smoke of the Iusquiam hath drawen out. If the place doe itche, and is eaten with wormes, burne strawe into ashes, and tosse it and mingle it in water as hote as you can endure it: put in your hande or foote that hath the wormes, and they will come out. Then afterwarde heale the knawing as you doe some other sore.

A remedy for the deafenesse of the eares.

Take

TAke the fat or greaſe of Eeles new kylled that ſwimmeth vpon the decoction of them, the iuyce of Caprifolium, Barba Iouis, and a handfull of Antes or Piſmers Egges, bray and ſtrayne all, mixing it and ſæthing it with Oyle. The decoction made, put to it ſome Vineger or wyne ſufficiently, that it may be the more penitratiue and percing: this done, poure ſome of it into the eare that is not deafe, ſtopping the other that hath the impediment, and lying vpon the good eare: and beware ye goe not the next day into the winde: but let him kæpe his houſe, lying all the day long ſometyme on the good eare and ſometyme on the yll.

Remedyes againſt Fiſtuleys.

TAke the Leaues of redde Cabbages, and their ſædes, the rootes of great Rubra Tinctorum, of eche an equall quantitie, bray all and ſæth it well vntill thræ partes be conſumed: then ſtrayne it, putting to it ſome Honny. And ſæthing it agayne vntill it be thick. Whereof you ſhall giue the Patient two ſpones full, morning and euening.

For the ſcabbes of the handes.

TAke Lapatium Acutum, and Fumitorye, making thereof as it were an oyntmente with Hogges or ſwines greaſe and May Butter, wherewith annoynt your handes.

A vvater of a great and maruellous effect, for to keepe mans body from many infirmities and diſeaſes.

TAke foure pounde of ſtilled Aqua vitæ of verye good Wyne, two pounde of ſalt burned, two pounde of quenched Brimſtone, foure vnces of whyte Tartre, foure vnces of the woode of a Filberd træ. iij. vnces of rock Salte. Let all this be brayed, ſifted and mixed together, pouring vpon the forſayde Aqua vitæ, and putting it in a Limbecke to diſtill.

What

What operation come of such distillations.

The first dillation draweth vnto it the powers of all the spirites of man, that no venimous beast can approche or come nighe him: with it is kepte flesshe and fish as with Baulme, it healeth and cleanseth Lentils and other spottes of the face: it driueth awaye all maner of scabbes from the body, and cleanseth watering eyes.

The seconde driueth awaye impostumes, and other superfluities of the bodye: it pulleth out & healeth lose teeth, and putteth away all swelling of the Lyuer.

The thirde cleanseth all spottes and scurfe, it healeth stinking of breathe, and purgeth al flegme of the stomack, as meate not digested.

The fourth putteth out of the body, all colde and congeled blonde.

The fifte delyuereth the bodye from the falling sickenesse.

The sixte dryueth awaye all languishe and infirmitie come of the Goute.

The seauenth putteth the Goute from the feete.

The eyght excelleth the Baulme, which you shoulde keepe well.

The nynth, if you mixe with it, and dissolue golde in it, is a preseruatiue for the Lyuer.

The tenth, if you put a droppe of it in anye vessell of Golde full of Wyne, a froth and skumme will swimme vpon the wine, which is very Golde in deede, so that what soeuer you touch with it shall be fayre Golde.

Yet you must note that after euery distillation you muste stampe and sifte the leese as at the first tyme.

Another vvater or Balsamum almost for the same thinges.

Take a pounde of Turpentine thrice distilled, a pound of Aloes thrice also distilled, a pouder of Amber raw, Mascatum brayed vpon a stone in maner of some li-

quide

quide oyntment, putting to all this a little Oyle, and so incorporating it & distilling it nine times. It is a Baulme that maye well be kepte, for it is so perfect that it abideth first all tryall of fyre and water.

Secondely, it will pearce thorowe the hande.

Thirdlye, in annoynting youre face it kepeth your youthfull colour.

Fourthly, it fasteneth and consolidateth all incision or cutting.

Fiftly it purgeth marueilously the eyes.

Sixtly, anoynting all the bodye with it, it is sayde that it shall neuer rotte or corrupte, nor euer breede wormes. This hath Hermes the Phylosopher written & I confirme it as most true, for as much as I haue proued and tryed it.

A pouder very good to conserue the sight.

TAke Betony, Rue, Selandine, Saxifrage, Leuistici, Pulegium, Annice, Synamon, Euphrasia, in Englishe eyebright, of eche a handefull, Grani Paradisi, Ginger, Fennell, Persly, Isope, Organny, Oliet of the Mountaynes, of eche a Dragme, Galingals an vnce, of Suger an vnce. Make all this into pouder, and eate of it euerye daye with your meate: for the sight is thereby preserued. And if your sight be perished or halfe gone, it will heale it and recouer it perfectly agayne. This pouder is founde and thus ordayned by Maister Gerarde, which tryed it vpon himselfe: for he hauing vsed spectacles the space of twelue yeares together, and yet scant coulde see with them, nor reade the greatest Letters that were (so muche was his sight perished) after he vsed this pouder but a whole Lent together, onely in this sorte as I haue tolde you: he recouered so his sight agayne, that al the rest of his lyfe after, he coulde reade the smallest Letter that was, very perfectly.

Against the payne of the flankes or the pluresie.

Take

TAke a wylde Bores tothe of the vpper Jawe, & the greatest, and make therof a pouder, wherof you shall giue the Patient to drinke with a little broth, and he shall be cured.

Against quartayne Agues.

TAke the grease or fatte that is vnder the manes of Horses, and seeth it in a newe earth pot: and when you feele the Ague come, annoynt the chyne of your backe, and you shall be healed in three tymes so doing.

To heale olde vvoundes and cankers of the legges.

TAke cuttings or shearings of Shomakers Leather, and seeth them, and the grease or fatte that you shall get of them, set it by it selfe: then take of the herbe that groweth at the foote or rote of Willowes, the finest that is, and the mosse that loketh lyke Veluet: dry it well and make it into a pouder: and lay of it vpon the wound, and with the sayd grease annoynt round about the wound, and he shall shortly be hole.

Against the Scurfe.

TAke Barrowes grease what quantitie you will, and seeth it with a glasse full of wine, and halfe a peunde of Beane floure in maner of an oyntment: then take Vryne or pisse, and heate it as hote as you can endure it, wherewith you shall washe your head, and then annoynt it with the sayde greale, and it shall be whole within fiftene dayes.

Against Ventositie, Collike or payne of the Matrice.

TAke a dragme of intrayles made in pouder, a dragme of Stecas, gyue it the Patient to drinke in a newe layed Egge, and she shall be healed.

For the hardnesse or brawne of the feete.

DIppe youre feete in hote Pisse, and when the hardnesse or brawne is molified, take a Launcet or Cyssours, and launce it rounde about: and then by and by put some iuyce of Synegreene vpon it, and the nexte morrowe

morowe it will be well.

To make very perfect Vineger.

TAke the cromme of a hote loafe newe drawen out of the Ouen, a Glaſſe of ſtrong Vineger, wherein you ſhal put ſome Ginger, Pepper, Pyrethrum of Leuant, Calamus Aromaticus, the which things being brayed and ſtamped together, you ſhal put into Vineger: Then take the cromme of a hoate loſe, and put it ſo that it maye receyue to it all the forſayde thinges. Then drye the ſayde Loſe in an Ouen, and make therof a pouder, and put the ſayde pouder in a Hoggeſhead of Wyne, and it will become very perfect Vineger.

Againſt the falling ſickneſſe.

TAke the Matrice of a Sowe, the which being made in pouder you ſhall giue to eate or to drinke vnto the Patient, and as ſoone as he hath receyued it, the ſickneſſe will remoue from the brayne, and ſpread into his fingers endes, tormenting him verye ſore: but whereas the ſayde matter ſhall aſſemble and come together, make a rupture: and the matter wyll come out as yellowe as Saffron, and he ſhall be quickly healed.

For children that be broke.

TAke whyte Paper, and chawe it wel with your teeth, and make therof a Playſter, as great as will couer all the Broke, binde it in a ſwadle bande with a linnen cloth: Then laye it to his Coddes, and make faſt the ſwathing bande: but you muſt renew euery day the Paper chawed, and he ſhall be whole.

Againſt the payne of the Splene.

TAke of the Lunges or Lyghtes of a Fore made into pouder, and vſe to giue to the Patient to drinke or to eate of in good whyte Wyne, and he ſhall be cured.

For to ſtenche bloude.

TAke mans bloud dryed in the Sunne, and make it into pouder, and if it chaunce that there be anye bayne broken

broken or hurte, whereby there commeth out abundaunce of bloude, laye of the sayde pouder vpon it, and it shall be stenched.

For to heale in foure dayes the scalding vvith vvater, or any other thing, vvithout oyntmentes or Playsters. It hath bene tryed and found true.

TAke an Onion and cut him ouerthwarte, and wring out the iuyce vpon the scalded place, doing so euerye day twice, and it will heale it.

For to stenche bloud.

TAke a sowre Orenge, and make a hole in the Toppe where the floure grewe, kepe that vpper piece that you shall take of, that you may afterward close vp the hole agayne: yet before you stoppe it vp, you shall take the suet or grease of a he Goate, the bignesse of a Walnut, and put it into the hole: then set the Orenge vpon the coales or embers, that it maye incorporate, and dissolue: Then annoynt along downe your back bone, and ouerwhart the flankes with the same licoure, and it shall heale you within three or foure times by the grace of God.

Against the vvormes in little Children.

TAke a Lamp full of Oyle Olyue, and laye an yron in the fyre, and when it is redde hote quenche it in the sayde Oyle in the Lamp: then annoynt thereof the nostrels, the throte and the Nauell, and straight way you shall see a great Miracle.

To heale the Emerhodes or Pyles.

TAke Dogges dung foure vnces, half a pound of common Oyle, put them together in a newe earthen pot and seeth them a little: then take out some of ỹ dung, and braye it vpon a trenchour: then seeth it agayne in the sayde Oyle, and put to it three vnces of newe ware, to the intent that all may come to incorporate together: and before you annoynt the Emorrhodes or Pyles with the same

same oyntment, you shall washe them with whyte wyne, and in foure dayes he shall be whole.

Against all kindes of payne and griefe.

TAke a glasse ful of the iuyce of Leucoron, which is our Winter Gyloser, or Violets sasking, and you shal sée a maruellous effect.

Against styfnesse or shrynking of sinovves, called the Crampe, or svvelling, comming of the vvound taken of some venimous beast, in Latine Spasmus or Spasma, or Convulsio.

TAke Hogges dung as much as you wil, half a pound of Dyle Roset: séeth all in a newe earthen potte, and laye it as hote as you can endure vpon the sore place, and it will heale it.

For them that can not pisse by reason of certayne grauell, and viscositie or carnositie, vvhich is abnndaunce of flesh.

TAke the iuyce of Radish rotes, of little Lekes which are founde vnder the grounde, and drye them, and make them into pouder: put all together, and giue euery morning a certayne quantitie of it to the Patient to drinke, and he shall be healed in short space.

Against deafnesse.

TAke a quicke Eele, and put him on a spitte alyue, and rost him: take the grease that commeth out of him: Then take a Garlyke head rosted vpon the coales or cenders, and take one Codde or huske of the same Garlyke at a tyme, and put into the sayde grease, and so put it hote into his eare, holding his eare vpwarde the space of one Credo, and you shall sée the filthy humours come out of his eare, and he shall be healed.

Against opilation or stopping.

TAke wylde or Marshe Mallowes, what quantitie you wyll, and séeth them in running water: then take of it about a glasse full hote with Suger Candye, morning

ning and euening, and you shall be cured.

Against the gyddinesse of the sight

GIue euery morning vnto a childe to eate some swéete Fennell, and let the same childe licke the Patientes eyes, and he shall be cured.

For them that can not brouke their meate, but vomite it agayne.

TAke Minte well stamped, and the crommes of bread burned in the fyre, and Vineger, and make therof as it were a sause, and spread it vpon some linnen cloth with the pouder of Cloues: heate it vpon a bricke or Tyle and laye it vpon his stomacke, and you shall sée a godly experience.

Against the head ake by to much drinkiug.

TAke Rue Leaues, and bray them with Vineger, and put Roses to them and bitter Almondes, and with this rubbe your head, and you shall be eased.

Against all the payne of the head.

TAke halfe a Dragme of Bay Berries, of Scammonia, and of Saffron a Dragme, bray al wel together with Vineger and Roses. And when your heade aketh, annoynt it where it grieueth you with this oyntmente, and you shall sée the vertue to be maruellous great.

Against the payne of the head that continueth alvvayes.

TAke leaues of blacke Iuye, and braye them, and put them with Vineger, oyle and Wyne, as much of one as of the other: séeth this together, and annoynt your forehead and your Temples, and it shall ease you verye much by Gods grace.

Another vvay.

IF the Patient thinke that his heade cleaueth in sunder by reason of the great payne: take Iuie, and make iuyce of it, the which you shal mingle with oyle Roset: and with a linnen cloute you shall annoynt fayre and softly his nostrels, his Temples, and his forehead. And if the

payne be vehement, lay some of it vpon ẏ scull of his head.

Another vvay.

TAke the brayne of a Crowe, and seeth it and then eate it: for there is none so great a payne of the heade, or none so olde, but that it wyll heale it with a singuler vertue.

Against the Migrame happening sodaynely.

TAke Bengewine, and braye it with Vineger, and annoynt your forehead with it, and your temples, and it will mitigate the payne.

Against itching of the head.

TAke a shepes Gall, and mixe it with whyte Chaulke and therewith rubbe your head, and let it drye vpon it, and it wyll heale you.

Against vlcers or scabbes of the head as vvell of men as of vvomen.

TAke the Gall of a Bull, and mingle it with Vineger, and hauing made it luke warme, rubbe your heade with it, and you shall finde a maruellous remedy by the grace of Almighty God.

Against olde and putrified vvoundes.

BRay Celandine, and then mixe it with olde suet, and laye it so vpon the vlcers or scabbes, and you shall be healed incontinent God willing.

For to keepe that the flesh grovve not to muche in a vvounde.

TAke the Lyghtes or Lunges of a shepe hote, and lay it vpon the wounde, and the flesh shall be equall with the skinne.

To heale and take avvay the scurfe.

TAke a handefull of Rue, and halfe an vnce of quicke Brimstone, and seeth it with good olde Wyne: and so washe your head with it: but yet your head muste first be washed with luke warme water, as men are wont to do most commonly, and it shall be cured.

For

For to kyll Lyce.

TAke the whaye that remayneth of Cheſemaking, and put to it a little Vineger, and drinke of it certayne dayes: and all the Lyce wil dye, and there wil breede no more aboute you.

Againſt the diſtillation of the brayne, and heavineſſe of the head.

TAke Beete rootes and braye them well, and then take the iuyce of them, and receiue it vp into your noſtrels. And that wil draw vnto it all the humour of the head, and cauſe it to come out.

Againſt Murres or Catares that beginne to growe.

YOu muſte abſtayne from ſupper, and from eating of any herbes, and from ſalt and fat things. For the Catarre commeth of indigeſtion of the meate, and by the rawneſſe of the ſtomacke. Therfore aboue all things you ought to abſtayne from fat meates. And when you are amended, you maye take your ſupper as before your ſickneſſe you might haue done.

For to reſtrayne the murre or catarre.

TAke fiue partes of Wyne, and the ſixte of Honnye, mingle all together, and let it cole, and make of it a Gargariſme.

A remedy for that diſeaſe when the haire of the bearde or head falleth of, of it ſelfe.

FIrſt you muſt ſhaue with a Raſour the place, and then rubbe it well with an Onyon: that done, take Barley parched and made into pouder, and mixe it with Beare ſuet, and ſo laye it vpon the place, and the haire will growe agayne.

To keepe that the haire ſhall not fall of.

TAke the pouder of Walnuttes, of heath Cypres burned, of the aſhes of a Mule or Muletts hoſe burned, of the oyle of Myrtell, the aſhes of Rats burned, and

their dung made in pouder. Also the ashes or fresh dung of a Hedgehogge, and some Sandaracha, in English yelow Oker: mixe all the sayde things with Vineger and softe Pitche, and laye it vpon your head, and it wil kepe your haire from falling of.

To make the haires of a mans beard or head to grovv.

YE shall take that which groweth sometyme in the hore or pasterne of an Asse, which is lyke vnto little warts, and burne them, and make pouder of them, the which you shall put in olde oyle, and then laye it vpon the place. This thing hath suche vertue that if a man annoynt or rubbe the iawes or chinne of a woman, she shall haue the haire growe vpon the same place.

For to make haires grovve.

YE shall take a Hedgehogge, and burne it all to coales, and put the pouder or ashes made fine and small, with Beares grease: and laye this oyntment ouer all the head of a balde man, and it will make his haire growe as fayre as euer it was.

For to curle haire a rare secrete.

TAke the Ashes of sheepes horne burned, and mixe it with Oyle, and rubbe your head often tymes with it: but you must be first polde.

For to make haire blacke.

TAke Swallowes dung, and put it in good Vineger in a Violl, or some vernished earthen potte, then burye it in a dung hill, or in horse dung, and leaue it so xxvb. dayes ful. And then annoynt your head, being polde, with this Medicine in the shadowe with a Painters pensill. But before you do thus, you must annoynt youre face with Deare suet, to the intent that none of the colour of the sayde oyntment doe spotte or blacke your face. And whyle this colour and dying doth dry, holde in your mouth some Oyle, to the ende that your teeth ware not

blacke

blacke with it: and the fourth day that you haue thus annoynted your head, you muſt waſh it well, and al is done.

To keepe that the haires vvaxe not hoare or vvhyte.

MIre the Aſhes of grounde wormes burned in Oyle, and rubbe your Combe with it when you kembe your heade, and your haire ſhall neuer chaunge colour in your olde age. It is a ſecrete that Women commonly vſe.

For to make the haires blacke.

TAke Cypre Leaues brayed, and mixte with Vineger: and annoynt your haire with it, and that ſame wyll dye your whyte haires into blacke, and in their place ſhall growe alſo blacke haires.

Againſt the payne in the eyes.

TAke rawe Cabbages, and braye them, and ſtepe in the ſayde iuyce of them ſome whyte breade, and annoynt your forehead, and it wyll take away the paine of your eyes.

Againſt the dimneſſe and daſeling of the ſight.

TAke Salt Armoniack burned and well brayed: and mixe it with the piſſe of a yong childe, and therewith annoynt often tymes your eyes, and laye of it vpon them, and it will take away the daſeling.

Another vvay.

TAke the iuyce of Fennell rootes brayed, put to it as much good purified honny, and ſeeth all with a ſmall fyre vntill it be as thicke as honny. Then put that in a boxe of braſſe. And when you haue néede mixe it with conſerue water or womans Mylke: and certaynely it wil put away the daſeling and dimneſſe of the ſight incontinent, if you lay of it vpon your eyes.

Againſt a vvebbe or ſpotte in the eye.

TAke the Gall of a whyte Cocke, and braye it wyth water, and laye it to your eyes or put ſome in youre eyes, and it will take awaye the webbe or ſpotte, and

will consume the droppes of blonde that are in the eyes, and strengthen the sight.

For to take avvay the hurtfull haires of the eye browves.

YOu muste plucke off the haires of the eyes diligently which hurte and hinder the eyes: and then annoynt the place with he Goates blonde hote, or Hares blond, or else of the blonde of a Batte or Minder Mouse, or rubbe it with the mylke of a Bitche, or with a nædle of Copper, which being ofte heated and quenched in Vineger, with the which you shall touch the place, and the haires wil neuer grow agayne.

Against all payne of the eares.

YE shall take a Scruple of the Gall of a Goate, and as much Honny, bray all together, and heate it in a fyre Panne, putting it into his eare, and stoppe it with Wooll, and it will heale all the payne, yea though there were a canker in it.

Against the payne of the eares and deafenesse, and for to purge the Apostumes or corruption of the eares.

MIre Bengewine and newe Goates mylke together, and put among them some of an Ore Call, and oyle of Cedar, as much of the one as of the other. Put al this luke warme into the Patients eares and it wil wonderfully appease the payne of them and comfort the weake hearing, and also the Apostumes of the eares.

Against the payne of the eares.

HEate wylde Boares pisse vpon the fyre, and put it into the Patients eare, for it is a singular remedy. The sayde pisse may be kept in a Violl of glasse, or better in the Bladder it selfe of the Boare.

Against the noyse or ringing of the eares.

MIre together the grease of a Gwse, wyth the iuyce of Saffron, and the iuyce of Garlicke, or Garliche brayed:

brayed: Then poure it into his eares, and certaynely it wyll heale him.

Against all infirmitie of the eares.

YE sh all tae grounde Wormes, and seeth them with gose greak: and droppe of the same decoction into the Patientes eares, and whatsoeuer payne it be it will heale it.

Against deafenesse aud hardenesse of hearing.

TAke an Ore Gall, and the pisse of a he Goate: Mixe al together, and put of it into the deafe eare and incontinent he shall be healed.

Against the payne of the eares, deafenesse, durt or filth, vvormes or vvater that is in them.

TAke the iuyce of Onyons, and mingle it with Honye, and then droppe it into the eares, and it will cleare and heale them.

For to stench bleeding at the nose.

TAke v. rye strong Vineger, and poure of it into the eare of that side that he bleedeth, and if he bleede of both sides, put Vineger into both his eares, and it shall stenche it.

To heale the sickenesse called Noli me tangere.

TAke the iuyce of the herbe called Dracunculus, or Serpentine, & put of the same iuyce into his nostrels, or dip in a linnen cloth, & lay vpon the sore, and the nexte daye take it away, for it will bring with it all the rootes of the sore.

Against stinking of the mouth.

TAke the roote called Acorios, or Calamus Aromaticus, and chawe of it fasting, as it were Mastiche, holding it a good space in your mouth, and it will make you haue a sweete breath and mouth.

Against the Tooth ache

TAke the roote of Iusquiam, and seeth it in Vineger, and holde of the decoction thereof in youre mouthe,

and it shall heale you.

Another vvay.

TAke grounde wormes, and seeth them in Oyle, and then bray them well, and put of the decoction into the eare, on that side that the aking toth is of, and the payne wyll ceasse.

For to make teeth fall out.

TAke grounde wormes, and burne them vpon a redde hote tyle, and then take the ashes of the sayd wormes so burned, and put it into the hollow and aking teeth, and couer them with ware, and they will easely fall out without any payne at all.

For to make teeth vvhyte that be blacke.

TAke whyte bread and of a Pommise stone, as muche of the one as of the other, burne all together, and make therof a pouder, wherwith you shal rubbe your teeth, and they wyll be very whyte.

For them that be hoarce.

YOu muste swallowe downe, three mornings together the yelke of a newe layd egge rawe.

To heale the disease called the kings euill.

TAke Barley floure, Liquide Pitch, Ware, and oyle of equall quantitie, mire all together, and seeth it well, and put into it a little pisse of a yong childe, and stirring it well about, laye it vpon the sore in maner and forme of a playster, and it will heale it.

Howe to knowe the kings euill.

TAke a grounde worme alyue, and laye him vpon the swelling or sore, and couer him with a leafe: if it be the kings euill, the Worme wyll chaunge and tourne into earth, if it be not, he wyll remayne whole and sounde.

Against

Against the cough, and distillation of the brest, and lungs, and running of the eyes, payne of the bladder, and vvhen the pype of it is stopped, vvhich causeth that a man can not pisse but vvith great difficultie. Also for those that spitte bloude at the mouth, or pisse bloude: and for the flixe, and collicke, and payne or heauinesse of the belly, and choler, and also against a vomiting vvithout an ague. Also against all payne of the body except of the head, and especially against the vlceration of the lungs, if you giue the Patient an electuary, or tvvo of it.

Take fyre dragmes of Myrrhe, fiue dragmes of Frankencense, foure dragmes of the iuyce of Poppy called Opium, fyre dragmes of Saffron, foure Dragmes of the seede of whyte Iusquiam called Henbane, and foure dragmes of the pill or ryne of the rote of black Iusquiam: you shall beate into pouder the sayde barke or ryne by it selfe, and sift it fine and small thorowe a Sarce or Siue, and then grinde the Saffron: and then the seede of the white Iusquiam or Henbane: & then after the Myrrhe & the Frankencense. With the which you shal mire the Iuyce of the Poppy, hauing bene layed before in water. And this done, you shall put straught waye to it a little water, to the intent you maye make therof Trochiscos or little Balles or Tablettes, of the weyght of half a dragme. You shall take of it at night with three mouth fuls of water. This prouoketh sleepe, and allwageth all griefe, as is afore sayde. If you wyll you maye make Pilles of it: for it is all one, as concerning the vertue of it.

Against all vehement Coughes.

Take the iuyce of Leekes brayed, and seeth it with oyle, and giue it to the Patient to drinke, and it shall profite him greatly.

Against the cough be it neuer so great.

Take

TAke Brimstone made in pouder, as muche as you can take vp betweene your three fingers: Giue ỹ same vnto the Patient with an Egge halfe rosted, before breakefast, fiue dayes together, if it be a man, but if it be a chylde three mornings. And there is no cough so vehemente, but it wyll heale it within the sayde tyme God willing.

For one that hath swallowed downe a bloud Sucker.

TAke Vineger wherein there hath bene first quenched some redde hotte yron: and into the same put some Butter, and heate it by little and little, and giue it him to drinke, and it will make the bloude Sucker come out. It hath bene proued.

Against an olde an inueterate cough.

TAke quicke Brimstone, and beate it into pouder, and wrap it in olde Hogges or Barrowes grease: And then the first daye giue three Pilles thereof vnto the Patient, the seconde day two, and the thirde day one. And the sayde Pilles muste be made so that he may swallowe them downe.

Against the bloudy flixe comming of the artere or sinewe of the lungs, or of the Lyuer.

TAke the rote of Comfire called Marquerites, and wash it in colde water and scrape it with a knyfe of Iuery or bone. Giue vnto the Patient to drinke two vnces or more of it, and as muche as he can eate. But note that he muste not touche any Vineger that day, thoughe it haue great vertue to stay the bloude, for truely it taketh awaye the effect and vertue of this rote, if you giue him anye with it.

For to restraine a great and vehement vomiting.

TAke a little quicke Brimstone, and as muche of the scraping of a Hartes horne: all being brayed & made in pouder, mingle and temper it in a softe Egge, and drinke it, and it will stoppe the vomiting.

For

For them that can not keepe their meate in their stomack but vomite it vp agayne.

YE shall take a little Aloes and giue it them to drinke with colde water, and it wyll make them kepe their meate in their stomack.

To quench and assvvage thirst.

YE shall take water and Oyle mired together, and heat it a little, and drinke, and vomite it vp agayne by and by. And if néede be, doe so agayne, and it will quench your vehement thirst.

Another vvay.

YE shall take the yelke of a Henne Egge halfe rost, and mired with Oyle, and swalowe it downe, and it will take away your thirst.

Another.

YE shall take a stone in a Fountayne, and laye it quickly vpon your tongue, and holde it so a whyle and it wil quench your thirst.

To stoppe the Hicket

TAke a spone full of Vineger made of the herbe Scilla Squilla, and drinke it, and by and by the hicket will ceasse, by the grace of almighty God.

For to stoppe the Hicket that commeth often.

TAke hote water, and put your handes into it, and hold them there a good whyle, and the hicket will ceasse, it hath bene proued and found true.

A soueraigne remedy for them that haue vvry necks by reason of shronken sinovves, also for them that haue the goute.

TAke the stones of a Beuer, called Castoreum, whyte Pepper and Perseley of eche equall quantities: bray all together and sift them. This done, take a spone full of it, and put in so much honny, and two mouth fuls of hote water, and giue it the Patient to drink before breakfast, and he shall be healed.

To take avvay the smelling vnder the arme holes.

Take

TAke verye olde Bengewine, and make it into pouder, and sift it: and then rubbe your arme holes with it, and they shall smell well.

Against Apostumes and svvelling at the roote of the nayles.

TAke an Akhorne brayed with sope, and lay that vpon it, and they shall be well.

To make a mans nayles grovve incontinent vvhich be fallen of.

TAke the herbe that is called Pentaphillon or Quinquefollium, in Englishe Cinkfoyle, and bray it with any grease: and laye it vpon the place and the nayle will come agayne incontinent.

Against the disease called Mentagra or Lichen, vvhich is a foule breaking out or couering al the face vvith a scabbe and beginneth at the chynne.

TAke the fresh braunches of a figge tree, and seeth them in Vineger, and then braye them well, and with this annoynt the sore, and vndoubtedly he shall be cured and healed immediatly.

To take avvay the scabbe of a running tetter, or Ryngvvorme of the face.

TAke the rootes of wylde Colcumbers, and seeth them vnto the thirde parte, then braye them well, and put to them some Lytarge of Siluer, & some Brimstone in pouder, as much of the one as of the other, and put to it also a little Vare: and then rubbe and annoynt the sore place with it, and it will heale it.

Against Burgeons and pushes in the face, asvvell by the heate of the Sunne, as othervvise.

TAke the yelke of an Egge and braye it with Honnye and Ceruse, and so annoynt your face with it, and it wyll cure them very well and perfectly.

Against all spottes, pimples, pushes, or vlcers in the face.

Take

TAke Paſticke, and the herbe called Lappa maior, in Engliſh clotte or great Burre, Sope, Mare, olde Oyle, Lytarge of Siluer, as muche of the one as of the other: mingle all together, and ſeeth it like an oyntment, and annoynt the place with it, and it will heale it.

To take avvay the blackneſſe of the necke, and ſpottes of the face.

TAke Beane floure and temper it wyth the Juyce of the inner parte of Pompons, and make thereof eyght Trochiſci or little Balles, which you ſhall drye in the ſhadowe. And when you wyll goe to your bayne or bath, you ſhall take as muche as you ſhall thinke good of the ſayde Balles, which you ſhall breake and mire wyth Water, and annoynt the blackeneſſe or ſpottes with it before you enter into your bathe. And when you beginne to ſweate, then rubbe the places wyth it, and waſhe them, and the ſpottes wyll goe oute. It is proued and founde true.

Againſt the bruſing of the face by a fall or ſlyp.

TAke the Ryne or barke of a Radiſhe rote, and bray it well, and mire it with Honny, and annoynt the place and it will heale you.

Another vvay very good

YE ſhall take newe ſofte Cheeſe made of Goates mylke, bray it with Honny, and lay it vpon the place, and couer it with a clothe, and it wyll take away the bruſing immediatly by the helpe of God.

Againſt vvartes and malanders.

YE ſhall take the Herbe called in Latine Scorpius, becauſe it hath ſeedes lyke vnto a Scorpions tayle: bray it well, and put to it a graine of ſalt, and laye it vpon the wartes, and they will fall of.

Againſt

Against swelling of the stomack, payne of the raynes, grauell, flegme, collicke, the Emorrhodes or Pyles: also to stay the floures of a woman, and for those that haue an infected lyuer and splene: also for those that cough ordinarily, and for them that haue the falling sickenesse.

TAke an vnce of the rote of Enula campana, three vnces of Fennell seede, two vnces of black Pepper. Stamp eche of these things by them selfe, and sift them verye fine. Then put all into Honny halfe sodden, and giue the Patient of it the quantitie of a Hasell Nut with hote water. Some take it with Oximell, other some with Wyne, and other take it alone in a spone, to make them pisse the stone and grauell.

Against the payne of the Splene.

TAke a Dragme of the rote of Enula campana, dryed and made in pouder, and then sift it fine, and giue it the Patient fasting with olde Wyne, and this wyll cure the Splene.

Another.

TAke Cucumis auquimis made in pouder, as muche as you can take vp with your three fingers, and braye it with Wyne, and giue it the Patient to drinke before breakefast, and it will take away the payne.

For the payne of the loynes or haunches.

TAke the rote of Iris or Gladiolus, and braye it with quick Brimstone and Beares grease, and laye it vpon your Loynes lyke a Playster, and you shall finde a soueraigne remedy.

Against the swelling or vlcers of the raynes of the back, and kydneyes.

TAke the leaues of dry Roses, the seedes of blacke Poppye, and the kernelles or Berries of Pyneaple, of eequall quantitie. Stampe eche of these things by it selfe,

selfe, and mingle all together, and take of it the bigneſſe of a Walnut, and put it in two mouthfulles of Wyne ſodden, and three of Water, and giue it the Patient to drinke, and it will heale him although he piſſed bloud.

Againſt the payne of the grauell, and for to make a man piſſe.

YOu ſhall take a little Amber ſtone, of the rote of Cyperus, and of blacke Pepper, ſtampe it, and then ſeeth it, and giue it to the Patient to drink a ſpone full faſting, and it will make him piſſe, and aſwage the payne of the grauell.

Againſt the payne of the raynes.

TAke a pounde of wylde or Marſhe Mallowes, freſhe ſheepes dung, and the old leafe of a Hogge, which is the fatte that lyeth by the back, and the ribbes, which huſbandes vſe to rolle vp and keepe to make ſalues, of eche two pounde: Stampe theſe things and mingle them together. That done, laye it vpon Woll new ſhorne and vnwaſhed, and ſo laye it vpon the raynes of youre backe in maner of a Playſter, and it will ſhortly take away the payne.

Againſt the grauell.

TAke the rotes of Aſparagus, in Engliſhe Sperage, of Saxifrage, the rote of clotte or great Burres, the rote of Smallage or Alexanders, the rote of Ebulus, in Engliſhe Wallworte or Daneworte, three garlyke heades, the Leaues of Willowes, and a little Perſley. Stampe al theſe thinges and mingle them together, and giue the Patient to drinke of it three mornings with ſodden Wyne, or with ſome ſweete Wyne, or Wyne made ſweete wyth Honnye, and it will make him piſſe the grauell.

Againſt the payne of the Bladder and grauell.

TAke the ſkinne of a Hare newe flayne, and put it haire and all in an earthen potte, or laye it vpon a cleane tyle,

tyle, and that done put it to the fyre, so that you maye make a pouder of the same skinne, the which pouder being sifted, you shal kéepe in some cleane vessel. And when you shall néede it, take thereof thrée sponefull in youre drinke: which thing sone appeaseth the griefe of the Bladder, and the grauell. Neuertheleſſe the remedy woulde haue greater vertue, if you toke the whole Hare alyue, and put him in a newe earthen potte, and stoppe all the holes wyth Playster or with clay, so that there come no ayre out. Thē if you put the sayde Potte into an Ouen, and let it burne with a small fyre, and when it is thoroughly burned, make it into a verye fine pouder, and sift it finely, and then vse it for your purpose.

This is very good for them that haue the grauell, and that pisse bloude, if it be taken with a little Wine.

Against the bloudy flixe, or fretting torment in the belly.

TAke Wylke, and quench hote flint stones in it, or else some hote yron, and that done dyuers tymes, giue it to drinke vnto the Patient (prouided that he haue not the Ague) and he shall be healed.

Against the strayning, fretting, and gryping of the belly.

TAke seauen or nyne of the long and redde Berryes of a wylde Rose trée, and let them be rype. Bray them well, and giue to the Patient with olde wyne, if he haue not the Ague: but if he haue the Ague, giue them him with water. And if néede be, you shall giue them him so thrée dayes together, and he shall finde it a soueraigne remedy.

For those that haue fretting and gryping in the belly, and the Laxe.

TAke the yelke of Egges rawe or rost, wylde grēne Kealings, Galles, as muche of the one as of the other in waight: Myxe all together in brayīg it, and

giue

giue it to the Patient hote, & he shal be cured by the grace of God.

Against the Collycke.

TAke a Henne a lyue, and see that she eate not in two dayes: then kyll hir and take the lytle skinne that is in hir breast, or throte bole, and drye it and make it in pouder, the which you shall geue the Patient, with some harsh or grosse wine somewhat sharpe. And the Patient must be fasting, and not hauing supped the night before, but kepte in a good diet.

Against the paine of the Collycke comming sodainly.

TAke the héele of a Hare, and cary it about you, & the sodaine collicke shall neuer take you.

Againe of the paine of the Guttes or Bovvels.

YOu shall take Baye leaues, and séeth them in water, & giue the Pacient drynke of thys decoction and he shal be healed.

For to stoppe the Laxe.

TAke the rootes of Hartes horne next to the heade, and make a fyne pouder of it with a syle: and of this pouder giue a dragme vnto the Pacient with redde wine a Goblett full: and this will stoppe the laxe if he vse it thre mornings.

Against the fretting of the belly or laxe.

YOu shall take one Pomegranade or manye, and put them in an earthen potte, the which you shall stop wel, and lute about with Potters claye, to the ende there come no aire oute. This done, set it in an Ouen to be burned: then the Pomegranade being well made into pouder kéepe it. And when you haue any fretting or grippyng in your belly, comming sodainly, drynke a lyttle of the same pouder with wyne, and you shall be sone cured.

For to knowe a secret or hydden desease of any man and to heale the same.

TAke a yong Whelpe that yet sucketh, and let him lye nyght and day with the man the space of three dayes, during the which tyme the patient shall take milke in his mouth, and spitte into the Whelps mouth. Then take the sayde Whelpe and cleaue him in peeces, & you shall know the sicke part of the man by that of the Dogge, which you shall see either infected or whole and sounde. For certainly the Whelpe draweth to himselfe the secrete and hidden disease whereof he dieth, and the man shall be healed, & you may burye the Dogge.

For them that voyde bloude at their foundement, and for those that haue theyr bloude broken.

YOu shall take the yong springes of Nettels very tender, bray them well in a morter, and take the iuyce of them, and giue it the Patient to drynke alone in the morning, or with some strong Vinegre and colde water, three dayes together, & there is none so corrupt bloude but it will purifie, nor no Lare so great but it wil stoppe it.

Agaynst the Wormes that ingendre in mens bodyes.

YOu shall take the galle of a Bulle, and dippe some Woll in it, and lay it vpon the Nauell, and it will make the wormes come out of the bodye.

Against the gryping of the Belly, and desire to go to the stoole and yet do nothing.

TAke colue milke sodden, & geue the Patient oftentimes drinke of it, and he shall be whole.

Against the payne of the Collycke.

TAke the lytle byrde called in Latyne Vpupa, in Englishe a Lapwing, and burne her whole with her fethers, and take of the Ashes, and giue it the Patient to drinke in wyne.

Against the Vlcers or fystules in the foundement of a mā.

Take

TAke Date stones and burne them and then make thē into a fine pouder, and laye oftentymes of the same vpon the fistules or vlcers, or vpon the hole of the foundement, & he shall be whole.

For to heale the Emorrhodes, or those that lose their bloude.

TAke Lekes and braye them well, and take the iuyce of thē, the which you shall giue the Patient to drinke before breakfast, and the Emorrhodes wil sone ceasse by the grace of God.

Agaynst the Vlces of the Foundement, and agaynst the disease called commonly sainte Fiacres syckenes.

TAke the pylle or ryne of a Pomegranade, breake it & seethit in good wyne, and bray it wel and lay it vpon the sore place lyke a plaister, and it wil without fayle heale the disease.

For to rype or breake an Apostume or swellyng in the gryne.

TAke Nasturtium, and bray it with pitche, & lay it vpon the swelling or Apostume, and he shalbe whole.

An other.

TAke vnslekt lyme, two Garlicke heades, the yelkes of thre egges, mingle all together, and lay it vpon the sore place lyke a plaister: this will put awaye all the payne and swelling of the Apostume.

Agaynst hurt or flavving of the skyn by chafing and goyng either of the feete or betvvene the thighes.

TAke a Morter of Leade, and a Pestle of the same, and put in the sayde Morter some Oyle Roset, and the yelke of an Egge: the whiche thynges you shall grynde vntyll they become thycke: and tyll some of the

leade be mingled with the saide oyntment. And when it is thick like a plaister, spread it vpō a fine & soft linnen cloth and lay it vpon the payne, and continue thus three dayes vntill the payne be whole.

Against the svvelling and paine of the soles of the feete.

TAke the Mosse that groweth in the water, but let it be grēene, braye it well with oyle Olyue, and laye it vpon the place with a linnen cloth, and it wil ceasse the payne, and take away the swellyng.

To make vvartes fall of.

WHen you kyll a Hogge, let hym that hath the wartes receyue the bloude euen hote vpon the place where the wartes bee, and assone as it is drye let hym washe it of. And if it be a woman that hath these wartes, shee muste take the bloude of a Sowe, and shee shalbe healed of them.

For to take avvay the felons and Cats haires, vvhich breake out vvith vvheales in the fyngers, and also knoppes growing in the feete

TAke grounde wormes, stampe them, and wyth a litle oyle laye them vpon the sores, and they wyll bring thē away, and heale them.

For to assvvage the payne of the goute quickely, and for all griefe of the feete

YOu shall take grounde Wormes, and put thē in Vinegre, that they may purge them selues of all the ordure and fylthe. The next morning wype them drye, & put nyne vnces of them in a pounde of grease, braying them a good while, to the intent you may incorporate thē, and therewith annoynte your Feete, and the payne shall ease.

An other vvay.

Take

TAke a Fore and seeth him wel, then straine the decoction of him thorowe a linnen clothe, wherewith you shall bathe and washe oftentimes your sete, & it wyll take away the payne.

For to get out any thing that sticketh in a mans body, as thornes and suche other.

TAke a peece of a Sponge or Wolle dypped in pisse, & lay it vpon the thyng that sticketh in the flesshe, and it wil come out without paine. Or els take some larde and seeth it in it owne grease, & then laye it vpon the sore place and bynde it, and it wyll drawe out all thyng that sticketh in the flesshe.

Here foloweth certaine receiptes against the Plague.

A composition preseruatiue against the Pestilence, excellent as it were Tryacle or Mythridatum.

TAke Pympernell dried, an vnce and a half, Sordij veteri, rootes of Gentian, Imperatorie, Zedoariæ, of eche fiue dragmes, Calamint, Apiastrum or Citraginis, Enula campana rootes, Tormentillæ, whiche is a kynde of Cinkfoyle, Bay berries, the sede of Carduus benedictus, which is one of the kyndes of the herbe called Atractilis, an Orenge or Citron, Oxalidis, which is a kynde of Sorrell, Bole armenicke prepared, of eche three dragmes Lycoras scraped Glycanisi seminis, the sedes of Scatiola, which is Intibus satiua, of the kyndes of Endiue and Succorye, Cynamomi exquisiti, of eche two dragmes, Cyllo flowers, redde Roses, Coriander prepared, the sede of Basill, Corticis citrij fixi, Santali lutei vel rubri, Agolochi, that is Xilaloe, vel ligni aloes, the scraping of Iuorie, red Corall, Pearles, of eche a dragme and a halfe: Saffro two scruples. All these being beaten very small, mingle them

with Sugre of equall quantitie, or else with Oxymelite or Syrupo acetato, or Oxy facchata, or rather the Syrope of Lemmons: But vnto weake stomacks contrary let it be made lyke to a liquide confectiõ, either Opiatæ vel Massæ, or else let there be an electuarie per tabellas, of a Dragme weyght, or foure scruples, yf you adde vnto euery vnce of Sugre a Dragme of the saide pouder. You shall take of it two or three houres before your meales. If it be pouder, the quantitie shall be a Dragme or halfe a dragme at the least, with some conuenient licour of those which are now named. If it be Opiatæ, the quantitie of a Chestnut or Walnut. If it be in forme of a Masse and thicke, you shall make two or three pylles or moe very soft for to take at one tyme, drinking after it some such lycour as I haue alreadye spoken of. When it is in lytle tablettes, you may take one or two.

An other composition in pouder or in another maner for the same.

TAke the rootes of Angelica, Gentian, Zedoaria, of the rootes of Tormentilla, ỹ seedes of Oxalidis citrij mali, Cynamome elect, with a rinde of Calsia, of yellowe or red Sandale or Sanders, Carduus benedictus, of eche two Dragmes, the pylle of an Orenge, a dragme & a halfe: the scraping of Iuorye a Dragme, redde Corall halfe a Dragme, of the best Suger lyke weyghte, put to all these things as the pouder shall seeme pleasaunt and good. Or if you wyll seeke another way as is spoken of the first preseruatiue. As concerning the quantitie of this compositiõ at euery tyme, and the tyme of vsyng it, let it be as the other before. But if you will haue them bothe, let them not be of lyke sorte, but in the one in pouder or in tablettes, the other in Opiate or Masse with pylles.

Common pylles verye good for the same.

TAke Aloes probatæ & lotæ, two vnces, of Saffron an vnce, of good Myrrhe as much, or els Myrrhe and Ammoniacum.

moniacum dissolued in white wine, of eche halfe an vnce, mixe them together with honny rosat. And in winter you may put to it Zedoaria, Agallocchi or red Sáders of eche a Dragme. But in sommer take away the Myrrhe & Ammoniacum, and put to it Bole armenicke prepared three dragmes, redde Corall halfe a Dragme, Camphyre halfe a scruple. You shall commonly take a pille or twaine before your meales. Sometime you shall procéde vnto a Dragme after your first slepe.

Antidotes or medecines preseruatiues and comfortable, of small cost, easye to fynde and prepare for poore folke.

1 TAke Garlyke, & drinke a litle wine after it: or a figge with a Walnutte and Rue and a lytle salte specially in Winter.

2 Take twentie leaues of Rue with two Walnuts and as many fygges, and a grayne of salte, al being mixt togeather receyue it in the morning.

3 Take fyre leaues with Rue and Vinegre.

4 Take the rote of the herbe called in Latyne Imperatoria, of some Laserpitium gallicum, in Englishe Pellitorie of Spaine.

5 Take the rote of Angelica,

6 The rote of Gentian.

7 The rote of Zedoaria.

8 Of Carduus benedictus.

9 Of Carlina.

10 Take the herbe called Scordium, of the one, of the two or of moe, in small pouder the quantitie of a Dragme, eyther in a softe malle made with sodden Honny and Vineger, or with some handsome Syrope, as of Lemons, or in Opiate, the bygnesse of a Chestenutte or of a Cyche peare with Wyne in Winter, in Sommer with Rose water, or with the Juyce of Sorrell.

12 Take Sorrell alone, or with Pimpernell tempred in Vinegre, and drynke of it in the morning.

13 Or the Juyce of them, wherewith you may make a tosse in Sommer.

14 Or Jenyper berries, grene Pimpernell leaues, of Betonye, of Pulegion, of Sorrell, as muche of the one as of the other, brayed together, sodden with sodden Honnye, and a lytle Vinegre lyke a conserue.

An other medicine.

15 Take Jenyper berries, Bole armenicke, of eche two Dragmes, or of equall weyghte. Being stamped let it be layed in swete oyle and Vinegre, or in Drimilite, in a meane forme, either Opiate or Masse.

If it be Opiate, take aſmuch of it as a Chestnutte. If it be Masse take one great pille & drynke after it a litle Hydromel or Drymel, or wyne.

The things of sauour or svveete smell, as pouder, balles, vvaters, parfumes, and fyrst a pouder for many purposes.

TAke Iris florentiana, foure vnces, of Maioram in Latine Semsuchum, reede Roses, Cloues, of eche an vnce, Millefopholi, Nucis odorate or Muscate, Zedoaria, Cynamome, Agallochi, yellow Sanders, Mastycke Storax calamita, Bengewine, of eche halfan vnce, calami odorati, spici nardi radicis, of eche a Dragme: Iuncus odoratus two scruples.

Make of these a pouder to smell, to be beaten and broken in some peece of sylke or fyne linnen clothe. Beate also these thynges grossely for to parfume and to washe your head and beard: or elles let them lye a certayne tyme in whyte Wyne and Rose water, and afterwarde strayne them. And kepe that whiche shall be strayned for to vse when you wyll, or lette them be styled in some double vessell, that there may be Aqua aromatica. As I saide it is to parfume your chamber morning and euening, beyng layed

layed vpon coales, or this pouder to gyue a good odour kepyng it about you, or in soe place betweene your garments and linnen, or to make a lytle bagge of it, and to mire it with some lyt our meete for to washe your heade & bearde, or otherwise to wet your hãdkercher in it, or some peece of spõge to swel, or to make distilled water of it, for to smel to.

A Parfume.

TAke coales of Willowes eyght vnces, Ladani puri, two vnces, Frankencense of the male kinde of the Wode, & berries of Jeniper of eche an vnce, Agallochi, or Xilaloes, Bengewine, Storax calamita, of eche half an vnce, Nutmegges, yellowe Sanders, of eche three dragmes, Cloues, Storax liquida, of eche two dragmes, Zedoaria, Calamus aromaticus, of eche a Dragme, Gumme tracaganthæ dissolued in Rose water sufficiently. And make lyttle parfumes of what fashion it pleaseth you.

A smellyng ball.

TAke pure Labdanũ two vnces, Bengewine an vnce and an half, the coales of Willowes an vnce, Storax calamita, sixe Dragmes: Iris florentiana halfe an vnce, Cloues three dragmes: Maioram, yellow or redde Sanders of eche two dragmes: redde roses, Calamus aromaticus, of eche two scruples, Leuigentur. Then take the oyle of swæte Almõdes, Bengewine, of eche sixe dragmes: Storax calamita halfe an vnce. Let these things seeth together with sixe Dragmes of Rose water.

Then straine it, & let that which is strained be soft made with two vnces of white ware, & Storax liquida, a dragm. Make it lyke a Cereatum or plaister, with the whiche the other things must be stamped & incorporated with a hote pestell. Put to it a Dragme & a halfe of Muske, or els two scruples.

An other svveete Ball meeter for the Sommer.

TAke redde Roses and Violets, of eche three vnces and a halfe, the berries and leaues of Myrtle, yf you can get them,

them, coales of Willowe, of eche an vnce: Jenyper berries, the Pilles of Orenges, of eche fyre Dragmes, yellow or redde Sanders two dragmes: Bengewine a Dragme, Camphyre two scruples. Make herof a pouder. Then take oyle of Roses an vnce and a half, Storax calamita, Bengewine of eche two Dragmes: an vnce of Rose water, or as much as shall suffise. Make that soft that is strained with two vnces of whyte ware. Make a Ceratum, and beate all the rest together with a whote Pestell. Put to it a litle Muske, fiue or fyre graines.

Outvvarde remedies to purge the ayre, the easiest, the presentest, and those that are of the smallest pryce for men of small habilitie.

PArfume some Jenyper berries of the rote cloven asunder and dried, and of the other drogges before mencioned for the first outwarde remiedie.

2 Vinegre alone or mixte with rose water, for to sprinkle your chamber.

3 For to holde oftētimes in your mouth, & chaw, namely when you go out and kepe company with men, there also the Pille and sede of a Citron, which gyueth a good odoure Cinamome, Cloues, the rotes of Anglica, or Zedoaria, & such lyke, as are afore mencioned.

4 For to smell with a Sponge, or with a Handkercher daye and night, Malmsey, or other strong wyne & swete, as Muscadell alone, or else with rose water, wherein there hath bene tempred some aromaticall drogge alreadye spoken of, as Cloues or Nutmegs.

5 Or good Vinegre twice as much as of colde water with a litle Camphyre, specially in Sommer.

A pouder agaynste the Wormes.

TAke Coriander, prepare fiue dragmes, Jenyper berryes three Dragmes, Southernwode, Hartes horne,

Corallus

Corallinæ, of eche two dragmes: whyte Agaricke newe made in balles: Nutmegge, Cynamome elect, of eche two scruples, make of this a meetely fine pouder.

The whole summe of the regiment and gouerning of a mans selfe.

1. IT is necessarie that you be kept neat and cleane & all thinges in your house, flying diligently and as muche as you can all euill ayre.
2. Auoide al excesse and superfluitie, specially in drinking and eating, and from women.
3. Also from trauaile, and from excesse in sleping and watching.
4. Beware of moyst meates and corruptible, and of al thinges that is cause of rawnesse, & other euill humours.
5. Liue soberly, drinke and eate at ordinaty houres, & in good order.
6. Take your reste, and vse some neate and good exercise or occupation.
7. Mayntaine & keepe youre naturall or accustomed voyding.
8. Be mery.

A soueraigne pouder against the venyme of the plague, for rych men and Princes.

TAke Saphyre, Hyacinthe, Smaragdus, of one of these, or two, or of all, one Dragme: of Pearles, Bole armenicke of the best, the seedes of Oxalis, of eche two dragmes: of the scraping of Iuorie two scruples, of Vnicornes horne a scruple: of the seedes of Ocimum, halfe a scruple, yellowe or redde Sanders: Agalocchi, or Xilaloes of the best. Doronici, Cynamome erquisite, saffron, of eche three graines, Mulke syre graines. Make hereof a fine pouder. You maye leaue out the Mulke for them that loue it not.

The vse of ỹ saide pouder and for other that folow shal be declared

declared afterwarde.

A pouder for poore folke, of no lesse efficacie and strength than the seconde.

TAke Bole armenicke of the best, two Dragmes: the sede of Oxalis thrée Dragmes, Aloes hepaticum lotum, redde Corrall, of eche a Dragme, the pouder of Diamargariti frigidi, two scruples: the pouder of Diatrio santalon, eyght scruples, the pylles of drye Orenges, Cloues, Cynamome, Saffrã, of ech fiue dragmes. Make thereof a fyne Pouder. You shall vse the saide pouders with Conserues, or without them, with Syroppes, distilled waters, or rather with Iuices, and other such conuenient lycours.

A drynke for poore folke, and in places, vvhere there is none or very lytle Iuyce, eyther of Syrrope, Cytrons, Lemons or Pomgranades.

YOu shall take the pouder prescribed for poore folke Conditi rosati, or conserue of Roses, Conditi boraginis, or rather coraginis, of eche a Dragme and a halfe: of the sucke of Oxalis, two vnces, Succi arantij, Succi coraginis extract with Rose water, of good white Vinegre, of eche an vnce, and make thereof a drinke.

A drynke often tymes tryed profytable and vvholesome, the vvhich as many men say, vvas neuer founde vaine.

TAke pouder of Motherworte, of the firste, or of the seconde two dragmes: the sedes of Sancti, or of Orenges: of Myrrhe, of ech a dragme: ẏ scrapings of Harts horne a dragme, mire thẽ together well beaten. You must drinke this with white Vinegre before a fyre: & as soone as there appeareth any swellyng in the gryne or flanke, or vnderneth the arme holes, or any where else, the remedy must be ready: for it prouoketh great sweate wherby the venim or infection auoydeth in euery parte.

The

The Paciente thus ſweating his infected ſweate beſyde a fyre, muſte be rubbed and dried with hote linnen clothes, whiche muſt be alwaies chaunged, vntil the ſauour of the ſweate be gone with rubbynge.

Of the ſayde pouders alſo a man may make conſerues or Opites after this maner that foloweth.

Opiate.

TAke of the fyrſte or ſeconde pouder, Drenge pilles conſerued, of eche an vnce and a halfe, Conditi roſati, that is to ſay, the conſerue of Roſes, the conſerue of Bugloſſe, of eche two vnces, of the ſyrope of the iuyce of Cytrons or Lemons or Drenges, or elles of Oxalis or Omphacini, as much as ſhall ſuffiſe. Make thereof a liquide electuarie in forme of an opiate. Whereof take an vnce or more, and drinke after it ſome of the foreſayde lycours, and ſuche as here followe. It ſhalbe well done, to mingle an vnce of Purcelane with the licours as foloweth.

A drynke meete after euery taking of the ſayde opiate, or to be mixte vvith the takinges of the ſame opiate, for the ſtrongeſt or meaneſt men accordyng to the place and tyme.

TAke the Iuyce of Citrons or Lemons three vnces, of the wyne of ſowre orenges, of whyte Roſe water, of eche an vnce. And mixe them together.

A drynke for poore folke.

TAke the Iuyce of ſorrell verye cleare three vnces, of bitter or ſowre Drenges, good white and cleare Vinagre, roſe water, of eche an vnce. Make thereof a drinke, putting to it a lytle Sugre if you will.

A drynke to cauſe them to ſvveate.

TAke good triacle or Mythridatum a dragme, bole armenick of the beſt, or of the pouder of one of the herbs called Cardiacæ afore diſcribed, halfe a dragme: Scaboiſe water two vnces: water of Oxalis, Bugloſſe or Borage

rage of eche an vnce: and make thereof a drynke.

An other drynke easy for poore Folke.

TAke the decoction of Scabiose, & of the flowers of redde Poppye a glasseful with a little Sugre. Or a Ptysane made with Barley & Anyce sæde & the rootes of Persly, or of the decoction of Cyche peason, the rootes of Persley, the rootes of Succorye: the one or the other decoction wyth sharpe Syrop two vnces, or with Sugre or a lytle whyte Vinegre.

These drinkes must be taken whote, the Patient being well couered in his bedde. The Triacle and Mithridate, although they be of great efficacie in thys behalfe, yet thei are not mæte for women with childe, nor for yong childrē. The vse also of them ought not to be often, nor in greate quantitie, when the feuer is great. Some mennes aduyse is to mingle the medicine for sweating with some distilled water, or with the docoction of herbes concerning the part to the which the venimous matter hath his course. Nowe if a man knowe that the matter goeth to the heade, they wyll that the Patient take it for to sweate with some distilled water, or with ỹ decoction of Betony: but if it go to the vitall partes or to the breast and heart, with the water or decoction of Borage, which is verye Bugloss. Yf it go to the belly and bowels, wyth lycour of Wormewode. Yf to the lyuer, thē with the decoctiō, or water of Agrimonie, which is the true Eupatorium.

An Epitheme or medicine to lay to the region of the heart to coole it.

TAke Rose water foure vnces: water of Violettes and of Nenupher of eche three vnces: water of Bugloss, of Oxalis, of wine of Pomegranads, of good Vinegre, of eche two vnces: of Coriander prepared three dragmes, redde Roses, flowre of Pearles of ech a Dragme: of redde Sanders half a dragme: of bothe Corralles, of Camphyre, of eche a scruple: Saffron halfe a Scruple, myngle them together

together. And make thereof an Epitheme.

An Epitheme for the heart good for poore folkes, vvhiche may also serue for the Lyuer.

IT is made of twelue vnces or a pounde of Rose water of three vnces of good white Vinegre, putting to it in Sommer whyte and redde Sanders of eche a dragme. Yf it be in Wynter, in stede of Sanders you shall put to Cloues, the flowers of Nardus celtica, or of Lauendar of eche a Dragme.

An Epitheme or medicine for the lyuer.

TAke the water of Succorye in Latine Ambubeia, Rose water, of Oxalis, of eche foure vnces: white Vinegre: wyne of Pomegranades of eche two vnces: pouder of Diarhodon abbatis two dragmes: the pouder Diamargaritō frigidum, whiche is a confection made with Pearles, one dragme: redde Sanders halfe a dragme: Campher halfe a scruple. Make thereof an Epitheme.

Locall medicines and fyrst a playster or oyntment for to dravve and dissolue.

TAke the rotes of Narcissus, or of Flowerdeluce with his oyle, and braye it with Hony. It is good for a delycate bodye, and easeth all the payne.

An other easy dravving medicine.

TAke Rue or Dogon, brayed with Triacle, or Triacle alone, or of Radishe rote cut into litle rounde peces, & lay on one after an other, & chaunge it often times.

An other very good in maner of a playster.

TAke Diachylum, two vnces, Armoniacum, Galbanum of eche halfe an vnce and put them together.

Medicines of the kyndes that burne the skynne or flesh, called Medicamenta caustica, or vificatoria, vvherof the first is very strong.

APlaister of Cantarides, and vnslecke lyme myxed with oyle of Walnuttes in stede of a launcet, for to gette out

out the swelling.

A nother plaister.

TAke the rootes of Narcisse or of Lillies sodden with ashes, of Pigeons dung of eche equal parts: of Melligo anacardina called Mel anacardinum, as muche he as shall suffise. And make thereof a plaister.

An other stronger.

TAke Frementum acris, sowre Leuẽ, Sope, Figges, olde Walnuttes, of eche halfe an vnce, Iris florentinæ, mustard séede, vnsleckt lyme, Calcanthum, that is to saye romaine Vitriol, beaten together of eche two dragmes: as muche Turpentine as is needefull. Make of it a plaister.

A medecine that clenseth and Purifieth.

THe yelke of an Egge mixt with a litle Barley flower or wheate flowre, putting to it honye roset. It is very sweete and méets for a delycate body.

An other of the same very good.

TAke the Juyce of Garlyke sire vnces: the Juyce of Wormewoode, good Honny of eche thrée vnces: Barly flowre or Wheat flowre, or flowre darnel or Beare barley, two or thrée dragmes. Séeth it vntil it be somewhat thicke, & make of it an oyntment that mundifieth or purgeth the sore.

A plaister incarnatyfe.

TAke the leaues of Pimpernell, of Betaine, Veruine, Semperuiui tertij, commonly called Vermicularis, of the lesse Centorie, of eche a handeful and a halfe: séeth it in white wine vnto the halfe. And being strained put to it Rosen, Ware, shéepes suet, of eche thrée vnces. Séeth all together with a litle womans milke put in it, vntill the Juyces be consumed. Then when you haue taken it from the fyre, put to it when it beginneth to be colde, Rosen, Turpentyne thrée vnces, cleare Masticke and proued ten dragmes, Aloes hepaticum, two dragmes: mingle them and sturre them with a potsticke, and make of it a plaister.

A

A Repercuſsiue and Reſolutiue oyntment againſt the Canker.

TAke Leade burned and waſhed, Phompholix which the Apoticaries do call Nill, Frankencenſe, of eche two vnces, wormewood, of that which is called Abſinthium Ponticum, half an vnce, Oyle of Roſes three vnces, Ware ſix dragmes: the iuyce of Nightſhade, as much as is ſufficient for the thickneſſe of the oyntment.

A playſter Dyapompholigos of Theodoricke, for to ſtoppe the gnavving and eating of the canker. It is repercuſsiue, refrigeratiue and deſiccatiue.

TAke good Oyle of Roſes, whyte Ware, of eche two vnces: the iuyce of the redde graynes or berries of the Herbe called Solanum two vnces: redde Leade waſhed an vnce: Lead burned and waſht, Pompholygos commonly called Tutia, of eche halfe an vnce: Frankencenſe of the Male kinde two Dragmes. Make thereof a Playſter.

An oyntment very ſvveete for Cankers that haue corrupt matter in them, vvhich alſo delayeth the payne of thoſe that haue no corrupt matter in them.

TAke good Ware, Turpentine, Fulles ſuet, the new and freſh Marow of a Dære or Calfe, Oleum Ricinium, newe and freſh Goſe greaſe, Honny cleer, Frankencenſe, Diphrir, Pomphilix, of eche equall portions, and of Oeſipum thrice as muche, without the Frankencenſe the author thinketh it will be ſweeter, but with it more reſolutiue and it wil ripe the ſoner, and is better for Cankers that haue no corrupt matter in them.

An oyntment of a maruellous vertue againſt the eating and running of the Canker, and to take avvay al the griefe of the ſame.

TAke Rue or Sumach Sextarios three Pilles of Cipres three vnces, Galles not rype, Cassia, of eche an vnce and a half: Vinum adtianum, that is to say: Wyne that bindeth, and olde Wyne of good odour fiue Sextarios. All these things being bruised together, laye them in wine three dayes, and then seeth them three or foure waumes stirring it with a slyce of Cypres. Then hauing wrong all out diligently, and cast awaye the thicke of it, the tuyce will seeth in the thicknesse of Honny, for to be kept afterwarde in a vessell of Glasse.

This oyntment muste be vsed alone without any mixture against the sayd disease, adding to it sometime a little Wyne. If ỹ Medicine be to thick you must make it liquid and soft, for the sickenesse which possesseth the priuie parts of a Woman, that is to say, the necke of the Matrice. If you dissolue it in the mylke of an Asse, it mitigateth the payne, also is very profitable for all other scorching of the skinne that runneth in length, and extendeth more and more, and bringeth no inflamation. It is good for to drye vp the eares that haue bene of long tymes subiect to a running and putrified matter of bloud corrupted.

Also for the Gummes that be infected and withered, also against vlcers that be hard to heale, and can not be cutte, but with great payne, if it be mingled moderatly and reasonably. But howe is it that softe and gentle remedies shoulde resist such a disease, to the which the roughest and the most woydest giue place. The sayde oyntment is to be prepared as foloweth.

Take Sumach a pounde: Pilles of Cipres three vnces: of vnrype Galles, of Cassia, of eche an vnce. Vinum Adrianum, that is to saye: Vinum Astringens, foure pounde.

A playster mitigatiue, and very gentle for Cankers, specially of the brests or Pappes.

Take

TAke Saffron, Poppy, Frankēcense of the male kinde of eche a Dragme: Lithargyri, Plūbi vsti loti two Dragmes, Ceruse prepared an vnce & a halfe: white Waxe two vnces, Gose grease, newe and fresh Butter of eche thrée vnces. Rosacei boni foure vnces. The pouder being brayed with the iuyce of Morella muste be mingled with the things molten.

FINIS.

Here after follow many goodly receipts, touching the handeling of diuers Metals, all well tryed and approued.

And first for to harden yron.

TAke Veruine, and bray it stalkes and all, and kepe the iuyce of it in some glasse. Nowe when you will harden any yron, put to the same iuyce as muche of pisse, with the iuyce of a little Worme called in Latine Spondilis, in Dutch Enherlincker. And let not your yron be to hotte, but when you sée that it is indifferent hotte, quenche it in the sayde mixion, and let it cole of it self vntill you sée little spottes vpon it somewhat yellowe, and then put it to the sayde water. If it ware very blewe, it is a signe that it is not hardened ynough.

For to harden Knyues, and other such lyke.

TAke the Marow of a Horse, wherein you shall cole your yron.

For to harden a Fyle or other instrument of yron.

TAke olde shoes and burne them, and make them into a pouder, and put to it as much Salt: cast this mixture vpon and vnder the Fyles in a Cofer or Chest of yron couered with a couer of yron: & lay the pouder so that

it maye be as muche aboue as vnder, the thickneſſe of a ſtraine. Couer the ſayde Cofer with his couer, and put it into the fyre vntil it be redde hote: after this let it fall into ſome colde water, and you ſhal haue the Files good and verye hard. You maye annoynt them alſo with Oyle of Lyne or he Coates blonde.

To harden any other ſubſtaunce materiall.

TAke the iuyce of Cinkefoyle, with the iuyce of Wormwode, and put in ſome Glaſſe, then take Wormes which you ſhall ſtampe and ſtrayne thorowe a linnen cloth, and rubbe the hote yron withall, and then quench it in the ſayde iuyces.

To make any inſtrument of ſteele harde and sharpe.

TAke the Leaues and rotes of Bugloſſe ſodden in water, wherein you ſhall quench youre inſtrument of yron.

Another.

TAke Dragontium with his rotes, and as muche Verutne: ſeeth this in cleare water, and let it coole, and ware cleare, and ſo annoynt your inſtrumēt with it. Alſo take mans piſſe nurte with cleare water, made luke warme: in this quench your inſtrument. Alſo you maye harden it in good Muſtard made with ſtrong Vineger. Alſo when you will harden any thing you muſt ſee that it be cleane, neate and Pollished.

For to keepe it from cleauing vvhen it is a hardening.

TAke Tallowe and melte it, then poure it in colde water vntill it ware thicke and ſwimme in the water the thickneſſe of a finger. Then take your inſtrument hote, and put it firſt thorowe the Tallowe, and then into the water. Some quench alſo ſhirtes of Maile in the iuyce of Rape rotes.

To make yron or ſteele ſoft.

IF you will make Yron or Stéele as softe as Copper, take vnsleckt Lyme with as muche Alome, well stamped first in some Morter: mixe well these two thinges together, and laye them vpon some linnen cloth the thicknesse of a finger or halfe a finger, and wrappe youre instrument that you will haue made soft in it, and lay it so in some small fyre the space of an houre, vntill the fyre go out, and that your instrument be colde of it selfe, and then shall you finde it as soft as Copper.

Another.

LAye your yron or Stéele in a small fyre, and when the fyre is out, let your yron coole of it selfe.

Another.

TAke the water of Radish rootes and quench your yron or stéele in it. Also you may take the Ashes mixt with vnsleckt Lyme, and make therof Lye, the which you shall let runne thorowe the sayde substaunces: in this Lye stéepe your yron or stéele the space of a night, and so shal you make it méete to cutte or engraue in. Afterwarde if you wyll harden it agayne you may quenche it in colde Water.

Another.

TAke the yellow floures lyke to Marygoldes, ẏ leaues be large and as brode as the nayle of a mans finger: take them staulks and all, and stampe them, & strayne them thorow a linnen cloth, and kéepe the iuyce in a pot. Then put your yron or stéele in the fyre vntill it be redde hote, and then quench it in the sayde Water, and it will be as soft as Copper.

Another.

TAke some great Snayles, and other great grounde wormes of equall portion, and the thirde parte Salt. Then take an earthen Potte, or some other Platter of earth full of holes, wherein you shall pouder or Salte your Snayles & wormes, and receyue the salt which shall

melt and droppe from thē into an other pot set vnderneth, and the thickest substaunce will remaine in the vessell full of holes, the which you may cast away. This done laye on a stone vpon the pot, and seeth it vntill it some or froth no more: then take it from the fyre, and let it cole. In this water you way quench your yron or steele being red hote, and by this meanes you shall make it as softe as copper, and for to harden it againe, you must make it redde hote, and quenche it in colde water.

An other.

TAke the herbe called Fole foote, & distill it: then make your yron red hote, and quenche it in the same water. Also take snayles and stampe them with good Vinegre, wherin you may quench your yron or steele: or quench yron in the blode of an Eele, and it will be likewise softe. Also take yron or steele, & wrappe it in potters claye with a weate cloth, & lay it in the fyre, and afterward let it cole of it selfe. Take also the iuyce of Marubium, and the iuyce of Milfoyle, with the iuyce of Radish rotes mixt with good wyne, and quenche your yron in the mixtion.

To make Christall soft so that you may breake it in pieces.

TAke burned leade & Christall as much of the one as of the other, and breake it vpon a stone, then put thys mixture into a melting pot, and melt it, and so shall you make it into what forme or fashiō you will. The same may you breake and bruse as you will.

An other.

TAke quicke lyme and ashes of equal quantitie, and lye with it, passing and straining it thorowe the ashes and lyme nyne or tenne tymes. That done steepe your steele or Christall in the same lye, the space of xxiiij. houres, & you shall finde it soft.

For to soften yron.

Take

TAke the Water that is vpon the blode of a man when he is let blode, which you shall handsomely poure from the blode. Then lay your yron in fyre vntill it be hote, thē with a little fether wet in the said water, rub it so lōg with it vntyll the water vanishe awaye, and it will be softe.

An other.

TAke scommed honny, the newe pisse of a hée Goate, Alome, Boyace, Oyle olyue and salte: mingle all well together, and quench your yron in the mixtion.

To softten a little that vvhich is to harde.

THat which is to hard, kéepe it so longe in the fyre tyll it be very hote: Then take Tallowe, with the which you shall rubbe your matter, and let it so cole.

To molifie and soften yron or steele, in such sort that you may bovv and vvinde it vvhich vvay you vvyll.

TAke Camomille floures with one part of herbe Robert, and one part of Veruine: put all this in a potte with hote water, and so stoppe it that no smoke maye come out: then séeth it, and quenche your yron in it.

To soder all things, and first yron.

TAke an vnce of salte Armoniacke, an vnce of commō salte, an vnce of Tartre calcined, an vnce of bell metall, thrée vnces of Antimonium: stampe well al together and sift or boult it: this done put all in a linnen cloth, and wrappe it rounde about with potters claye well prepared the thyckenesse of a finger & let it war very drie: then put it betwéene two pot shardes vpon a small fyre, & let it heate by litle & litle. Afterwarde make the fyre greater, vntill your whole Masse become redde and melt together: then let it so cole, and after make it in to a pouder. And when you will soder any thing, laye the two pæces

that you will soder vpon a Table, as nere the one as the other, as you can, but you must laye some Paper vnder the pieces.

This done, cast of the sayde pouder betwene the ioyntes, and a little vpon them: then make some crust of Potters, but yet so that it be open aboue: after this put some Borace in hote Wyne vntill it be all consumed, then with a litle Feather rubbe the sayde pouder, and incontinent it will beginne to boyle and seeth: and when you see it boyle no moze, it is a signe that the sodering and consolidation is made. And if there be any excrescence oz rising vp, you must diminish it by rubbing it, foz it will not be filed.

To soder any hote thing.

TAke gumme water, chaulke made in pouder, & make thereof a dowe oz paste, wherewith you shall anoynt the thing that is a sonder, laying it vpon a table as is afoze sayde: then take away the dowe oz past that is vpon the ioyning of the two pieces, and leaue it on bothe sydes: then anoynte the ioynt with Sope, and holde a hote cole ouer it, and by and by the saide substaunce will melt. After this take away the saide dowe oz paste and it is done.

To soder copper.

TAke halfe an vnce of copper, thzee quarters of an vnce of white Arsenicke: melt the copper, and deuyde your Arsenicke in two partes, and caste one part into the copper molten, mingle all together, then cast into it also the other part: and then powze it vpõ a stone, & beat it small.

To soder yron.

FYle well to purpose and pzopozcion the ioyntes of the yzons, and then laye them in the fyze, as is afoze said, casting vpon it some Venise glasse, & it will be sodered.

A pouder that vvill make all metall pliable and softe.

TAke a quarterne of Antimonium, Axinagina vitri, and salte, of equall quantitie: Make all together in a

pouder

pouder: then take of the same pouder three partes, and one part of the metall and melt it.

Another vpon Brasse.

TAke salt stamped. Tartre, Saltpeter, Axinigia vitri, ashes of Vines, or Lées of wyne, quicke Lyme: Make al this in pouder, and laye it vpon the place that you will soder.

For to graue in Yron or Steele, knyues and harnesse.

TAke one part of coales made of byrch, stãp two parts of Vitriol, with as much salt armoniack: Then stãpe all together with Vinegre, vntil it be lyke vnto a soft dowe or paste. Now when you will graue it in yron or other things, make first the description or figures that you will graue, and that with Vermilion myrte with oyle of Line, and let it be dryed, and afterwarde couer it with the saide substaunce the thickenesse of a finger, the whiche the hoter it is layed vpon it, the sooner it will be done, but you must take hede you burne it not. And when it is well drye, take away the saide pouder, and wash well the grauing. Also some take two partes of Spanishe grœne, or one parte of cõmon salte, and in stamping it in some morter, they put to it some strong Vine gre, and then do it, as is afore saide. Take also Vitriol, Alom, Salte, Vinegre, coales of Byrche, and do as before.

To graue vvith vvater.

TAke Spanishe grœne called Verdet, quicke Siluer, Sublime, Vitriol, and Alome of eche equally, stãpe well all together, and put it in a glasse, leauing it so halfe a daye, stirring it oftentymes: Then make your description or figures as you will, with Waxe or Artificiall Ocre and Oyle of Lyne myrte together, or Vermilion mixt with Oyle of Lyne, then annoynte it with that water, and let it alone so the space of a daye: But if you wyll haue your description very deepe graued, leaue it so stan-

ding

ding longer.

But if you will engraue writtings or Images, you shall make a ground of Ware, where vnto you shal make your descripcion with the point of a bodken euen to the botome. Then poure the water vpon it which water will engraue it. Or else you may lay vpon your description made as before is saide, some Marcurium sublimatum, and then cast some good Vinegre vpon it, and lette it alone so halfe an houre.

Another stronger and More bytyng.

TAke a quarter of an vnce of Spanish græne, Alumen plumæ, salte Armoniacke, Tartre, common Salte, of eche a quarter of an vnce, all being well stampte & mixt with strög Vinegre, leaue it so the space of an houre. And if you wyll that your description bée highe or rayled vp, write it with artificiall Vere and Oyle of Lyne, brayed and mingled together: and let it drie well: Then heat the saide water in a panne leaded within, letting it alone vpon the fyre. Then take your stæle and holde it ouer the saide panne, vpon the which you shal poure of the said water with a spone & so ẏ water wil fal againe into the panne and there shalbe nothing lost. Do thus the space of a quarter of an houre, but let not the water be to hote, leaste that the Oyle which was mixt with the Vernish go not out. This done, rubbe ouer the saide substances with ashes or quicke Lyme, and then shall you synde that whiche before was annoynted, whole and highe, and the other engraued.

To make a colour of golde or siluer lay vponto metall, and to make also a ground of golde or syluer vpon yron, Belles or Stones, vvhich shall not go of vvith vvater.

TAke one part of Vere, the seconde parte of Minium, the fourth part of Bole armenicke, and as much Aqua vitæ

vitæ, and braye all together with Oyle of Lineſæde, and put to it alſo the bigneſſe of a little Nut of Galliſtenſtein, and thrée or foure drops of Vernish: If the colour be to thicke, put a little more of the ſayde Oyle to it: Then ſtraine it thorow a fine linnen cloth into ſome cleane veſſel, and it will be as thicke as honny: & then rubbe what you will with it, and ſet it drye, and then laye your golde or ſiluer vpon it.

A colour of golde to ſet vpon braſſe or copper.

TAke a lytle potte well leaded, and put into it thrée vnces of oyle of Lineſæde, then take half an vnce of Maſticke, and half an vnce of Aloes hepaticum citrinum, and make it well into a pouder, & put it into the ſaid oyle, and couer it cloſe with another pot wherin you ſhal make a litle hole aboue, that is to ſay in the botome of the ſayde potte ỹ ſhalbe vppermoſt. Annoynt the ſaide pot well with potters earth, and let them be ſo cloſe one vpon another, that nothing may come out: then put in aboue a ſticke brode at the ende, with the which you may ſtyrre it: and let all ſeeth as they doe Paynters vernishe. This done Poliſhe well that which you will gylt, and laye the ſayd colour vpon it, and drie it in the Sunne, and if there be not inough, put more on vntill it be well.

Another.

TAke dry Vernishe, Amber, Alome, of theſe two almuch of the one as of the other: then take Vernishe, & oyle of lineſæde, ſeeth all together one a fire of coales in a potte well leaded, that it may be wel mixt together: then aſſaye it vpon a knife, and if it be to thicke, put more Oyle to it: but if it be to cleare or to thinne put more Alome to it.

Another.

Take

TAke halfe an vnce of Aloe hepaticum citrinum, halfe an vnce of Amber, these two being made in pouder set thē on a moderate fyre in a potte well leaded, but let it not be to hote at the fyrste. And when all is molten, poure some boyling oyle vpon it, sturring and mixing it well together with a little sticke: after this let it cole, and straine it thorow a linnen cloth.

Another:

TAke halfe an vnce of Bole Armenick, halfe an vnce of whyte gumme, and set it vpon a fyer of coales, putting to it an vnce of Oyle of Line sæde, and whē you may draw it in length lyke a thræde, it is made.

A colour of golde vpon brasse.

TAke Oyle of Lyne sæde well clarified on the fier: then put to it Amber, and Aloe hepaticum citrinum, of eche a lyke, and being well stampt, mingle it so well with oyle on the fyre, that it may be thicke then take it frō the fire and set it on the grounde well coue red the space of thræ daies: And the brasse that you shall gylte shall take the colour of golde.

To make coper of a syluer colour.

TAke wine læse, alome and salt: bray well altogyther vpon a stone: and put vnto it a leafe or two of syluer braying them, with the other foresaide things. Put all in a pot well leaded, putting to it some water: then cast your copper into it, and after rubbe it with a rubber: and so shall you see when it is ynough.

To gylte yron or steele.

TAke one part of wine læse, halfe asmuche of salte armonicke, and asmuch spanishe grēne, and a litle salt: Seeth all in white wyne & anoynt your yron or steele, with it, when you haue well polished it: and so let it drye, and then gilt it with golde grounde.

To make a vvater for to gylte vpon yron or steele.

Take

TAke an vnce of the Aſhes of Wyne léeſe burned, an vnce of white Wyne, an vnce of Alom, halfe an vnce of ſalt Gemma, Alumen Plumæ the Waight of two Groates, Spaniſh græne the waight of two Groates, Coperas the waight of a Groate, Bayſalt, a pynt of Rue-ning: ſeeth this vnto the halfe, and then put it in a newe Pot, laying vpon it.viij.oz.viij. new Paper Leaues, and a Lyle ouer that to the ende it may take no ayze.

To keepe all maner of yron, or ſteele cleane, and alſo all maner of inſtrumentes of vvarre.

TAke Lead filed very ſmall, and put it in a Potte with Oyle Olyue, vntill it couer it, leauing it ſo nyne dayes together: Then annoynt with the ſame Oyle, Yarneſſe, ſwoordes, yron oz ſtéele, and it ſhall neuer ruſte. The greaſe of neates féete ſodden is alſo good foz the ſame.

The ſeconde Booke contayning the maner how to take out quickly with water oz Lye, without hurting any thing, all maner of ſpottes of Garments of Cloth, Veluet, ſilke, oz other, whether they be ſpottes of Oyle, greaſe Wyne, oz what ſoeuer they be.

To bring cloth that vvas ſtayned to his colour agayne.

TAke a pounde of earthen Pots bruſed, and hauing poured vpon it about foure pyntes of Water let it reſt a night. Then poure out the Lye, and put into the ſame two Ore Calles, & a handfull of dry birchen Leaues, and let them ſeeth together halfe an houre long

long, or vntill the Leaues goe to the bottome. Then let it cole, and such colour as you wil restore that was stayned, take the shearings or flocks of the cloth of the same colour, and seeth it againe with the sayde Lye, leauing it so to rest the space of viii. dayes or more: for the Lye wil draw vnto it selfe the colour of the shearing or flocks. Then poure it out, and wash the cloth with it, and it shall receyue his first colour againe.

To take spottes out of cloth.

TAke colde Lye made of the Ashes of Béeche, and put to it a little wine Lées, and of the olde claye of some Ouen, put the cloth into it where the spotte is, for it will take all the spottes out, than wash youre cloth with cleane water, and dry it in the Sunne. And if the spottes be not wel taken out, do it agayne as before.

Another vvay.

TAke sire vnces of Alumen Fecis, foure vndes of rawe Tartre, two vnces of Alom, halfe a Dragme of camphyre, halfe a Dragme of Dragons bloude: stampe them well, add mingle them well together. Then take sire vnces of an Ore Galle, three pyntes of cleare water, put all together in a kettle, and seeth it vntill it be diminished of the two thirde partes, then straine it thorowe a linnen cloth, and thoughe the Galle nor the Camphyre were not in it, yet the water woulde be strong ynough: when you wil occupie it, bath the piece of new cloth in the sayde water, and rubbe well the spotte with al: and when the cloth is no more weate with rubbing, weate it againe, and rubbe the cloth with it vntill the spotte be out. This done, take hote water, and washe the place where the spot was: but if the cloth be whyte take a little Sope with the same water, and distill it, and occupie it as before.

Another vvay.

TAke sire Ore Galles, and twice as much rayne water, halfe a pounde of Tartre, an vnce of Alome, stampe them

them small, and take a Glasse full of Vineger, into the which you shal put fire Dragmes of Vitriol well brayed, poure all together, and seeth it vntill it be diminished of the two thirde partes, and then vse it as is afore sayde.

A vvater to take spottes out of vvhyte cloth.

TAke foure vnces of Alumen Fecis, a pynte of water, seeth them vntill they be consumed to the fourer parte. Then take whyte Sope and cut it small, an vnce of Alome: put all into the water, and let it stande the space of two dayes, and vse it for your whyte cloth as before.

To take spottes of grease or oyle out of vvhyte cloth.

TAke whay of Wylke sodden with floure, steepe youre clothe in it so farre as to the spotte, the space of a night: then washe it with fayre riuer Water, and hang it in the moste heate of the Sunne: but if the cloth be of a noble colour, you maye not let it be to hote lest the Sunne hurt the colour: for the heate of the Sonne hurteth fayre coloures.

To take spottes of grease and oyle out of all sorts of cloth vvhyte or other.

TAke the Water that Pease hath bene sodden in, and steepe youre cloth where the spotte is in it, and then washe it with cleane riuer Water, and hang it in the Sunne.

Another.

TAke colde Lye, Lées of whyte Wyne made a little hote, and mire them well together. But you muste take heede they be not to hote and washe your cloth as before.

To take spottes of vvyne out of all maner of cloth.

TAke Lye made wyth ashes of beech, whyte Wyne Lées as much of the one as the other, laye your cloth in it a night, and wash it afterwarde with colde wate and dry it in the Sunne.

To take all maner of spottes out of Silke.

Take

TAke the iuyce of great and rounde Mushe-roms of a sharpe tast, weate the spottes in it the space of two houres, and then wash them with cleare water, and let them drye.

To take all spottes out of Crymsen Veluet.

TAke the Ashes made of Vine twigges, and make therwith good Lye, whereof you shall take but a pynte, and put into it halfe an vnce of Alumen Fecis, and let it stande a little whyle, and then strayne it.

This done, take a dragme of Alome, halfe a Dragme of Spanish Sope, and half a dragme of soft Sope, a quarter of a dragme of common salt, and a quarter of salt Armoniacke, halfe a quarter of the iuyce of Celandine, a quarter of the Gall of a Calfe. Put all together and strayne it thorowe a linnen cloth. And when you will occupie of the sayde water, take flocks or shearings of Scarlate, and a little Brasill small, seeth al that a little in the sayde water, and then strayne it thorowe a linnen cloth, and you shall haue a fayre water, which will take the spottes out of any lyke Crymsen colour. And what colour soeuer your cloth be that hath the spottes, the same coloure flockes, or shearings must you take. Notwithstanding if it be not redde, you must leaue out your Brasill.

A vvater to take all spottes out of cloth of golde and Veluet.

TAke rawe redde Arsnicke, Martem Crudum, as much of the one as of the other, and when they be wel brayed, poure some fayre water vpon them, and putting the herbe Tinkfoyle to it, seeth it vnto halfe: and then let it cole, and set it in the Sunne two houres: then washe youre cloth in it, and let it dry in the Sunne.

To make a Sope that taketh out all spottes.

TAke a pounde of roche Alome, beate it into pouder: the rootes of Iris of Florence made in pouder, halfe a pound of new layed Egges, two pound and a halfe

of

of Spanish Sope, braye the said pouders with the Egges and Sope, and make thereof rounde bals. If one Egge be not inough, take as many as you shall thinke good. And when you wil take out any spot of grease, washe the place of the spot on both sydes of the cloth with fayre water, thē rubbe it with the saide balles and cloth vpon cloth. This done, washe out the doure with cleane water, and wring the clothe to make the grease or fylth come out the better. Then wash it still with cleane water, & it will be cleane.

To take spottes of blacke ynke or other things out of vvollen or linnen clothe.

TAke grēene Lemons or grēene Orenges with theyr pilles, the whiche the Italians call Pomi de Adam, or whiche of the two you will: take but the liquide moysture which you shall take out by prelling it, wherewith you shall rubbe well the spots, and then let thē drye. This done, take luke warme water, and washe the sayde spots, and let them drye againe. And if you sée that at the first time the spots be not wel inough taken out, do it once againe, and the cloth will returne to his colour againe.

To take spots out of Scarlate or Veluet of colours, vvithout hurtyng any thyng at all the colour.

TAke the iuyce of Saponaria, called of the Apoticaries Condisi, or Lauaria, the which you shall lay vpon the spot leauing it so an houre long, if it be in sommer, and foure houres if it be in Winter: Then take luke warme water and washe the spot with it, and if it scoure not cleane, put more iuyce vpon it, or elfe of the said moisture of the Orenges or Lemons: but if it be Scarlate not died in graine, lay vpon halfe Sope, and halfe iuyce: and then washe it with hote water, & the spot will go out.

To take spots of oyle of from parchement or vvhyte Paper.

TAke sheepes bones and burne them, and make them in to pouder: and rubbe the spotte on bothe sydes with

the same pouder, and lay it so betwæne two bourdes in a presse the space of a night, and the spot shall away.

The third Booke, for to die threed, yarne, or linnen cloth, teaching how to make the dying colours, and also to dye bones, and hornes, and to make them soft, vnto what forme & fashion a man wyll.

To dye threede, yarne, or linnen cloth into a sad brovvne.

TAke a pound of bastarde Saffrō, the which you shall put into a little bagge, and hang it in riuer water a day and a night. Then wash it so much, that it giue no more yellow colour: this done, make a rancke of Saffron in a Potte not to thicke, then a rewe of Saffron, and a rewe of ashes, and couer it well, and let it stande seuen or eyght houres: then take eyghte pottes of water, foure pottes of Vinegre, and putting the Saffron with the ashes in a long bagge and sharpe pointed at the ende: straine.xb.or.xbi.tymes the saide water & Vinegre thorowe it hote. And this is the last dying or colour.

Then take againe as much water and Vinegre, & straine it thorow, and this shalbe the seconde dying. Do the lyke the thyrde tyme, and it shalbe the thyrde dying. This color you shall heate, and laye your threede or linnen cloth in it the space of a nighte, then hang it vp without wringing or rubbing it. Do in like maner with the seconde coloure and with the thyrde, but let it lye in it seuen houres long.

To dye threede or linnen clothe blevve.

TAke the berries of Ebulus, very rype, and well dried in the Sunne, laye thē in Vinegre. xij. houres, then rubbe them

them with your hande, and straine them thorowe a linnen cloth, putting to them some Uerdet brused, and Alom alone. If the blewe be to cleare put more Uerdet to it, and lay your threde or linnen cloth in it.

A blewe colour to dye all thyngs.

TAke an vnce of ỹ beating of copper, a dragme of salt, three spones full of Uinegre. Put all together in a laddell of copper: or some other strong vessell of copper: and when you wil dye, put the saide matter into the whole decoction of Brasyll, & dye with it what you wyll.

Another vvay to dye blevve.

TAke three partes of ashes of Lees burned, one part of vnsleckt lyme, and make therof lye, let it clarifie and then straine it thorowe a course linnen clothe. Take ỹ pots of the same water, and power it vpon a pound of Flaunders blewe, such as is taken of the diers caudrons, mingle them well together with a sticke. Then sette it on the fyre vntil you scante endure your hande in it. But before you doe dye any thing, you must haue your linnen cloth boyled in Alome and dryed againe, and plunged afterwarde in the hote Lye twyce or thryce, accordyng as you wyll haue the colour darke or cleare. The substaunce must be hote before you occuppye it.

To dye redde.

TAke halfe an vnce of Brasyll scraped, halfe an vnce of Uermillion well brayed. Boyle them together in raine water, and put into it the bignesse of a Nut of Alome. Seeth all vnto the halfe, and dye with it. You may seeth also the Brasylle twyce or thrice putting to it at eche time a lytle Uermillion. Also you may make of it as many dyings & colours as you will.

Another vvay.

TAke vnsleckt lyme, and put a litle water vpon it, and let it stand a night, and afterward straine the clearest

thorow a linnen cloth, and for euery pinte of water put in halfe an vnce of scraped Brasell. Let it seeth vnto the halfe, and put to it halfe an vnce of Alome, sette it vpon wode, and let it heate but not seeth. When you wil, haue that you wyll die readie prepared in such sorte as here followeth. Take Lées of redde wine and put it in a bagge, that all the wine dreane out, & the Lées ware drye. Make therof balles as bigge as a hennes Egge drying them in the Sunne, and burning them after into ashes and of this ashes make a strong Lye, & make it very hote, and thē weate in it the thing that you will dye, drying it afterwarde, and thē dye it with the foresayde colour.

To dye redde.

TAke for euery pounde of clothe a quarterne of Alom, and seeth it, and put the clothe in it two houres long. Then take the roset of Brasyl with gommie Arabick, and let them seeth a quarter of an houre. Then straine it, and put into it your threede, clothe or any thing that you wyll.

To make faire Russet.

TAke a pottle of water, an vnce of Brasyll: seeth them vnto the halfe, then take them from the fyre, & putte as muche graine to them as you shall thynke good, & halfe a quarter of gumme. If you will haue but a sleyght redde, poure it into an other pot, or put to it a quarterne of Alome in pouder, and let it so stande a night.

To dye Woodde, Bones, and Horne, into greene.

TAke two partes of Spanishe grēene, a thyrde part of salt Armoniacke, bray them well together, and put them in Vinegre. And put into it the thing that you will dye, couering it well, and so let it stande vntill it be grēene inoughe. But before you dye any thing you muste lay it halfe a day in Alome water, and then drye it well againe.

Another Greene.

Put

Put your horne, or wodde, or that you wil die, in a vernished pot, & put to it strong Vinegre, mingling wyth it some Verdegrease that is very thick and not cleare. Couer it wel, and set it seuen daies together in a dunghil, and if then it be not greene inough. let it stande there longer. A mã may do the like with Spanish greene or Verdet.

To die horne, bone, and vvodde, into redde.

Take quicke lyme, and cast some raine water vpon it, and let it so stande a night: the next morning, strayne the cleareſt thorowe a lynnen cloth, putting to it for euery pot of water, half an vnce of the strapings of Brasyll, and let them seeth well in it: but yet they muste bee boyled in Alome firste as before is sayde.

To die yellovve.

Take the barke of an Apple tree, not the outward harde and rough barke, but the inward, cut it in small loppins, and poure some water vpon them, and thē put in your wodde, bone or horne, to it with Alome. And let it seeth well together.

To dye blacke.

Take Galles broken or bruſed in peeces, and seeth them in strong Vinegre: and put your Wode, bone, or horne in it. And let all seeth well together. Take them then out, and put them in whites of Egges, putting to it inyce of Walnuts, and let them seeth well together.

To make horne soft.

Take mannes pysse, that hath bene kept stopt, a moneth together, put into it a pounde of vnsleckt lyme, and half so much of ashes of burned wine Lees, foure vnces of Tartre, and as much salt.

Mingle al well together, and let it seeth well, and then straine it twice or thrice thorow a cloth. This done keepe the saide Lie wel couered: And when you will soften any horne, let it lye eyght dayes in it, and the horne wil be soft that you may cut it, and dresse it after what sort you will.

Or elſe make a Lye of the aſhes of the heades and ſtalkes of Poppye, and in the ſame Lye ſæth your hornes and other thynges.

To mollifye or ſoften horne, ſo that you ſhall imprynte or make any fygures in it.

TAke a pound of the aſhes wherwith Glaſſes be made, a pounde of quicke Lyme, and a pot of water, let thē ſæth ſo long vntyll the thyrde partes be conſumed. Then put a feather into it, and plucke it out agayne, and pille it betweene your fingers: for if the feather do pille, it is a ſigne that it is ſodden inough. But if it pille not, let it ſæth more: and when it is ſodden ynough, let it clarifie and poure it out. Take then the fylinges of horne, laye them therin two daies together: Then annoint your hands, with oyle, and worke the horne well betweene your handes as it were dowe or paſte, and then preſſe him into what forme or faſhion you will.

Another vvaye.

TAke the iuyce of whyte Marrubium, and of Alexanders, and of Wilfoyle, the iuyce of Radiſhe rootes, the iuyce of Celandine, and ſtrong Vinegre. Myre all together, and put your horne into it well coucred ſeauen dayes together in a donghyll. And then knede it & worke it as you did before.

To caſt hornes in a moulde lyke leade.

TAke aſhes of wyne Lées burned, and vnſleckt lyme, and make therof a ſtrong Lye, and put into it the fylinges or ſcrapings of horne, and let them ſæth well together, and they will be as it were pappe, and put into it ſuche colour as you will haue it of, and then caſte it into what moulde you will.

To make cleare ſtones of Amber.

SEeth Turpentine, in a panne leaded, with a lytle Cotton, ſtirring it vntil it be as thick as paſte, & then poure it into what you wil, & ſet it in the Sunne eyght daies,

and

and it willbe cleare and harde inough.
You may make of this litle balles, haftes for knyues, and many other thyngs.

Another.

TAke the yelkes of fyrtene egges, and beate them well with a ſpone: thē take two vnces of gumme Arabick, an vnce of the gumme of Cherry træs: make theſe gummes into pouder, & wel mixe them with the yelkes of the egges, let the gummes wel melt, & poure them into a a pot well leaded. This done ſet them fyre dayes in the Sunne, and they wil become harde, and ſhyne lyke glaſſe, and when you rubbe them, they wil take vp a ſtrawe vnto them, as other Amber ſtones do.

To poolishe and to giue a gloſſe or luſtre vnto precious ſtones.

TAke pouder of Antimonium, and diſperſe it abroade vpon a Table of leade that is very euen and ſmothe.
Poliſh vpon this Table your ſtone, and it ſhal kepe and maintaine him in his luſtre and gloſſe.

To make a ſtone that ſhall gyue fyer and burne of it ſelfe if you vveate it vvith your fynger.

TAke the Loade ſtone that hathe vertue to drawe yron to him on the one ſide, and to put it away on the other ſyde. Put it in a pot leaded, and put to it foure pounde of Pytche, and a pounde of Brimſtone, lute and claye wel your Potte, and ſet it in a Fornace, giuing it a ſmall fire, the ſpace of a daye and a nighe, augmenting the fyre the ſeconde daye and the thyrde daye more, vntill the ſtone be on fyre.
After you haue made the ſtone on fyre, and haue in this manner burned it, as is before ſayde, you ſhall let it cole

againe, and your stone is prepared and made to giue fyre when you wyll.

To molifie or soften Christall and precious stones so that you may cut them like cheese, and that being put in a moulde they shal be harde againe.

TAke in August the bloude of a Cowe, and the bloude of a hée Goate, and let it drye vntyll it be very harde: And when you wil mollifie & soften Christal or precious stones, take of the saide bloudes as muche of the one as of the other, and make it into pouder: and then poure some Lie made with the ashes of burned Lées of Wine, & let them be intermingled together in a pot, putting to them a dishe full of strong Vinegre. And when you will soften your stone caste it in the same, and heate it a little, and the stone wil be soft, so that you may cut & fashiō of what sort you wil: caste him afterward in cold water, and he will be as harde within an houre as euer he was: And then giue him his glasse and lustre as before is sayde of the other.

To counterfyte pearles vvhich shal be very fayre, and as they vvere naturall and true.

TAke in Sommer the shelles of whyte Muskles, and scrape them cleane with a knyfe: take likewise one parte of Snayle shelles, of the cleanest you can finde: and when you haue washed them well, stampe them together in a morter of stone, as fyne as you can, and washe them cleane in the Sunne vpon a linnen clothe, and then put them into a newe cleane pot, the whiche pot you shall lute and claye rounde about with Lutum sapientiæ, And beyng dryed in the Sunne, put it into a Fornace, or kille of Lyme, and let it burne there as long as men are wont to let Lyme burne.

Then take it out, and you shall fynde it turned into pouder

der as white as Snowe. This done, take the yelkes of Egges made cleane and broken al under with a Spone: Myngle ỹ pouder with the yelke of ỹ Egges in some clean vessell: Then wash your handes cleane, and fashion your Pearles of what bignesse you wyll, pearcyng them wyth a Hogges brystell whyle they be hote. This done, sette them in some cleane thyng in the Sunne, and the hotter ỹ better, yet take hede there come no rayne to them: & then polyshe them in red Wyne, and let them drye againe, and you shall haue fayre Pearles.

The fourth Booke, teaching diuers Wayes of giltyng, syluerying, and dying Copper, Iron, and other Metalles: Likewise to forme, melt, and to make certaine coloures.

To prepare Mercury, and so to harden it that you may make it liquid, and vvorke it.

THe Emperour Fredericke made many Images of this substaunce folowing, which seemed to be Siluer, as at Vienna & Nieulstant in Austriche, and this inuention was founde out by maister William & maister Partyne his Alchemistes. To do this you must melt Saturne, that is to say, leade, and poure it in a rounde melting pot whyle it is hote. Presse into it little rounde stones, that you may haue little rounde holes in it, vpon the which holes you shall laye a lynnen clothe, and poure some Mercury vpon it as much as you wil, setting it so in hote embers vntyll the Mercury be harde. And when it is hards inough, breake it in litle pieces, and cast them into strong Vinegre, & seeth them in it a quarter of an

of an houre. Or else take the iuyce of ỹ herbe called Longdebeefe, with a little Vineger, and Oyle, and seeth in it some pieces of your Mercurie broken as before, and by this meanes it shall be mortified verye well, otherwise it woulde reuiue agayne. This done, take two vnces of salte Armoniacke, halfe a pot of Vineger, and poure it with your Mercury sodden in a Pot leaded, and luting and stopping it very well, let it stande.viij.or.x.dayes: for by this meanes the Vineger taketh away all the rednesse of the Mercury. This done, put your Mercury in a Pot wel luted and set it in a Fornace vntill it be well burned, augmenting by little and little the fyre, that it may kéepe the fyre long in a lyke and temperate heat, vntill it make certaine choppes or cliftes, and then it is a signe that it is ynough. Then put the Mercury in a Pot, in the bottome whereof there muste be some Brimstone: stoppe well the Pot, and set it in hote embers or ashes, or vpon a fyre of coales, that it maye heate by little and little, and that the Mercury maye receyue the smoke of the Brimstone. Do so once a daye.xxx. dayes together, and then take out the Mercury, for it is hard ynough to beate and casse. Take of this Mercury fiue vnces, and ten vnces of Venus, that is to say Copper, melte them together, and it shall séeme at all trialles, that it is true Siluer.

A substaunce made of Paper or other things, to expresse or set out any maner of figure that you vvill, vpon vvhyte yron, &c.

LAy your Paper or Parchmẽt ouerthwarte the whyte yron, then weate it on the outside, and let it dry agayne, then take it of, and you shall sée the print of it vpon the whyte yron.

To gilt vvell.

SEeth youre Syluer in Tartre, make it verye cleane rubbing it with Brushes, and put it into the Tartre agayne

againe: then take two partes, one part of salte Armoniacke, one part of Verdet or Spanish greene, two partes of the beatyng of Copper: stampe all this small and sifte it, and put it into the Tartre with the Sylver, it will get a redde colour, vpon the which you shall gylte.

Howve to bray golde for to guylte vvith.

TAke a dragme of fyne golde, beate it well, and put to to it two dragmes of Mercury mixt together: then set a melting pot on the fyre, & when it is glowing hote, put the the golde with the sylver into it, & when the Mercury shalbe in part vanished away in vapour, poure it into a dishe, wherein there is a lytle water, and washe it out, and it shalbe grounde and brayed.

To gylt Copper.

MAke a bottom or ground of quicksilver vpon the copper, thē giue it one gilde ouer with ground or brayed golde, then set it on the coales, and when it smoketh take it awaye, and part & disperse it with the brushe of Copper wyer, and then set it againe on the fyer vntyll it be liquide and softe, or melte, or drye, and when it hathe bēne so long vpon the fyre that it hath gotten a redde colour, take it of and make it cleane with your brush of copper wyer, and then burnishe it, and it is done.

To gylte yron.

YOu must boyle your yron in Vinegre, Salte, and Vitriol, and if the yron be great, annoynt the yron about with it, being hote, vntill it make it ryse, then laye on your grynded golde, as before.

To take of the golde from the sylver that is gylte, so that the silver shal remaine vvhole and sound.

PUt about your gilded silver some Brimstone, thē take naturall Mercury in a Goldsmithes melting pot, or other vessell according as it oughte to be, and beate it, and put youre gylte Sylver into it, the Mercury wyll drawe the ground vnto him, then rubbe your silver with a

brushe

bruſhe ouer the the Mercurye wherein the golde is, then heate your ſyluer, and boyle it agayne in the water of Tartre, and it will be cleane.

When you wyll take your Golde out of the Mercury, put it in a lytle bagge of leather, bindyng it and ſtopping it aboue, as men do Mercury, without ouer a baſyn, & that which remayneth in the leather, put it againe in the melting pot vppon the fyre, and let the Mercurye vaniſhe in a vapour, & go away in the ſmoke. Then take that whiche remaineth, and poure it in a melting pot, & you ſhall finde your golde.

To ſeperate Syluer from Copper, be it mony or othervviſe.

TAke halfe an vnce of Verdet or Spaniſh grœne, an vnce of whyte Vitrioll, as muche of Brimſtone, half an vnce of Alome: ſeeth all theſe thyngs with a glaſſe full, or as much as you will of ſtrong Vinegre, and putte your ſyluer into it. Your ſiluer wyll remaine whole in the glaſſe, wherein you ſodde it, and the Copper conſumeth in the moyſt humour.

A pouder vvhich being layed vpon any thyng ſyluered vvyll take of the ſyluer from it.

TAke a pounde of Wyne lœſe, a pounde of Arſnicke, a pounde of common Salt, a pounde of quycke Lyme, Myre theſe together, with the yelke of Egges, & putte the in a pot, which you ſhal ſet in a Fornace to ſublyme, and when it ſhall ſmoke ſomewhat yelowe, it is ynough.

To conuert and turne copper into braſſe.

TAke Copper what quantitie you wyll, and the thyrde parte as muche of Lapis calaminaris, made in pouder, and put them together in a melting pot, let them melt together the ſpace of an houre vpon the fyre, & then poure them out.

To melte all Metall perfectly.

When

When the metall is molten: you shall put the fourth part of Auxungia vitri, beside it, and it will melte perfectly.

For to giue a colour of Golde vpon Copper.

TAke half an vnce of copper, a dragme of Tutia Alexandrina, two parts of Dates, two parts of Figges, Grapes of a wilde Vine blacke, of the bygnesse of three Hasell Nuttes, Pulse the bygnesse of a Hasell Nute. Stampe all the saide thinges together, and make it lyke Paste, and beate your Copper very thinne, and then cut it in pieces.

This done, make one rowe of the saide mixtion, and a litle Turia vppon it, and then your Copper vppon that, then some of the saide mixtion, then againe of Tutia, and then of Copper, alwayes bedde vpon bedde: Thys done, lute or claye vp the Crosset or melting pot that they are in, & set it on the fyre, letting all the saide things melte, and then poure them out and it will be lyke Golde.

Some take also Tartre, Beane flower, Tutia, as much of the one as of the other, steepe them well in Vinegre, and then drye thē, & lay them bed vpon bed, for euery vnce of copper an vnce of the said pouder, and it will take colour as is afore saide.

To make Verdet or Spanish Greene.

TAke Brasse or filed Copper, sprinckle it with old pisse and saite Armoniacke: laye the Copper vpō a bourd in the Sunne, and when it is drye, sprinckle it again vntyll it ware greene. Thus is Verdet made. Take Copper beaten lyke a plate, make it cleane, and braye some Atramentum, vpon a stone wyth pysse, and annoynt the Copper plate on euery syde, and let it dry in the Sunne: then put it in a pot leaded and set it on the coales, and let it heate the space of two houres, and sometyme open the pot aboue, and when you see blacke smoke come out of it,

take

take the pot from the fyre, and let it cole, and open the pot for to take out the Copper plate, rubbing it into pouder betweene your handes, & that which wil not yet turne to pouder: do it againe in al things as you did before, vntill it maye be made into pouder: then wash it with hote water or pysse in a Basyn, and let it stande styll, for the Copper wyll goe to the bottome, and the Atramentum, will swimme aboue: then poure it out and drye the copper in the Sunne. This done, take of the saide pouder a pounde, of Tartre calcined two vnces, beate them together with childes pisse, and let them drye.

Then put them in your potte, and burne them as before with a great fyre vntyll you see a greene smoke come out of it: and then let it cole againe, and open your pot and you shall fynde it faire and greene.

To make a vvhite colour of leade.

TAke leade as much as you will, scrape it cleane on both sydes and cut it into plates three fyngers brode, and a handfull long or more, making a hole at the ende of eche of them, hang them on a corde, and take a paile of Oke or a pot of three handfulls long that hath a cleane couer: Then hang your plates of leade rounde aboute the pot within side, & poure into it two pots of good Vinegre, and a handfull of salte, styrring them together vpon the fyre vntill they be ready to seeth, then couer the pot well that nothing breath oute, and set it in a warme place, leauing it there .v. daies together, then open it, & take out the Plates of lead and you shal finde at eche syde of the plates a whyte colour of a finger thicke, take it of with a knife, and put it in a cleane glasse. This done, hang youre plates of leade again in the pot, as before, couering them well as is said, and setting it in a warme place, & at the .v. day take of the white colour with a knife as before, and hang them again

in

in the potte vntill you haue gotten white colour inough. Then braye all well together in a morter, putting to it a litle water the space of halfe an houre, vntyll it be thicke like gruell. Then put the saide pouder in a pot or twain, and set it in the Sunne, and let it drye and harden, & then shall you haue your whyte colour of leade. But you must note that you muste alwayes hang the Plates of leade in the pot againe at euery time as long as they wyll continue, and if the Vinegre diminishe, you muste renew it againe.

To make Lutum sapientiæ.

LVtum sapientiæ, is a morter or claye for to lute or plaister the Limbecks or pots that are set on the fyre, bicause they shall not breake or cleaue. To make this Lutum sapientiæ: Take the best Potters earth you can fynde, put in a dishe or platter of earth, or in some other vessell, and poure vpon it Wyne myrte with horse dung, castyng awaye the longest haires of the dung, mingle it fyner all together vntill it be as thicke as paste, wherewith you may paste any thing: not withstanding put in it alwayes good Salte for keeping it from cleauyng.

To lute or davvbe pottes vvith a lynnen cloth that vvyll not burne.

PUt your linnen cloth in Salte water, and let it drye of it selfe, then weate it in yelkes of Egges well beaten, and when you wyll lute or plaister any potte with it, geue it one touche vpon it very thinne with the foresaid Lutum sapientiæ.

For to soder Glasses.

TAke Minium, and halfe as much of quicke Lyme, & the Meale or flower that hangeth on the mille sides or walles, and the yelke of an Egge, in all this let a Lynnen clothe be weate and holden before the fyre that it may bee clammye, meete to cleaue or stycke fast,

and so lay it fayre and softly vpon the broken place of the glasse.

Another Lutum sapientiæ.

TAke Potters earth very cleane two partes, horse dõg one part, a lytle pouder of a Bricke, and the fyling of yron, and a playster of quicke lyme: and mingle it with salte water, and the yelke of Egges: and make therof a paste for to lute or clay pots withall. Or else take drie earth, and stampe it small, and syfte it, and cast vpon it sõe wheate flower rancke vpõ rancke, and then the yelkes of Egges and Vinegre, and mingle all together. Then playster or lute glasses, pottes or limbeckes with it, and drye them in the shadowe, and they will neuer faile nor breake in the fyre. You may also mingle it with Ore bloude in stede of water, it is also good for that purpose.

The fift Booke, touching all separations of golde, of siluer, of copper & other metals, and how a man may try them and to vse them profitably. Which is a thing very gainefull for all goldesmithes, Marchantes and other that haue neede of it.

To seperate golde from syluer.

BEate small the Syluer wherein you thinke there is any golde, then cut it in small pieces: then you shall putte Aqua fortis in a glasse of seperation vpon a little fyre vntill it be hote, and cast vp litle bubbles like belles. Then poure the water out into a cuppe of Copper & let it cole, by this meanes the syluer will stick about the cuppe, the which you must let drie in the cuppe:

and

and when you haue poured the water out melt the siluer in a hollow sharde, and then take also the Golde out of the glasse of separation, and melt it in one.

Another vvay.

TAke Siluer that is gilt, lute it vpon a pot sharde or a Tile with lead, then turne it as thinne and as fine as you can vpon some thing, then cut it in croked and wrethed pieces, and put it into ỹ glasse of separation, poure in vpon it Aqua fortis a finger highe aboue it, stop the whole aboue that it breath not out, then hold it vpon a slowe fyre vntil the Siluer be dissolued into the water, the Golde remayneth in the bottom which is black: then cast out this water into a Cup of Copper as before, and poure vpon it some cleane water, and the Siluer will begin to gather into a curde, and will goe to the bottome. Then poure out the water agayne, and dry the Siluer with a sodaine heat. This done, put it in a croset or earthen Pot, and melt it and being molten poure it out, and doe the lyke with the Golde, and whē you put it into the melting Pot, put to it a little Borax.

Another vvay.

TAke Antimonium, & put it in a melting Pot, that is with a sharpe pointed bottome, and melte it. Take also the Siluer that the Golde is in, and melt it and poure it into the Antimonium, the Golde will goe to the bottome, and the Siluer will tarie in the Antimonium. Then take halfe an vnce of Copper, and two vnces of Leade, and the Antimoniom, let them melt together, and poure them into an earthen Pot, the Antimonium will burne the Copper, and the Siluer will abide vpon the Pot.

For to separate Golde or Siluer vvithout fyre or Aquafortis.

TAke two partes of salte Armoniacke, and one parte of Brimstone, beate them into pouder, then annoynte

your vessell, dishe, or anye other thing that is gilded, first with Oyle Olyue, and then dispearse the sayde pouder vpon it, and when it is so fast vpon it, set it to the fyre, and beate it ouer a vessell of Water, and the Golde will fall out of it.

To separate Golde from Siluer vvith a pouder.

TAke an.viij. part of Brimstone, a.vj. parte of Salte, iij. vnces of salte Armoniacke. ij. vnces of Minium, and doe as afore is sayde.

To make Golde softer.

TAke Mercury sublimed, salt Armoniacke of eche a like, make them into a pouder, then put your Golde into a melting Pot, and when it is molten, put to it a little of this pouder and it will be soft.

Another vvay.

TAke half an vnce of Vitriol, halfe an vnce of Verdet, halfe an vnce of salte Armoniacke, halfe an vnce of burned Brasse: all being mingled with Aqua fortis, let it so repose in the heate two dayes, and then let it harden: do this three tymes wyth Aqua fortis, and let it dry: make it in pouder, and put alwayes vpon it halfe an vnce of Golde, a Dragme of Pouder, and poure it three tymes into it, and it will be softer.

To make Golde and Siluer softer.

TAke Honny and Oyle of eche a lyke, and quench your Golde and Syluer, being hote and glowing, three or foure tymes in it, and it will be softer.

To soften all mettalles, and other things that are not softe, so that they shal be softe and gentle to be vvrought vpon or forged.

TAke Halticke, Frankencense, Myrrhe, Borax, Vernix, of eche halfe an vnce, make all into a pouder together, and cast the bignesse of two or three peasen of it vpon the harde thynges, and they will be softe and tender. Take what metall you will, heate it vpon coales,

and

and quench it in the water of salte Armoniack and it will be softe.

An oyle that maketh all mettalles softe.

IF your Syluer be not soft, melte it, and poure into it this Oyle that followeth. Take Saltpeter, Tartre, Salt, Verdet, boyle all together, vntill the water be consumed, poure vpon it pisse, and let it so consume, and you shall haue an Oyle of it, the which you shall put into your siluer whyle it melteth, and you shal make it soft.

To seperate Golde from Copper.

MAke a Fornace with a hole, that you maye put in a Pegge or two, the which you maye take out when you will, and vnderneth in the bottome of ẏ For a gutter or hole, that the king which is the Golde may remayne in it. Take twice or as muche Leade as Copper, and put it vpō the hole or gutter of the Fornace, pouring it alwayes vntill there be no more Leade. Then take an yron mēte for the purpose to take awaye the skinne of it, that it may be cleare and neat, for then shall the Copper be well prepared. This done, take a quarterne of common salt, of brinstone a quarter, of Saltpeter a quarter, of Orpiment a quarter: stampe these foure well in a morter, and poure the sayde pouder vpon the Copper, when it beginneth to runne and melte, the Golde will goe to the bottome, plucke the Pegge out, & the king will remaine in the hole or gutter, take it out afterwarde with Leade or Antimonium, and you shall finde the Golde.

Another vvay.

TAke Antimonium, and melt it with your Copper and being molten you muste skimme it well, then poure it into a dishe of stone, adding to it quickely as much quicksiluer, couer it with another dishe, and shake it well together, the pouder draweth the Golde vnto it, and when it is colde againe, open it, take the Mercury out, and put it in another dishe, the which you shall set vpon the fyre

that the Mercury may goe away in a smoke, and you shall finde your Golde in the bottome.

A pouder to seperate Golde.

TAke Salte Armoniacke, Uerdet, of eche one parte, Saltpeter two partes, Antimonium as muche as al the rest together, make them into pouder, and do as before, and the Golde will go from the Copper.

To vvash Golde from Copper.

TAke the Copper that is gilte, and weate it in water, and then put it in the fyre, and lette it be hote and then quenche it in colde water, and the Golde will come of: rubbe it of with a Brushe of Copper Wyer, and it will goe of.

To get together the golde out of the threedes of cloth of Golde.

BUrne the golden threedes into pouder, and braye the sayde pouder small vpon a Marble stone, and put it in a Basen, then poure vpon this pouder some water of Tartre and quicksiluer, and do as before, and you shall haue fine Golde.

To gylde, so that it shall not out vvith no vvater that is.

TAke two partes of Ocre, two partes of a Pommise stone burned vntill it be whyte, Tartre the bignesse of a good Walnut, braye the sayde colours together with Oyle of Linseede, and fiue droppes of Uernire, straine them thorowe a linnen cloth, and you shall haue the substaunce to gilde withall.

To gather together into one, the golde that is scraped off from letters and Images.

TAke the scrapings and put them in a glasseful of water, vntill the chaulke where vpon the Golde was layed, be thorowe softe, walh it afterwarde betwene both your hands: and seperate the best you can the chaulk from the Golde: take the rest, & grinde it vpon agri[illegible]ding stone

stone.
This done, put it agayne into a Glasse: then put some well brayed and small, in a Cuppe of Copper, and poure the water vpon it: let it seeth well: and then poure the same water agayne into the Glasse vpon the substaunce scraped, putting into the water some quicksiluer, and shaking it, and mouing it together a good space. The quicksiluer draweth to it selfe al the Golde: then poure out al the water, and put the quicksiluer in a piece of wylde Goates skinne, the which you shall binde well aboue: then make a hole with a nedle, whereby you shall wring and make the quicksiluer to come out, and that which shall remayne with in, shall be fine Golde: and if the Golde be not very fayre, do vnto it as vnto the Golde before.

To take gilt from a Cuppe that is gilded vvithin.

TAke Pyrethrum, and seeth it in strong Vineger, so that there may come no smoke nor breath go out of it, then poure it into a Cup gilte within, and the Golde will go of, and go to the bottome. For the proofe thereof. Cast a Siluer Ring gilte into it, and you shall finde the experience.

To make Golde softe after the melting.

TAke as manye Wedges of Golde, as you haue molten, and put them one night into a Fornace of Potter in a Pot: let them be thorowe hote, but yet not so that they melte, and they will be afterwarde verye fayre and softe.

For to giue a colour to Golde that it shall be soft.

TAke Salt Armoniacke fired with quicke Lyme, for it is very good, worketh verye handsomely and finely: but it is better to take of Viride æris, prepared and then melt the Golde, and so maye you colour your Golde. The Viride æris is thus prepared: delaye it in Vineger, & strayne it thorowe a Felte, and let it congele, and when it beginneth to ware thicke, put to it some salte Armo-

macke, and let it harden a great whyle, or else poure it vpon a cleane marble stone, and then melte your Golde with it, and kéepe it well: for it will serue you also for other things.

To boyle Golde or Siluer to make it receyue a fayre colour.

TAke Tartre well brayed, and put to it some well water or raine water, and that which you shall boyle in it shall be fayre.

To giue a colour to Golde.

TAke the heares of a man to the bignesse of a synger, and laye them vpon quicke coales, & holde your golde ouer them with a payer of Tongues.

For to make Syluer fyne.

YOu shal put Siluer into a pot of earth, and to euery marke of Siluer put thrée vnces of lead. Let it be molten together, vntill the flower of it ware read. That done, put it in another earthen pot, putting to it for euery marke of Syluer fiue vnces of Lead, and that powre it or straine it, and it will be fine.

To make Syluer fayre and whyt.

YOu shall put salt and Tartre made in pouder, in a pan of Copper: put some rayne water to it, & let it seeth well, for it will become whyte: but before you seeth them you muste heate or enflame them, and beware there come no ayron into the panne, for then the Syluer woulde become redde.

To knowe yf the Syluer haue any Golde in it or no.

DRaw a grosse or great streke with your Syluer vpon the touche stone, then take a Dragme of Uerdet or Spanishe greene wel made into pouder with salt Armoniacke, mire them well with good Uinaigre, vntil they be all of one coloure, weate the lyne or stryke made with your syluer with it, and yf the syluer haue any golde in it the lyne or streke will remaine a whyle faire, and if there be none, the streke will not remaine faire but wil go out incontinent

incontinent. If you wil haue a better proſe and more ſure in ſted of Vinaigre put Aqua fortis: for that will incontinent put out the line or ſtreke, if there be no Golde in it.

To mortifie or alay Mercury or quicke ſiluer.

Put it in a morter of yron, and put to it ſome oyle oliue or oyle of bayes: this done, ſet it one a ſmall fyre and let it ſeeth therein, but take hede that the ſmoke of it hurte thée not, for it is vnwholeſome, put often times ſõe oyle into it, and alſo ſtrong Vinaigre diſtilled that it may boyle in it. And by this meanes it wil be mortified and killed. Then take it out, for it is harde and will endure the hammer.

To gylt Stele or Yron.

Take one part of Tartre, halfe as much of ſalt Armonicke, as much Verdet, and a little Salt: ſeeth them in whyte wyne and Vernithe with it a harneſſe made euen, and let it drie. And then gylt it with golde brayed or grounde as Goldſmythes do.

To ſeparat Golde or Syluer from metall or Yron.

Put ſome Mercury in a Goldſmythes melting pot, heating it vpon the fyre, putting to it and mixing with it ſome Vernithe glaſſe bruſed ſmal mixing all togither. Lay it vpon the ſiluer that is gylt, then laye it vpon the coales vntill it be whote, & rub it with a feather ouer ſome veſſell: ſtrayne the Mercury or quick ſiluer thorow a linnen cloth, the which you ſhall afterwarde bring agayne with Saltpeter.

Syluer of Tyn to make veſſell or other thinges.

Take cleare, fine, and brighte Tynne, put it wyth true and naturall Tynne in the fyre, that it maye purge and be made cleane from all duſſe, Aſhes, and filth: and when it is cleane ynoughe and well ſkimmed, ſet it agayne on the fyre. If there be a marke of it, take halfe an vnce of Mercury, or ſomewhat more, and when it beginneth to ryſe in the firſt heate, take alſo ỹ pouder of

Cantarides, and caſt it into it, and a locke of Womans haire that it may burne in it. Hauing had fyre ynough, and all being melted together: poure into it the pouder aforeſaide, ſprinkling it firſt a little with water of Artemiſia, and then take it ſodaynely from the fyre, and let it cole a great whyle.

To vvhyte any veſſell of Copper, vvithin and vvithout vvith Siluer colour very eaſely.

TAke two partes of Mercury, three partes of Tinne: Melte firſt the Tinne in a melting Pot, and then put the Mercury to it. Stirre it well together, and then poure it out, and let it cole, and ſtampe it wel in a Morter vntill all be brought into a pouder.

Then take Alome and ſtampe it alſo in a Morter, and it will be like a whyte pouder, the which you ſhall lay vpon a Marble ſtone, garniſhed on the ſides, with Potters clay, in a moyſt caue or Seller: ſetting vnder it a Glaſſe. The Alome will tourne into a water vpon the ſtone, and will runne into the Glaſſe. And when you will Siluer your veſſell of Copper, take the ſayde water of Alome, and annoynt your veſſell with it, and let it drye. Do thus three or foure tymes, and leaue it open that the bottome maye be the better. Then take the pouder that you haue made, and rubbe it vpon it, and your veſſell will be whyte and ſeeme as it were Siluer.

To make veſſels of Copper vvhyte lyke Siluer, both vvithin and vvithout.

TAke one parte of Azure, two partes of Mercury, three partes of whyte Arſnicke, mire them together: then take greaſe and melt it in a Panne, taking the filth from it, making it very cleane. This done mire them together, and make therof as it were an ointmēt: annoynt your veſſell with it, within and without very well: that done, put it in a newe diſhe of Oke, or elſe in newe and freſhe Oken leaues, couering it well. Digge a hole and

lay

lay it in the earth, in a place where the Sunne shyneth most hottest, leauing it so the space of three monethes, and then take it out, and make it cleane with water & brush, and you shall finde your experience.

To make that Tinne cracke not.

TAke strong common salt, and Honny, as much of the one as of the other, according to the quantitie of your Tinne, poure your Tinne.xij.tymes in it, the straine out your Tinne, for by this meanes it will purge & leane cracking. Put that in a Pot, the which you shall clay or lute about verye well, and set it in a Fornace a day and a night, and you shall finde as it were a lyme of Golde.

The sixte Booke touching the making of certayne Oyles and Waters and other substaunces which are of a marueilous vertue and operation.

To take Salamanders for to occupy or to serue a mans tourne.

WHen you see the Salamanders lie and sleepe in the Sunne, put on a payre of Gloues, and so go take them fayre and softly before they cast their Uenime (which is yellow) then put it in some vessel of Glasse wherein there is mans bloude. Then it will serue your tourne very well.

To fine Golde with Salamanders.

TAke two pounde of filed Brasse or Copper, a Pot of Goates mylke, nine Salamanders, put all this in a Pot, wyde and large beneath and narrowe aboue, couer it with his couer fast and close, but let the couer haue a hole in the toppe: digge the sayde Pot into the moyst of the earth so deepe that nothing appere but onely the

the couer where the hole is, so that the Salamanders may haue ayre and not die. Leaue it so vntil the seuenth daye after none. Than take your pot out and you shall fynde that the Salamanders constrayned by hunger shal haue eaten the Copper, and the great force of the poyson causeth the Copper to tourne into golde. This done, make a hole as deepe as two fingers into the which you shal put your pot with the Salamanders, the make about it a fyre of coales, which maye burne aboue and beneath, yet lesse beneth than aboue: & the pot is set in the grounde because the copper shall not melte.

And when you thinke that the Salamanders be burned to ashes, take the pot from the fyre, & let it cole well. This done, put the Copper and the pouder into some vessell to washe it, & powre water vpon it, making cleane the Copper with the sayd pouder: then hang it in the smoke, and let it drye well, and you shal haue good golde, and you shal let the Goldsmith fyne it, and make it cleane.

The mother of all vvaters, for to make all metalles liquifiable.

TAke a pounde of Sal nitrum, a pound of Vitriol, stampe eche of them by it self, and then mingle them together in a morter, distille the sayd water, without adding any other water to it: Take an vnce of the sayde water, an vnce of wyne not distilled, put them together in a glasse, and they will bourne of them selues so that you may light a candell at them: it is also the mother of all colours.

Also take three vnces of the sayd water three vnces of mercury the fourth part of quicke Brimstone, put them al together to dissolue in a glasse. And when they be dissolued let the smoke come out, & you shal find the Mercury fixed very redde. And so may you fixe all the Spiritus.

If you will make this water al together strong, adde to the

to the seuen partes of all these thinges aforesayd Vitriol and Saltpeter, a pounde of eche, and distill them, putting the water into a glasse againe, and it will be so strong that it will breake both yron and things made with forge.

To prepare common salte.

TAke whyte Salt, and powre vppon it some stale Pisse wherein hath bene (a whole day) steeped some quicke Lyme: mire them well together fyre times a daye, & let it repose the nighte, straine the pisse thorowe a felte, and put all ỹ is within into a panne leaded within, mingling it well together vntil it become water. Then seeth it vpon coales vntill it be harde, and make it into a pouder, and put it in a Dre bladder binding it well aboue, and then hang it in a Caudrõ full of whote water, leauing it there vntill the salt be tourned into water. Do this, ten times last & at time let it burne so that it be a fyre & redde then let it cole, and thus is common salt prepared.

To prepare salte Armoniacke.

TAke ten pounde of prepared salt, and powre vpon it some warme pisse of a man that is in health, and hath not not dronke but wyne, and let the salt dissolue in the sayd pisse, and go to the bottome, then straine it thorow a felt into a caudron, put to it some sonte of a bakers ouen, boyling it together: When this saltre is drye: powre vpon it some mans pisse, and do this so long vntill the ten pots of vrine be consumed in ỹ ten pounde of salt.

You muste take heede, that the caudron ronne not ouer when the Wryne boyleth. Yf paraduenture it ryse so that there is great daunger of running ouer: You shall poure some cleare water vppon it, and mire all together vntill all tourne into water, let it stande, and caste the cleare oute, and seeth it so long vntill it be drye, the which being drye you shall take and putte in a newe dyshe, and

drye

dry it in the Sunne: And then sublyme it in this wise. Take the sayde two pounde, and two pound of filed yron, and mingle them well togeather, and put them into a vessell, that is called Rotunda, luting it well with Lutum sapientiæ: Then set it vpon a Treuette in a Fornace of sublimation, making a good fyre vnder it one daye, during vntill the vessell be throwe redde hote vnderneath.

Then let it cole agayne in the nyght vntill the morning and then open it, and you shal finde vpon the vessell white Salt, the which you shall take away, and putting to it as much common Salte prepared, you shall bray them both well together the space of halfe a long Sommer daye, making a small and lowe fyre vnder it, let it cole agayne, and bray it agayne, and sublime as before. This doe you three tymes, and then kéepe it for it is good.

To make Sal Alkali.

TAke the Alhes of Lées of Wyne burned, quick Lime, of eche equall quantitie, and put them into three stillatorie Glasses one ouer another, to the intent that that which falleth from the one may distil into the other: then poure the water of the lower most into the vppermost, hauing a Pot leaded vnderneath. Put often tymes the same lye throwe it vntill the Alhes be no more bitter. Let the same lye stande a night, and séeth it in the morning in a Pot leaded vntill the water consume awaye and become harde. Then let it cole, you shall finde a stone in it called Alkali, the which you shall beate in yonder, and fill a new Pot with it halfe full, and couer it not, and put it in a Fornace of calcination, making at the first a little fyre vntill it séeth: then a great fyre vntill it beginne to melte lyke Leade, then poure it quickly into another Pot, and let it cole, and it will be Sal Alkali, which you must kéepe in a Glasse.

To make Sal boras.

Take

TAke Tarter calcined in ſuche ſorte as we will declare afterwarde, the ſame being made in pouder, put ſome hote water vpon it vntill it diſſolue, ſtirring it well with a ſticke, then ſtrayne it thorowe a linnen cloth, and doe as before, ſo long vntill the water be thicke and troubled, then ſtrayné it thorowe a bagge vntill it ware cléere, and hath taken the bitternelle out of the Léſe or Tartre: which thing you ſhall know when the Léſe pricketh no more vpon your tongue. Then take Sal commune præparatum, and putting to it water of Tartre, poure them together into a Pan of yron, or frying pan, ſæthing them vntill they be thicke, and then put them in a newe Pot vntil they be harde. You ſhal tourne often tymes the Pot, and when the ſayde Pot wouldc cleaue or burne to let it cole, and open it, and you ſhall haue Salboras Philoſophorum, as good as the true Borás.

Water of Mercury.

TAke a quarterne of ſublimed and fired Mercury and as much of the ſtone Galitſenſtein: braye them together vpon a Marble ſtone: then hauing put them in a linnen Bagge, make a hole in an Horſe Dounghill, put them in a Glaſſe into the ſame hole not touching the ſides of the hole in anye wiſe, to the intent it file or ſoyle not, make two fonnels, and hang the Bagge with Mercury and Galitſenſtein ouer the Glaſſe couering it with a good ſtrong linnen cloth that nothing fall into it: then laye dounge ynough vpon it, and leaue it ſo a fortnight together vntil the Mercury be ſtilled as water out of ỳ Bagge. If the water be not whyte ynough, bray it agayne with the Galitſenſtein, and doe as before, continuing it vntill the water be good Ad lunam faciendam.

Water of ſalt Armoniack.

TAke ſalt Armoniack as much as you will, as much of the yelkes of Egges, mire them well together, putting to them a little vineger, that it maye droppe or runne

runne the better. Then hang it ouer a glasse in a dounghyll as before is sayde of the water of Mercurie, or else set it vpon an euen stone smoth and slippery in a moyst Cellar, laying the stone a little at on side, and setting a Glasse vnderneth with a Fonnell, and morter at one side of the stone that it may not runne but into the Fonnell. Then passe it thorowe a Felt, and kéepe it wel. For it will serue your tourne very aptly.

A vvater called Aqua lactis virginis.

TAke Litarge made in pouder, & put it in a Pan with good Vineger, séeth it with a little fyre, and passe it thorowe a white felt vntil it ware cleare and whyle it distilleth, put it euer in agayne vntill it be cleare and whyte. Then take Axungia vitri, made in pouder, and sifte it, and do with it as with the Lytarge, and there wil come also water out of it: Mire these two waters together, and they will be as white as mylke, and it is called Lac virginis.

Water of falt Alkali.

TAke salt Alkali, and yelkes of Egges, bray them with good Vineger, and doe as is before sayde, of the water of Mercury.

A vvater called Aqua croci Martis.

MAke of the grœne Galitsenstein stone into pouder: and fill therewith a newe Potte and stœpe it well. Burne it euen in suche sorte as is sayde afore of the Alome. When it is as redde as Vermilion it is ynough. Then put some good Vineger into a Limbecke and distill it in a Fornace with a small fyre. Do thus thrée tymes. Afterwardes put into it as much as into the redde Galitsenstein stirring them alwaies together with an yron thrée dayes long. Put them agayne into a Limbecke, and styll them as before. If the water be not redde ynough, put more of the sayde pouder vnto it, stirring it wel together, and distilling it as before, it wil be very good Crocus Martis to make Golde.

To Calceyne Tartre.

TAke Tartre of whyte Wyne, washe it with hote water, and let it dryye. Then fill a Pot of a quarte with the sayde Tartre, couering it well aboue, and set it in a Fornace of Calcination, and let it burne vntill there come out no maner of smoke. Then let it cole, and make it in pouder, and put it into another Pot, luting it well with Lutum sapientiæ, then leaue it in a Fornace of Calcination, wherein there is a good fyre, the space of three dayes or more vntill the Tartre be as whyte as Salte, the which you shall kéepe in some warme place.

To calcine Egge shelles.

WAshe Egge shelles in Lixiuio colatitio and let them dry: take away before, or after the little skinne that is in them. Then put them in a great Pot vpon the fyre, and burne them to Ashes stirring them well. Then put them in a little Potte, and doe as with the Tartre. When they be burned as whyte as chaulke, they be calcined ynough.

To calcipe or burne Tutia.

REdde Tutia or yelowe is the best: put the same into a melting pot, and set it vpon the fyre, & let it burne hote. Quench it then in good Wineger. Do so nyne tymes, and then braye it small lyke vnto floure vpon a stone and kéepe it.

A Water called Aqua lunaris.

TAke an hundered Henne Egges, take out the yelke and beate the whyte, put it into a Glasse, and stope it well aboue, and set it in Horse doung. xiiij. dayes, go to it euery daye, and take the doung from about it with a sticke, leauing it so a good houre that it maye haue the ayre, then couer it agayne.

And when it hath bene there a long tyme, there wil come out of it a water, the which you shall poure into another Glasse and let it cole, and that which was congeled vpon

vpon the water caſt away, and put into it ſome lyme of Egges, that the water maye be aboue it foure fingers broade: mingle them together, and poure them in againe ſtopping it wel, and ſet it agayne in the horſe doung, leauing it ſo a long tyme as before, then take it out, and put it in a melting Pot, ſtirring it well, and ſet it vpon a white felte, and by the meaſure that it diſtilleth in, poure it agayne vpon it, cõtinuing ſo vntill the water be cleare, caſte out the Lées, and the Water is good, Ad Lunam & Solem.

Aqua Cauſata.

TAke two pound of the aſhes of Lées of Wyne burned, a pounde of aſhes of Walnut ſhelles burned, two pounde of the aſhes of burned beane ſtalkes, a pound of the Aſhes of the ſlippes or twigges of Vines: Mingle al theſe together, and poure water vpon them, and adde to it ſome quicke Lyme, for eche pounde of the ſayde ſubſtaunce, you muſte haue two pounde of water, then let it ſæth together one ſæthing, and let it ſtande and repoſe a daye and a night, ſtirring it ſix tymes a day.

This done, poure that which is cleare into a Caudron, and put to it an vnce of Arſnicke, an vnce of Reagall, an vnce of calcined Tartre, and a quarterne of ſalt Armoniacke, make all into pouder, and put it into water, and let it ſæth vnto the halfe, let it cole agayne: and then put it in a Limbeck, and diſtill it as is ſayde. And when it will diſtill no more let it cole, and open the Limbecke, and poure it in agayne, and diſtill it thus fiue tymes, and kæpe the water diſtilled. Mercurye his hardened and fired in the ſaue water as we haue ſayde in another place: kæpe alſo the Lées, for it is good for to harden Mercury as thus. Take Mercury, put it in a melting Pot, and heat it, poure the forſayde Lées into it, and mingle them together, and it will kill the Mercury, and make it harde and blacke, ſo that being colde agayne, it is as hard as a ſtone, the which you may ſublime.

A vvater called aqua cauſcica.

TAke one parte of ſal Alkaly, one parte of common Alome, one part of alumen plumæ, one parte of white Galitſenſtein ſtone, one part of ſalt Armoniack, two partes of common ſalt prepared, braye al theſe very ſmal and fyne vpon a grynditone, and weate them with Vineger, or very whot water, & put them in a glaſſe, the which you ſhall digge & ſet in a dunghill, leauing it there three wækes. All will be tourned into water, put the ſame water into a melting pot, and do as before you did with the felt, diſtilling it thorow the felt into another melting pot. Kéepe it ſo in a glaſſe, for it is good to make Syluer. The felt muſt be ſharpe at the nether ende and broade aboue,

Aqua auri pigmenti.

TAke foure parts of Orpiment, two partes of ſalt Armoniacke, one parte of calcined Egge ſhelles, and one parte of common ſalte, braye theſe well vpon a marble ſtone, weate them with Vineger, and let them runne of from ỳ ſtone into a glaſſe in a ſeller or ſet them vnder a dunghill, vntill they be turned into water. Then diſtill it as you do Aqua fortis. But in braying the orpiment, you muſt ſtope your mouth and your noſe, becauſe of the ſmoke or fume of the water, which is hurtfull.

vvater of common ſalte prepared.

TAke a pound of common ſalte, a quarterne of Alome bray them vppon a Marble ſtone with Vineger, and let it run from the ſtone as before is ſayde, And diſtill it thorowe a felte, and it is made.

vvater of yelkes of Egges.

TAke yelkes of Egges ſodden verye harde, ſtampe them and put them in a Limbecke, the fyrſt water which commeth out is whyte, the other redde and thicke: but when it is Colde, it is thinner and Liquide.

All that you rubbe with the same water, getteth alwayes a good colour of Golde.

Oyle of Tartre.

TAke whyte Tartre calcined, braye it well vppon a Marble stone, and let it runne into a glasse, as is afore sayd of the salt Armoniack, & of the Crocus mertis. And when all is runne into the glasse, passe it thorowe a felte so often vntill it be cleare. And kepe it in a cleane glasse.

An oyle called oleum Laterinum or Petroleum.

TAke a newe tyle wherein there hath bene no maner of water, make it whote, and laye it in oyle of walnutes, vntill it soke or drinke no more: Then make it into pouder, and put it in a Limbecke and distill it. And when it will distyll no more, caste it oute, and put in other, & do as before thrée tymes, & you shal haue your oyle.

Oleum benedictum.

TAke oyle Olyue in stede of oyle of walnutes, and doo as before.

Oyle of Brymstone.

TAke a pounde of Brymstone wel made in pouder, a pound of oyle of Lynesæde: put them in a pot leaded, & boyle them together vntil there rise a redde frothe or skym vpon them. Put Vineger into it, and ỹ oyle will beginne to rise vp, and taking of the frothe or skime kéepe it and kéepe the oyle neate and cleane. Then washe your Brymstone very cleane, & poure some oyle of walnuts vpon it, and let it séeth as before, and whē it wareth redde as before, poure againe some Vineger vpon it, and skim of the oyle, and kéeph it with the first. Doe this so longe vntill the Brymstone smoke no more, whether it be set vpon whote coales or vpon a whote plate. Then washe it in hote water, & let it drie. Thē put it into a thick bagge & binde it so that ỹ Brymstone may spréde abrode in it. Put into a pot some quick lyme foure fingers thicke, & lay the bagge

bagge with the Brymstone abroade vpon it: Then poure some good Vinaigre into it that it maye be a handful high aboue the lyme, and let it seeth a whole daye. Than take the Brymstone out of the bagge, & washe it wel in whote water, poure out the water and let it drye, and it will be Sulphur purgatum, & præparatum.

A note.

TAke that which before you haue gathered together, and make a strong Lie of it, with quycke Lyme and Ashes of wyne Lées burned, take twyse as much of the same Lie, and seeth them together vntill they be as it were Sope. Put the skymme or frothe of the same into a glasse, which you shall set in a dunghill ten dayes. Then braye it, and put it in a Limbecke, and distill it as before is sayde, and that which remayneth in the Lymbecke is Oleum fixum sulphuris, with this oyle you may fire all thinges.

To purge Brymstone.

TAke commom Brymstone, stampe it very small, and sift it: put it in a Pot leaded with three feete, and poure into it some good Vinaigre, let it seeth slowly a daye and a night: skymme it with a wodden spone full of lyttle holes lyke a skymmer. When the Vinaigre hath thus boyled with it a daye and a night, put to it stale pisse that is well sodden and well skymmed and passed thorowe a felt. Let it so seeth with the pisse two dayes and two nightes, and skymme it as before, and passe it so often thorowe the felt vntil the water be cleare, Than let it drye in the Sunne, and it is purged.

To sublyme Brymstone.

TAke purged Brymstone, as I haue taught you before in the chapter of oyle of Brymstone, of the which you wyll: Take thereof a pounde of Brymstone calcined, as is sayde in the chapter before, a pound of Dissall of yron, yron bruised small a quarterne, braye

them well and sifte them, then put them into a Limbecke which hath a hole aboue, the which you shall stoppe with a peece of Yron plate, lute well with Claye the sublimatorie that no breathe goe oute, and set it in a Fornepse to sublime, making a litle fyre vnderneth it, loke now and then vnder the peece of Yron plate: the which when it is no more moyste, stoppe the hole with lutum sapientiæ, and make the fyre a little greater, and leaue it so fiue houres. Then take it of, and that which sticketh faste aboue vppon it, rubbe it of with an Hares foote. Stirre it agayne with the lées that remaineth vnder, and set it in againe and sublime it as before. Doe thus three tymes, and alwayes rubbe of that, which you fynde aboue vppon it, and kæpe it, and braye the lées by it selfe, and doe as before, vntyll they smoke no more vpon the fyre: Then caste them oute, and take one parte of this sublimed Brymstone, two partes of common salt prepared, braye them well together, and sublime them as before, laying first a plate vpon the hole. Hauing done this fyue tymes, take of the Brymstone before sublimed, and braye it with twyse as muche common salte prepared. And sublime it so often that the Brymstone be as whyte as Snow: then there will be inough. Kepe it.

Oyle of Fgges.

TAke Egge shelles stamped, hauing the little skynne within taken away, kæpe them. Then take the yelks of Egges, and beate them well in a pot, and set a glasse of them vnder a dunghill of whote Horsedunge the space of eyght dayes together. Then take it oute, and put the sayde Egges in a Lymbecke, and lute it well, and distill them thus three tymes, and there wyll come Oleum ouorum.

Oleum auri pigmenti.

TAke auri pigmentum, and bruse it small, and seeth it wyth Oleum lunare in little Potte leaded. And

when

when it is halfe consumed, put it in a Limbecke and distill it: Then take the Lées, and braye them vpon a Marble stone, and put them againe into a Limbecke, & poure againe vpon it the same oyle: do thus three tymes and keepe it, for it is good Ad fixationem.

Oleum lunare.

TAke as much of Aqua lunaris, described before, as you will, distill it in a Limbecke vntil it ware dry, and you shall haue your Oyle, werewith you may fixe all kyndes, and harden also Mercury.

Oyle of Brymstone.

BRay Brymstone with Tartre in maner of pappe, put it in a glasse vpon a fyre of quick cooles, three dayes then braye it againe, and distill it in a Limbecke, and that is called Oleum sulphuris.

To sublime Mercurie.

TAke a pounde of Mercury, a quarterne of salte Armoniacke, poure vpon it good Vinaigre, that they may be liquide: mingle them together, & let them so stande vntill the next morowe. Bray them well vpon a Marble stone, for al must be brought into poyder before you put the vinaigre to them, when you haue thus brated them that the Mercury apeareth no more, let it dry, and bray it wel so drie without vinaigre, then put it in a limbecke & sublime it in a forneise of sublimation, as before is sayde of the Brymstone: bynde fast the felt about ỳ Limbeck that nothing breath out. The first.ii. houres you shal make a small fyre vnder it, vntill the moysture come out aboue, which you shall know by the vapour that is vpon the peece of plate: then stoppe the hole, and make a greater fyre vnder it two houres long: then encrease the fyre foure houres long: thē let it cole by little and little, and than open it and you shall finde the Mercury as whyte as a Lilly aboue, and that whiche sticketh on the syde, and lyeth vppon the Lees, rubbe it of with a Feather, and

braye it with the Lées and strong Vin aigre as before, let it drie and sublime it as before. This doe, so long vntill the Lées smoke no more vpon the coales. Then take the Mercury sublimed, and twyse as muche common Salte prepared, mingle them together, and sublime them in a Limbecke as before. Doe this three tymes. Sublime the Lees as is sayde vntill they smoke no more vpon the coales, then cast them away. And if the Mercury be not as whyte as Snowe, take other common Salte prepared, and sublyme it againe, vntil it be whyte ynoughe.

FINIS

A neceſſary Table conteyning the Summaries of al the Receipts, and Medicines, treated of in this preſent volume.

AGainſt euerye griefe or payne of the heade, except the pockes fol. 1.
A preſeruatiue againſt the falling ſickneſſe or *Epilepſia:* idem
Againſt the falling ſickneſſe. idem
Another ſoueraigne remedy for the ſame. idem
Againſt the Palſey. idem
Another way. idem
Againſt the Franſey. fol. 2.
A tryed remedie againſt the great paine, ringing & deafneſſe of the eares. idem
Another remedy well knowne and tryed. idem
A remedy to ſtenche the bleding at the noſe. idem
Another for the ſame well proued and of a maruellous ſtrength. idem
Another ſoueraigne remedy. idem
Another for the ſame. idem
For the tooth ache a remedye proued. idem
Another remedy whether ẏ ache be by colde or by heat. idē
Another for the ſame. fol. 3.
Another remedye. idem
A remedy for the ſtinking of the mouth and noſe. idem
Another for the ſame. idem
A verye good gargariſme or gargelling for the throte againſt the Quinſey. idem
For the ſame. idem
Another for the ſame. idem
An excellent playſter to ſoften or rype an impoſtume in the throte. idem
Againſt ſpitting of bloude comming of the Lunges or Lightes. fol. 4.
For the ſame another remedie tryed and proued. idem
Another remedy founde very ſinguler. idem

Another remedy of meruaylous great vertue. idem
Another secrete for the same, certaine and experimented and good at all houres. idem
For the same. idem
Another for the same. idem
Against the vlceration of the Lunges or Lightes, and Spittell full of matter and corruption. idem
Another for the same. idem
Another for the same. fol. 5.
A remedy for short winded men. idem
A drinke for the same disease, to be taken euery daye thryse. idem
A nother tried secrete good for poore folke. idem
For the same and good also for the poore sorte. idem
A remedy against the pluresie. idem
A decoction for the stomacke, very good agaynst the Pluresie. idem
Another remedy most certayne against all Pluresies, as proued as deuine, for to preserue a man that he dye not of it. fol. 6.
An oyntment to rot or ripe the pluresie. idem
A plaister for the same. idem
For the same. idem
Against the hote cogh, that is to saye, when the Patient is so vexed with it that he can not well sleepe. idem
Against the same, if his voyce be hoarse with it. idem
A tryed electuary for the same. idem
Againe for the cogh. fol. 7.
Pilles for the cogh. idem
An oyntment for the same. idem
Against the trembling and panting of the heart, this is very good, but specially for Women, which are subiect therevnto. idem
A remedye against the same, and very good to restore the strength, being weakened with to great heate of Agues. idem
Another remedy wherewith I haue alwayes founde my selfe very well. idem
An Epitheme against the same payne. idem

An

The Table.

An oyntment very good for poore folke, that are not able to bye the foresayd medicine or nourishment. fol. 8.
Another composition verye good in the tyme of a plague as well to preserue as to heale. idem
Another oyntment very good and principally for children that are troubled with wormes. idem
A remedie against the wormes in yong children. idem
A remedy against the payne of the stomack. idem
Another remedy for the same, when al other wil not profit him. idem
A vomentation or nourishment verye singuler for the same. idem
Another against the same. fol. 9.
Another remedy. idem
Another very good. idem
Another remedy proued. idem
A nourishment very good against the same disease. idem
a little bagge to cary about one against ỹ same disease. idē
A drinke for the same. idem
Another remedy to lay to the stomacke. idem
Another remedy wel tryed and proued, and good chiefly for yong children, vered with the paine of the stomack, which is knowen if they vomite or belch. fol. 10.
A remedy against an impostume in the stomack. idem
Against the same. idem
A playster for the same. idem
A nourishment or keeping of the stomack in his naturall heate, by washing or bathing it. idem
A remedy against vomiting. idem
An oyntmēt very good against cholerick vomiting. idem
Another remedy against flegmetick vomiting. idem
A remedy against the hicket or yering. idem
Another. idem
Remedies against the paine of the Lyuer come through vehemētie. fol. 11.
Another of very good effect. idem
A remedy founde very good against the Lyuer that is apostumate or corrupted. idem
For the same. idem

Remedies

Remedies against the dropsie. idem
Against the same. idem
A drink of great vertue & strength and against the windy dropsie. idem
Another remedye verye good to take after a Purgation. idem
Remedies against the dropsie called *Ascites*, a drinke very good to take once a weeke. fol 12.
A singuler good electuary for the same, which ought to be disclosed but to your speciall friendes. idem
An oyntment for the same. idem
Another oyntment very good. idem
A remedy against the yellow Jaunders. idem
Remedies against the Collicke. idem
A remedy never to have the collick more. fol. 13.
Another remedy to take in the payne and torment of the Collicke. idem
A very good pouder that healeth quickely the sayde sickenesse. idem
A remedy which I haue founde to be verye good for all griefe or payne of the guttes or entrayles. idem
A glisser wherewith I haue cured many. idem
Another against the same. idem
Another for the same. idem
An oyntment against the same. idem
A verye good receipt which Pope Clement the seauenth toke in his last sickenesse. fol. 14.
A remedy against the lare or flire come of choler. idem
An oyntment very good for the same. idem
Remedies against the lare disenterick. fol. 15.
Another drinke very good. idem
Another remedy. idem
Another drinke very good in case the Patient haue therwith anye great doloure in his belly (as often tymes it happeneth) by reason of exulceration and knawing of the guttes. idem
Another remedy when the paine is great. idem
Suffumigations or smoking for the same. idem

The

The Table.

The first idem
The seconde. idem
Another remedy for the same. idem
An oyntment very good for the bloudy flixe. fol. 17.
Remedies against the swelling and oppilatiõ or stopping of the splene idem
A fomentatiõ or nourishing by washing for ẏ same. idem
An oyntment against the same idem
Another fomentation or bathing for the same. idem
Remedies against the payne, swelling: and ventositie of the matrice. idem
Another tryed of some Women fol. 18.
Another remedy very good & wel knowen of womẽ. idem
Another. idem
A fomentation or nourishing idem
A very good oyntment idem
A playster or cloth to lay vpon the matrice, if grieke be old or inueterate idem
Remedies to make a womans tyme to come that is let or hindered by some cause idem
Another remedye verye good also to cause a woman to bring forth the childe before the tyme, if the woman be in daunger of it. idem
A washing very good for the same fol. 19.
Against to much aboundaunce of floures idem
An oyntment against the same idem
Against ẏ prefocatiõ or strangling of the Matrice idem
Against the same of what cause so euer it come idem
Another against the same idem
Against the same idem
Against the same idem
Remedyes to be vsed when the Matrice commeth out of her naturall place or falleth idem
A playster very good fol. 20.
Remedies for the Matrice corrupted or apostumated, a playster for to dissolue it idem
Another playster for the same idem
A playster. idem

Remedies

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Remedies against the vlcers or corrupte matter of the Matrice. idem
A drinke for the same. idem
Remedies against the whyte flixe of Women. idem
Another against the same. idem
A drinke. fol. 21
A pouder against the same. idem
Remedies against pissing bote. idem
A Sirop. idem
A drink against the same, to take three houres before dinner and at none. idem
Against Gonothea, which is when a mans séede goth frō him vnwittingly. idem
An oyntment against the same idem
Another remedy maruellous good idem
Remedies for them that pisse bloude idem
An oyntment for the same idem
A playster for the same fol. 22.
Remedyes against the grauell idem
Another idem
Another remedy well tryed whereby I haue often tymes founde my selfe eased idem
Against the same idem
Another very good idem
Receiptes to hasten the childebyrth, and to mitigate the paine of the trauayle and labour. idem
Another idem
Another idem
Another. fol. 23.
Another remedye very good, but yet suche one that may not be giuen, but in great necessitie, or when the childe is dead within her belly idem
Remedies when a man pisseth against his will idem
Another for the same idem
Remedies against the stone in the bladder idem
A remedy and preseruatiue against the same idem
Another for the same idem
Remedies for to heale the Emerhodes or Pyles, a verye excellent oyntment idem

Aplayster

The Table.

A playster against the same. fol.24.
An excellent & very good hote bathe for the same. idem
Another remedy of verie great vertue. idem
Remedies against the swelling of the coddes. idem
Another against harde swelling. idem
A good plaister for the same. idem
An oyntment against the same. idem
A plaister. idem
Remedies against the *Sciatica*. idem
Remedies against inflamations of blod which groweth into an impostume in some parte of ỹ body or members, called phelgmone. fol.25.
A plaister to rype and to rot an impostume. idem
Another for the same. idem
Another to rot or rype incontinent. idem
Against a Ringworme or Tetter that runneth al ouer a mans face, or against the disease that is called Frysipilas or Lichen, of some Wentagra, the Frenchmen call it *feu volage*, as it were a running fyre. fol.26.
Another remedy very good to heale ỹ same, when it doth but beginne to encrease. idem
Against flematicke swelling. idem
Remedies for the scabbes. idem
An oyntment very good for to annoynt yong chyldre who because of there tenderneslle, can not endure a purgation. idem
Another oyntment very good for litle chyldren and olde folke to vse before and after a purgation. idem
Another remedy. fol 27
A baine or bath for the same. idem
Against the scurffe or lepre called in latyn *Psora*. idem
A remedy against puffes, bladders, blisters, or wheales, & against the small pockes. idem
An oyntment. idem
Another remedy well tryed. idem
Against the strong cogh of yong chyldren. idem
Against the stinking sweate. idem
Against the paine of the eyes idem

For

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For a whyt spotte in the eyes. fol.28.
Against the difficultie of bringing forth childe, and the retention of the skinne that the chylde is wrapped in, called in latyn *Secundina* or *secundæ* idem
A remedy when the foundement commeth out. idem
Against the paine of the guttes. idem
Against the difficultie in making water, saving for that which commeth of the stone. idem
For men. idem
For women. idem
Against Crabblice. idem
Against a Canker. idem
Against the little wormes and itching of the hande or bodye. fol.29.
Against the swelling of the coddes. idem
To make the wormes come out of ỳ handes or fete. idem
A remedy for defines of the eares. idem
A remedie against fistuleys. idem
For the scabbes of the handes. idem
A water of a great & merueylous effect for to kéepe mans body from many infirmities and diseases. idem
What operations come of such distillations. fol.30.
Another water or Balsamum, almoste fitte for the same thinges. idem
A pouder very good to conserue the sight. idem
Against the paine of the flankes or the pluresie. idem
Against quartaine agues. fol.31.
To heale olde wounds and cankers of the legge, idem
Against the scurffe. idem
Against al ventositie, collick or paine of the matrice. idē
For the hardnes or brawne of the féete. idem
To make very perfite Vinaigre. idem
Against the falling syckenesse. idem
For chyldren that be broke. idem
Against the paine of the splene. idem
For to stenche blood. idem
For to heale in foure dayes the scaldyng with water or any other thing, without oyntments or playsters, it hath bene tryed and found trewe. fol.32.

For

The Table.

Againe to ſtenche blode. idem
Againſt the wormes in little children. idem
To heale the Emerhodes or Pyles. idem
Againſt all kindes of paine and griefe. idem
Againſt ſtyfnes or ſhrinking of ſinowes, called ỹ crampe or ſwelling, comyng of the wound taken of ſome venimous beaſt in latin *ſpaſmus* or *convulſio*. idem
For them that can not pisſe, by reaſon of certen grauell and carnoſitie which is abundaunce of fleſhe. idem
Againſt dekes. idem
Againſt opilation or ſtopping. idem
Againſt the gyddineſſe of the ſyght. fol.33.
For them that can not brooke their meate, but vomite it againe. idem
Againſt the headake by to much drinking. idem
Againſt all the paine of the head. idem
Againſt the paine of the head ỹ continueth alwayes. idem
Another waye. idem
Another waye. idem
Againſt the megrame happening ſodenly. idem
Againſt itching of the head. idem
Againſt vlcers or ſcabbes of the head as well of men as of women. idem
Againſt olde and putrified woundes. idem
To kepe ỹ the fleſh grow not to much in a wound. idem
To heale and take away the ſcurfe. idem
For to kyll Lyce. idem
Againſt the diſtillation of the brayne & heauineſſe of the head. fol.34.
Againſt murres or catars that beginne to growe. idem
For to refrayne the murre or catharre. idem
A remedie for the diſeaſe when the heare of the beard or head falleth of it ſelfe. idem
To kepe that the heare ſhall not fall of. idem
To make ỹ heare of a mans head or beard to grow. idem
For to make heares growe. idem
For to curle heare, a rare ſecrete idem
For to make heare blacke. idem
To kepe ỹ the heares ware not hoare or white. fol.35.

For

The Table.

For to make the heares blacke. idem
Against the paine in the eyes. idem
Against the dimnelle or daselyng of the sight. idem
Another waye. idem
Against a webbe or spot in the eye. idem
To take awaye ỹ hurtful heares of the eyebrowes. idem
Against all payne of the eares. idem
Against the payne of the eares and deafnes, & for to purge the apostumes or corruption of the eares. idem
Against the payne of the eares. idem
Against the noyse or ringing of the eares. idem
Against all infirmitie of the eares. fol.36.
Against deafnes and hardnes of hearing. idem
Against the paine of the eares, deafnes, durte or fylthe, wormes or water that is in them. idem
For to stenche bleeding at the nose. idem
To heale the sickenes called *Noli me tangere*. idem
Against stynking of the mouth. idem
Against the tothe ache. idem
Another waye. idem
For to make teeth fall out. idem
For to make teeth whyte that be blacke. idem
For them that be hoarce. idem
To heale the disease called the Kinges euyll. idem
Howe to knowe the Kinges euyl. idem
Against the cogh and distillation of the breast and lunges, and running of the eyes, payne of the bladder, & when the pype of it is stopped, which causeth that a man can not pisse, but with great difficultie, also for those that spit blode at the mouth, or pysse blode, and for the stone, and colliche paine, or heauynes of the bellye and choler, and also against a vomiting without an ague, also against al payne of the bodye, except of the heade, and especiallye against the vlceration of the lungs, if you giue the pacient an electuary or two of it. fol.37.
Against all vehement coghes. idem
Against the cogh, be it neuer so great. idem
For one ỹ hath swallowed downe a blod sucker. idem

Against

Against an olde and inueterate cogh idem
Against the bloudy flixe comming of the artere or sinowe of the lungs or of the lyuer. idem
For to restraine a great and vehement vomiting. idem
For them that can not keepe their meate in their stomack but vomite it vp agayne fol. 38.
To quench and asswage thrust idem
Another way idem
To stoppe the hicket. idem
For to stoppe the hicket that commeth often idem
A soueraine remedy for them ẏ haue thre necks, by crasō of shroken sinowes, & for them that haue ẏ gout. idem
To take away swelling vnder the armeholes idem
Against apostumes & swelling at ẏ roote of ẏ nailes idem
To make a mans nayles growe which be fallen of. idem
Against ẏ disease called lychen, which is a foule breaking out of al ẏ face with a scab, beginning at the chin. idem
To take away the scab of a running tetter. &c. idem
Against burgeons and pushes in the face. &c. idem
Against all spottes, pimples, pushes, or vlcers. &c. idem
To take away the blacknesse of the necke. &c. fol. 39.
Against the brusing of the face by a fall or slip idem
Another very good. idem
Against warts and malanders. idem
Against swelling of the stomacke, paine of the raines, grauell, fleame, collick, the emerhods, or pyles, also to staye the floures of a woman, and for those that haue an infected liuer and splene, also for those that cogh, and for them that haue the falling sicknesse. idem
Against the paine of the splene. idem
Another. idem
For the payne of the loynes or haunches. idem
Against swelling or vlcers of the raines of the back. idem
Against the paine of the grauell, and for to. &c. fol. 40.
Against the paine of the raines. idem
Against the grauell. idem
Against the paine of the bladder and grauell. idem
Against the bloudy flixe, or fretting torment in. &c. idem
Against the strayning, fretting and griping of. &c. idem

The Table.

For those that haue fretting and griping in the belly and the laxe. idem
Against the collicke. fol. 41.
Against the paine of the collick comming sodainely. idem
Against the payne of the guttes or howels. idem
For to stoppe the laxe. idem
Against the fretting of the belly or laxe. idem
For to knowe a secrete or hidden disease of any man, and to heale the same. idem
For them that voyde blood at thier foundement, and for those that haue their bloude broken. idem
Against the wormes that engender in mens bodies. idē
Against the griping of the belly, and desire to go to stole, and yet doe nothing. idem
Against the payne of the collicke. idem
Against the vlcers & fistules in the foundement. &c. idem
To heale the emerhods or those ẏ lose their blood. fol. 42.
Against the vlcers of the foundement, and against the disease called commonly S. Fiacres sickneſſe. idem
For to rype or breake an impostume or. &c. idem
Another. idem
Against hurting or flawing of the skin by chafing and going eyther of the feete or betwene the thighes. idem
Against the swelling & paine of the soles of the fete. idem
To make wartes fall of. idem
For to take away ẏ felons and cats haires which breake out with wheales in the fingers, & also knops. &c. idem
For to asswage the payne of the goute. &c. idem
Another way. idem
For to get out any thing that sticketh in a mans. &c. fo. 43
Certayne receipts against the plague. idem
A compositian preseruatiue against the pestilence, excellent as it were triacle or Mythridatum. idem
Another composition in pouder, or in other. &c. idem
Common pylles very good for the same. idem
Antidotes or medicines preseruatiues & comfortable of small cost easie to finde and prepare for poore folk. fol. 44.
Another medicine. idem
Thinges of sauoure or sweete smell, as pouder, Balles, Waters,

Waters, perfumes, and firſt a pouder for. &c. idem
A parfume fol. 45.
A ſmelling Balle idem
Another ſweete Balle méter for the Sommer idem
Outwarde remedies to purge the ayre, the eaſieſt, the preſenteſt, and thoſe that are of the ſmaleſt prics for men of ſmall habilitie. idem
A pouder againſt the wormes. idem
The whole ſumme of the regiment and gouerning of a mans lyfe. fol. 46.
A ſouereigne remedy againſt the venime of the Plague for riche men and for princes. idem
A pouder for poore folke of no leſſe efficacie and ſtrength then the ſecond. idem
A drink for poore folk, and in a place where there is none or very little iuyce eyther of Sirop, cytrons, Lemons, or Pomegrades idem
A drinke often times tryed, profitable and holeſome, the which (as many men ſay) was neuer found vaine. idem
Opiate fol. 47
A drinke méete after euery taking of the ſayd Opiate, or to be mixt with the takings of the ſame Opiate, for the ſtrongeſt or meaneſt men, accordíng. &c. idem
A drinke for poore folke. idem
A drinke to cauſe one to ſweate idem
Another drinke for poore folke. idem
An epitheme or medicine to lay to the &c. idem
An Epitheme for the heart good for poore folkes which may alſo ſerue for the lyuer. fol. 48
An epitheme or Medicine for the lyuer idem
Locall medicines, and firſt a playſter or. &c. idem
Another eaſie drawing Medicine. idem
Medicines of ỹ kinds that burne the ſkin or fleſh. &c. idem
Another playſter idem
Another ſtronger idem
A medicine that cleanſeth and purifieth idem
Another very good idem
A playſter incarnatiue idem
A repercuſſiue and reſolutiue oyntmẽt againſt. &c. fol. 49.

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A playster for to stoppe the gnawing or eating of the canker. idem
An oyntment very sweete for cankers that haue corrupt matter in them, which also alayeth the payne of those that haue no corrupt matter in them. idem
An oyntment of maruellous vertue against the eating and running of the canker, and to take awaye all the griefe of the same. idem
A playster mitigatiue and very gentle for cankers, specially of the brests or pappes. idem
Fyrst to harden yron. fol. 50.
For to harden knyues and other suche lyke. idem
For to harden a file or other instrument of yron. idem
To harden any other substaunce materiall. idem
To make any instrument of steele hard and sharpe. idem
Another. idem
To keepe it from cleauing when it is a hardening. idem
To make yron or steele soft. idem
Another. fol. 52.
To soder all things and first yron. idem
To soder any white tyung. idem
To soder Copper. idem
To soder yron. idem
A powder that will make all metall pliable and soft. idem
Another vpon brasse. fol. 53.
To graue in yron or steele, knyues and harnesse. idem
To graue with water. idem
Another stronger and more biting. idem
To make a colour of Golde or Siluer to lay vpon metal, and to make also a grounde of Golde or Siluer, vpon yron, belles, stones, which shal not go of with water. idē
A colour of Golde to set vpon brass or Coper. fol. 54.
A colour of Golde vpon brass. idem
To make Copper of a Siluer colour. idem
To gilt yron or steele. idem
To make a water for to gilt vpon yron or steele. idem
To keepe all maner of yron or steele, and also all maner of instruments of warre. fol. 55.
To bring a cloth that was stayned to his. &c. idem

To

The Table.

To take spottes out of cloth idem
Another way idem
A water to take spottes out of whyte cloth fol. 56
To take spottes of grease or oyle out of whyte cloth idem
To take spottes of grease or oyle out of all sortes of cloth or other things idem
Another idem
To take spottes of wyne out of all maner of cloth idem
To take all maner of spottes out of like idem
To take all spottes out of crymsen veluet idem
A water to take all spottes out of Golde and veluet idem
To make a Sope that taketh out all spottes idem
To take spottes of black ynke or other things. &c. fol. 57.
To take spottes out of scarlet or veluet of colours without hurting any thing at all the colour idem
To take spots of oyle frō parchment or white paper. idem
To dye threde, yarne or linnen cloth into a. &c. idem
To die threde or linnen cloth blew idem
A blew colour to dye all thyngs fol. 58.
Another way to dye blewe idem
To die redde idem
Another way idem
To make fayre Roset idem
To dye wodde, bones and horne into grēne idem
Another grēne idem
To die, horne, bone, and wodde into redde fol. 59.
To die yellow idem
To dye blacke idem
To make horne soft idem
To mollifie or soften horne so that you shall imprint or make any figures in it. idem
Another way idem
To cast hornes into a moulde lyke leade idem
To make cleare stones of Amber idem
Another fol. 60.
To polish & to giue a glasse vnto precious stones. idem
To make a stone that shall giue fyre and burne of it selfe if you weate it with your finger idem
To mollifie or soften Christall and precious stones so

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that you may cut them lyke cheese, and that being put in a mould they shal be hard agayne idem
To counterfeyt pearles which shall be verye fayre, and as they were naturall and true idem
To prepare Mercury, and so to harden it, that you maye make it liquide and worke it. fol.61.
A subtaunce made of paper or other things, to expresse or set out any maner of figure that you wil vpō. &c. idem
How to bray golde for to gilt with fol.62.
To gilt Copper idem
To gilt yron idem
To take of the Golde from Siluer that is gilt, so that the Siluer shall remayne whole and sound idem
To seperat Siluer from Copper, be it mony or. &c. idem
A pouder which being layed vpon anye thing Siluered will take of the Siluer from it idem
To conuert and tourne copper into brasse idem
To melt all mettall perfectly idem
For to giue a colour of Golde vpon Copper fol.63.
To make verdet or spanishe greene idem
To make a whyte colour of Lead idem
To make *Lutum sapientie.* fol.64.
To lute or dawbe Pottes with a linnen cloth that wil not burne idem
To soder Glasses idem
Another *lutum sapientie.* idem
For to seperate Golde from Siluer idem
Another way fol.65.
For to seperate Golde or Syluer without fyre or *Aqua fortis* idem
To seperate Golde from Siluer with a pouder idem
To make Golde softer idem
Another way idem
To make Golde and Siluer softer idem
To soften all metalls, and other things that are not soft, so that they shall be softe and gentle to be wrought vpon or forged idem
An oyle that maketh all metalles soft fol.66.
To seperate Golde from copper idem

Another

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Another way idem
A pouder to seperate Golde idem
To washe Golde from Copper idem
To get together the Golde out of threds of. &c. idem
To gilde so that it wil not out with no water that is idē
To gather together into one, the Golde that is scraped of from letters and images idem
To take gilt from a Cup that is gilded within fol. 67.
To make golde soft after the melting idem
For to giue a colour to the Gold that it shal be soft idem
To boyle gold or siluer to make it receyue a. &c. idem
To giue a colour to Golde idem
For to make Siluer fine idem
To make siluer fayre and whyte idem
To know if the Siluer haue any Golde in it or no idem
To mortifie and alay Mercury or quicksiluer fol. 68.
To gilt steele or yron idem
To seperate Golde or siluer from metall or yron idem
Siluer of Tinne, to make vessell or other things softe
To whyte any vessel of Copper within and without with Siluer colour very easely idem
To make vessel of copper whyte like Syluer, both within and without idem
To make that Tinne cracke not fol. 69.
To take Salamanders, for to occupy or to serue a mans tourne idem
To fine Golde with Salamanders idem
The mother of all waters for to make all metalles liquifiable idem
To prepare common salt fol. 70.
To prepare Salt Armoniack idem
To make *Sal alkali*. idem
To make *Sal boras*. idem
Water of Mercury fol. 71.
Water of salt Armoniack idem
A Water called *Aqua lactis virginis*. idem
Water of salt *Alkali*. idem
A water called *Aqua croci martis*. idem
To calcine Tartre fol. 72.

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To calcine egge shelles idem
To calcine or burne *Tutia.* idem
A water called *Aqua lunaris.* idem
Aqua causata. idem
A Water called *Aqua causeica.* fol. 73.
Aqua aurea pigmenti. idem
Water of common salt prepared idem
Water of yelkes of egges idem
Oyle of Tartre idem
An oyle called *Oleum laterinum* or *Petroleum.* idem
Oleum benedictum. idem
Oyle of Brimstone idem
A note fol. 74.
To purge Brimstone idem
To sublime Brimstone idem
Oyle of Egges idem
Oleum auri pigmenti. idem
Oleum lunare. fol. 75.
Oyle of Brimstone idem
To sublime Mercury idem

Here endeth this present worke of Secretes and so-
ueraigne Receipts, gathered out of diuers good
and approued Authours, and set forth in the
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